



4-H Newsletter



Columbus County

Summer 2014

Inside This Issue

From the Agent	1
4-H Gives Back	2
Summer Fun	2
4-H Congress	2
Kids in the Kitchen	2
4-H Conversations	2
Youth Ambassadors	3
Horse Camp	3
Electric Workshop	3
Project Record Book Party	3
Club News	3
Adventurers	3
Bolton	3
Crafty Kids	3
Delco	3
Drum Circle	3
Dates to Remember	4
Photos from 4-H Fundraiser Event	4

Contact Us

45 Government Complex Rd. Suite A
Whiteville, NC 28472
Phone: 910-640-6607
columbus.ces.ncsu.edu

Distributed in furtherance of the acts of Congress of May 8 and June 30, 1914. North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

From the Agent

You all kicked off this hot summer like it was smoking with 4-H style. Working hard on community service projects, going on field trips, meeting regularly and just having fun in 4-H. You have accepted the challenge “to make the best better.” If you would like to see what is happening in 4-H, check out our web site

<http://www.columbus.ces.ncsu.edu>.

We are posting events and news regularly on this site.

We will soon welcome three new clubs into our 4-H family. It's an exciting time to be in 4-H. If you know anyone who is interested in being in a club or starting a club, please let us know. The opportunities to succeed in 4-H are wide open for a youth or adult willing to be a part of this great youth developmental organization.

Sincerely,

Nakoma Simmons

Nakoma Simmons
Extension Agent
4-H Youth Development



4-H Gives Back

4-H'ers sold hot dogs and drinks at Tractor Supply to raise money for Columbus County Equine Rescue. Youth raised \$140.00. The youth had a wonderful time and when they were finished they were able to interact with the horses.

Summer Fun

Youth had a blast this year at Summer Fun! They cooked, made recycling projects, took field trips and in general enjoyed all the activities that 4-H offered this year.

A big thank you to the volunteers for helping to make Summer Fun possible. Without you, we could not offer this wonderful activity.



4-H Congress

This was the best 4-H Congress ever!! From the 4K run/walk to dancing the night away, the event was full of energy and excitement. The county delegation represented Columbus County well. They had the opportunity to participate in the Citizenship Track. During this

educational experience, 4-H'ers met with candidates running for state and had the opportunity to discuss issues and platforms. They attended workshops, which included learning how to handle a 911 situation, the workings of city and county governments, and how to debate a bill before a committee. The highlight of the citizenship track was going downtown Raleigh and visiting legislators. 4-H'ers met with Representative Ken Waddell. Youth also enjoyed the Candle Lighting Ceremony. It was an experience they will not soon forget.

JOIN THE REVOLUTION OF RESPONSIBILITY North Carolina

Kids in the Kitchen

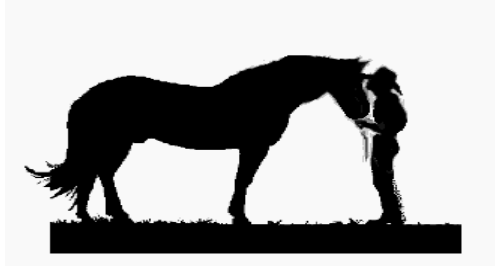
Once again, we have Kids in the Kitchen in Columbus County. Youth at four sites for six weeks are learning the importance of eating healthy, exercise and food safety. In addition, youth are participating in making healthy snacks.

4-H Conversations

We are spotlighting 4-H'ers on our local community college cable show; they are talking about their 4-H experiences and using this to recruit more youth into 4-H.

Youth Ambassadors

This is a new program. In Delco, we are working with youth from Columbus, Bladen and Brunswick counties to empower youth to find their voice and use it to change the world. Youth have participated in a public speaking workshop and are excited to continue the process of improving their skills.



Horse Camp

One county youth participated in 4-H Horsemanship Camp at Millstone 4-H Center in Ellerbe, NC. The 4-H'er enjoyed traditional camp activities as well as learned more about horsemanship. The week was packed with fun and hard work.

Electric Workshop

On Wednesday, August 6th 11am – 1 pm, we will hold an Electric Workshop for middle school youth. Space is limited to 25, first come first serve basis call the office to register today. Learn about how electrical currents work, how to use a soldering iron and make wonderful projects you can take home. Snacks will be provided.

Project Record Book Party

September 20th, we will host a project record book party. Join us

as we work to finish all those project books. From 10 am -1 pm, you will work on your stories, do your scrapbooks and record all that you have done in 4-H this year. Once finished you will be ready for district competition.



Club News

Adventurers

They meet the third Thursday of the month. 4-H activities include – public speaking, electing officers, participating in District Activity Day, and community service projects.

Bolton

Youth are participating in Kids in the Kitchen.

Crafty Kids

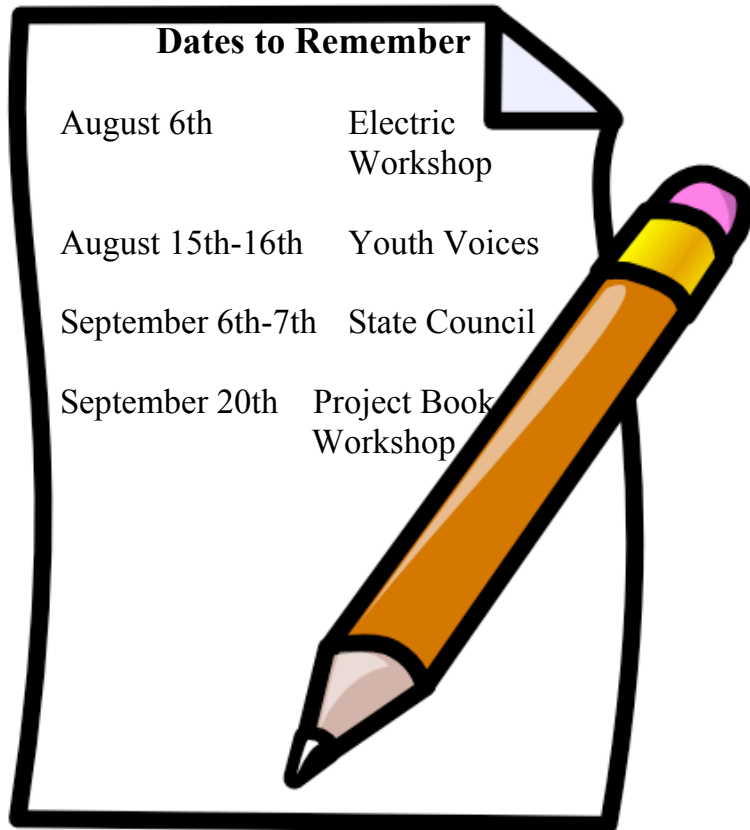
Meet on the third Tuesday of the month. Their activities include – poster contest, sewing, recycling, and Summer Fun.

Delco

Youth are participating in Kids in the Kitchen and the Youth Ambassador Program.

Drum Circle

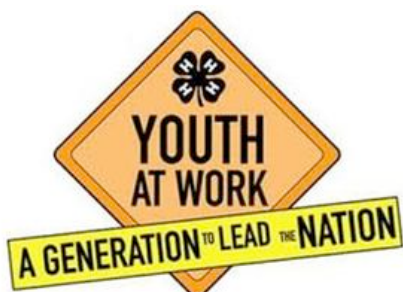
Meeting every Monday night. Youth activities include –electing officers, field trips and participating in community service projects.



Gillian when he was first rescued. Photo courtesy of Amanda Thompson.



Gillian after one year of being taken care of by our county Livestock Agent Phyllis Creech and trained by Amanda Thompson one of our volunteers.



This photo was taken at the Equine Rescue Fundraiser Event where our 4-H'ers sold hotdogs to help raise money.