

# The Clover Chronicle



**Alamance County 4-H**

HEAD. HEART. HANDS. HEALTH.

Volume 6, Issue 2 April/May/June 2014

## Message from Erin



N. Central District 4-H Agents "selfie" at Teen Retreat at BJP in March.

Hello Alamance County 4-H!

If you're like me, you're thrilled that Spring has finally sprung here and we're done with the wintry weather for the year, but I'm also wishing Spring wouldn't bring about six tons of pollen with it! It surely has been a whirlwind couple of months here in the 4-H Office and I am looking forward to staying busy this summer as well! I have officially been here just over 6 months now and in that time you have all made me

feel like a part of the 4-H family and I am so grateful to have the opportunity to work with you. I am very proud that we have had youth participate in so many County, District, and State events over the last several months and look forward to seeing what you will continue to achieve this Summer. Remember, that even if you didn't win a physical blue ribbon, you are 100% a winner to your 4-H Agent!

Check out the rest of the newsletter for reports on some of the exciting events our youth have been going to and information about all the upcoming events and activities we have planned. Remember that if you have earned scholarship money for participation in various County events you will be able to utilize that towards paying for Summer SHINE, Congress, Camp, etc. If you have any questions about any of our events and activities, please feel free to ask me! Thank you again for making me feel so welcome here in my first few months and I look forward to continuing to help Alamance 4-H "To Make the Best Better!"

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### Don't forget about these icons!



=You can earn scholarship money for this



=This event/activity has a fee



=This is something you can put in your project book

## Summer SHINE!



Alamance County 4-H Summer SHINE is a fun and educational program sponsored by Alamance County 4-H through the NC Cooperative Extension Service. Most of the activities will be held at the Alamance County Cooperative Extension Office.

To enroll in any Alamance County 4-H Summer SHINE Program/Class you must fill out the registration form, found at this link <http://go.ncsu.edu/summershine2014>, a 4-H Enrollment form, and a **notarized** 4-H Medical Release Form. Erin Bain, Laurie Newlin, or Beverly Jenkins can notarize the 4-H Medical Release form in our office at no charge at the time of your appointment. You should also review the 4-H Code of Conduct with your child(ren) so they can be aware of those behavior guidelines. Registration for enrolled Alamance 4-H families will be the week of **May 12-16**, and registration for the public will be the week of **May 19-23**. Registration will be by appointment only between 8:30 am and 4:00 pm, Monday through Friday, and will be accepted in person only. NO mail, phone, or e-mail registrations will be allowed. Appointments will be 30 minutes per family and you can only register for children for whom you are a parent or guardian. You may call (336) 570-6740 or come by the Extension Office to set-up an appointment.



## Club & 4-Her Reports

### Central Piedmont Livestock Show by Elizabeth Kenney

On April 9th and 10th, some Alamance County 4-Hers and I participated in the Central Piedmont Livestock Show held in Orange County. I do not live on a farm but I was so lucky to be able to show a heifer from the Roseview Cattle Farm. In order to show their animals, both 4-H and FFA kids had to follow the judge's direction, make sure the animal was set up right, and answer any questions the judge had. Now this may seem easy, but is hard work and any kid that does it gains invaluable skills in communicating, dealing with animals, and quick thinking. I learned so much from going to the livestock show and enjoyed it a lot! In the picture, some 4-Hers who also showed heifers from the Roseview Cattle Farm were, (left to right), Madison Sifford, Payton Bridges, Olivia Hardy, myself, and Salem Sifford. I encourage everyone, even if you don't have animals, to at least go to a livestock show and see how the kids work with the animals. It will definitely open your eyes! Thanks so much to the Sifford family, Erin and Lauren for helping us all with everything that needed to happen.

*Celebrate!*



### Celebration Night by Sarah Kenney

On March 14<sup>th</sup>, Alamance County 4-H held the annual award ceremony, Celebration Night. 4-Hers were recognized for their achievements in 4-H throughout the year of 2013. Alamance County also had the privilege of having State 4-H Vice President Michael Chaney and State 4-H Reporter Anna Marie Vagnozzi attend Celebration Night. Michael Chaney gave a great motivational speech to all and we were thankful for their presence. The new officers of Alamance County 4-H were installed into their offices as well. Alamance County 4-H President is Sarah Kenney, Vice President is Elizabeth Kenney, Secretary is Courtney Eckmann, and Reporter is Haylee Borden. I also want to give a shout out to Tonja and Charles Walker for helping with all the background work for Celebration Night; we really appreciate it! If you attended Celebration Night, I hope you had a great time and I look forward to seeing more 4-Hers there next year. Let's see which club can have the most people there! Thanks to Laurie Newlin and Erin Bain for the great slideshow and for making the night **AWESOME** for so many kids!



Alamance County 4-H Celebration Night: 4-H Youth pictured with Erin Bain, 4-H Agent, Michael Chaney, State Council Vice President, and Anna Marie Vagnozzi, State Council Reporter.

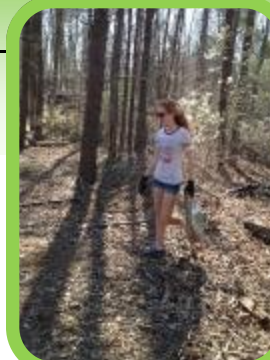


## Club & 4-Her Reports (continued)

### Clover Buds & Belles by Pam King



One of the things I love about 4-H is the community with friends and the choice to see and make change. Our club, Clover Buds & Belles, set out earlier in the month to pick up trash at a local park. This was in honor of Earth Day. It's not spectacular that we helped keep a day of trash out of the park because we have done it before. What is special is that we chose to do it again.



As parents I think we can all agree that we want our children to be responsible, contributing, adults and not just consumers. Little projects like this can fuel inspiration for bigger projects. 4-H has always been a part of our life that I enjoy because each year my kids grow and begin to really see their impact on life. They are sometimes introduced to things that they may or may not have thought about. 4-H allows them to pursue their passions. Not that cleaning a park is their passion but I hope making a difference is. Happy Earth Day!

## Updates

### Teen Retreat

The N. Central District Teen Retreat was held the weekend of **March 22-23** at Betsy-Jeff Penn 4-H Center in Reidsville, NC. Six 4-H youth from Alamance County attended Teen Retreat where 4-Hers had the opportunity to attend workshops, make new friends, develop leadership skills, and had lots of fun!



Kelly Mae Allen, Jake Morgan, Elizabeth Morgan, Savannah Perry, Kassidy Gerring, and Cornelia Barnwell at Teen Retreat in March!

### Blueberry Plant Sale Fundraiser

This year, Alamance County 4-H sold a total of 297 blueberry plants and we profited \$772, and this money will go toward our scholarship fund and our programming efforts. Thank you for your support of the Alamance County 4-H program! Look out for more details in the coming months about our 4-H Fall Plant Sale!





## Updates (continued)

### District Activity Day

District Activity Day was held on Saturday, April 12 in Surry County! Congratulations to all our participants!

**Alyssa Cavalieri** - Silver Medal, Open Class 11-13  
**Malik King** - Silver Medal, Health and Fitness 11-13  
**Mason King** - Silver Medal, Science & Technology 11-13  
**Elizabeth Morgan** - Bronze Medal, Science & Technology 11-13  
**Jake Morgan** - Bronze Medal, Open Class 11-13  
**Salem Sifford** - Gold Medal, Livestock and Dairy Production 9-10  
**Zoe Steenwyck** - Gold Medal, Arts and Communication 11-13

**Elizabeth Morgan** and **Zoe Steenwyck** also represented Alamance County by participating in the 4-H Entertains category and received blue ribbons.



Elizabeth Morgan, Zoe Steenwyck, Alyssa Cavalieri, Malik King, Jake Morgan, and Mason King at DAD in April!

### Central Piedmont Junior Livestock Show and Sale



Alamance County 4-Hers, Madison and Salem Sifford with their sheep!

The 69<sup>th</sup> annual Central Piedmont Junior Livestock Show and Sale was recently held on April 9-10, 2014 in Hillsborough, NC.

Alamance County had nine 4-H members and one FFA member showing in this year's show. Winners from Alamance County include: Junior Showmanship Grand Champion (Sheep): Madison Sifford, Grand Champion Breeding Ewe: Madison Sifford, Reserve Champion Breeding Ewe: Madison Sifford, Reserve Champion Market Lamb: Madison Sifford, and Junior Showmanship Reserve Champion (Beef): Salem Sifford. Class winners include: Madison Sifford (Breeding Ewe, Market Lamb, Beef Heifer), Elizabeth Kenney (Beef Heifer), Salem Sifford (Beef Heifer), and Meghan Teague (Feeder Steer).



Alamance County 4-Her, Kiara VanHook, showing her pig!

### N. Central District Horse Bowl



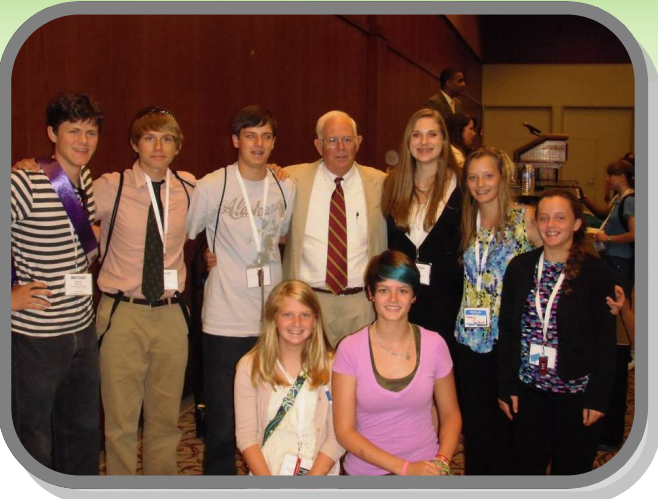
Junior Team: Julia Bainbridge, Caitlin Smith, Cassandra Sigmon, Reagan Ridell, and Mary Rezin

Congratulations to the Alamance County 4-H Horse Bowl Teams from the Southern Alamance Horse Club for their victories at the North Central District Horse Bowl competition on Saturday, February 22! Both the Junior and Senior Teams won their divisions and advanced to the State competition in Raleigh on March 1. At the State competition on March 1, the Junior team won first and the Senior won second!



Senior Team: Victoria Knudson, Faith Thompson, Allie Pickard, Alexandria Knudson, and Rachel Rezin

## Upcoming Events & Activities



2013 Alamance County 4-H Congress delegates with NC Spin Moderator, Tom Campbell.

### Spring Leader Meeting

We will be having a 4-H Leader Meeting on **Monday, May 12th** at the Extension Office at 6 pm. We would like at least one adult leader from each club to be in attendance at this meeting. If you can't come, please ask another parent in your club to come in your place. Please RSVP by May 9 to Erin @ (336) 570-6740 or [erin\\_bain@ncsu.edu](mailto:erin_bain@ncsu.edu).

### Application/Resume/Interview/Essay (ARIE) due May 9



If you plan on applying for a National 4-H trip, your applications, resumes and essays need to be turned into Alamance County by **Friday, May 9**. This process is for 4-Hers who are 14 or older and have at least 2 years of 4-H experience. There is also a mock process for 11-13 year olds. National 4-H trips are awarded to 4-Hers who participate in this program and are selected based upon their application, resume, interview and essay scores. National trips include National 4-H Congress (Atlanta, GA), National 4-H Conference (Washington, DC), and International Leadership Conference (choice of Vermont or Michigan). We have had several 4-Hers from Alamance County attend all of these events and they've had a blast! Participants will receive \$15 of scholarship money for participating, but must go through the whole ARIE process.

### NC 4-H Congress



Saturday–Tuesday, June 21-24, 2014

The N.C. State 4-H Congress is an annual educational event sponsored by the 4-H Youth Development Department at N.C. State University and planned by the State 4-H Council. This program is a great opportunity for teens to develop leadership and other life skills and have a great time as well! Youth will travel to Raleigh with others from Alamance County, but will have many opportunities to network with other 4-Hers from around the State during educational workshops as well as fun activities.

**Ages:** 4-H Congress is open to all youth ages 13 and up as of January 1, 2014.

**Dates:** The dates for Congress are Saturday–Tuesday, June 21-24, 2014

#### Locations:

- \* We are working to have presentations on NC State's Campus.
- \* The candlelighting ceremony will be at Dorton Arena.
- \* All other events will be at the Jane S. McKimmon Center.

**Cost:** Full Time Registration for Alamance County will be \$240. This will include your registration, transportation, lodging, and the following meals: Lunch Saturday, Breakfast Sunday, Breakfast Monday, Lunch Monday, Dinner Monday, Breakfast Tuesday, and Lunch Tuesday. Youth will need to bring spending money to cover additional meals and any incidentals throughout the trip. You can use Alamance 4-H Scholarship money to attend 4-H Congress. Contact Laurie to find out how much you have in your account! We will accept payment for Congress in installments, but the full balance must be paid by **June 16th**.

**Housing:** We will be staying in the dorms at NC State University in Lee Hall.

**To register for 2014 4-H Congress – fill out the survey linked below by Friday, May 9<sup>th</sup> at 5:00 pm** <http://go.ncsu.edu/congress2014>



## **New Alamance County Field Crops Agent—Dwayne Dabbs**

Let me introduce myself; I am Dwayne Dabbs. I am serving as the new Field Crops Agent here in Alamance County, trying to fill the shoes of Roger Cobb, who recently retired back in July. I graduated from North Carolina State University in December of 2012, where I majored in Agronomy, concentrating in Crop Production. I grew up on a farm in the Cherry Grove/Anderson Community in Caswell County, growing corn, wheat, soybeans, oat, grain sorghum, and tobacco before the buyout came through. So I have some experience in working in the field and knowing some of the problems that farmers face growing their crops. I was in the FFA in High School and was fortunate to go to the National Conventions twice with the Agronomy and Environmental Science (Envirothon) Competitions. A combination of working on my family's farm and being in the FFA helped me to decide that farming was what I wanted to do for the rest of my life. I am happy to be here in Alamance County and look forward to meeting everyone here in the county.



Cooperative Extension's Youth Development Program

### **Alamance County 4-H**

209-C N. Graham-Hopedale Rd.  
Burlington, NC 27217  
<http://alamance.ces.ncsu.edu>

Phone: 336-570-6740  
Fax: 336-570-6689



Cooperative Extension's Youth Development Program



## **Calendar of Upcoming 4-H Events**

The 2014 Alamance County 4-H Calendar is posted on our website at the following link:

<http://go.ncsu.edu/alamancecalendar2014>

## **Spotlight on Extension**

4-H is just a part of Cooperative Extension. There are many other events and activities that go on in Extension. Here are a few that you might be interested in:

- **Cooperative Extension Office Closings:**

**May 26, 2014**—Memorial Day

**July 4, 2014**—Independence Day

- **2014 Horticulture Classes—THINK GREEN THURSDAY classes (all classes are free except where noted\*)**

**May 8, 10 am**—Container Gardens

**May 22, 10 am**—Honey Bees and Beekeeping

**June 5, 10 am**—Drip Irrigation

**June 19, 10 am**—Plant Propagation Techniques  
\*\$5.00 fee\*

- **Locally Grown**—Looking for local farms and food in Alamance County? Looking for a local farmers markets? Visit our website for more information!

<http://go.ncsu.edu/alamancelocalfoods>



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