

Liberty Elementary School

206 N. Fayetteville St. Liberty, NC

(All classes meet at Liberty Elementary unless otherwise noted)



Registration will
take place on **Wednesday,**
May 28, 2014 from 4:00 –
6:30 PM @ Liberty School
only!



Liberty 4-H Summer Adventures

Barbara Dunn Swanson

Barbara Dunn Swanson, Extension Agent,
4-H Youth Development

Sunny Slopes Farm Tour

Date: June 13

Time: 9am – 3pm

Cost: \$10

Ages: 8+

Class: 12

Sunny Slopes consists of approximately 220 acres of pastures, streams, and woodlands on Purgatory Mountain in Asheboro. Sunny Slopes is an outdoor classroom- an educational setting without walls where children can learn about our rural heritage, our history, land forms and scenic attractions. We will enjoy a hayride, see the animals and do some gem mining! Bring a sack lunch and drink.

I'm The Chef!

Date: June 17-18

Time: 8:30am – 2:00pm

Cost: \$10

Ages: 8 + **Class:** 12

Do you enjoy getting into the kitchen to cook? Well here is your chance. We will travel to the Extension office in Asheboro and cook with Family and Consumer Science Agent, Barbara Linder. This hands on class will teach youth skills necessary for planning and preparing a meal at home. Lunch will be prepared by participants. Bring a hair tie to tie back long hair.

Homeland Creamery

Date: June 20

Time: 9am – 2pm

Cost: \$8

Ages: 8+

Class: 12

Homeland Creamery in Julian is family owned and operated by Bowman Farms. They have been raising Holstein cows on the same homestead that they have operated the dairy since the 1930's. The herd has now grown to over 200 cows both Holstein and Jersey. We will enjoy a hayride, learn about milking cows and tour the milking parlor and enjoy an ice cream snack! Bring a sack lunch and a drink

It's Electric

Date: June 23

Time: 9am – 2:00pm

Cost: \$10

Ages: 10+

Class: 12

Calling all scientists, learn the origins of electricity and make your very own soda can lamp! Bring an empty clean soda can of your choice. Bring a sack lunch and a drink

Gardening Basics

Date: June 24

Time: 9am – 2pm

Cost: \$10

Ages: 8+

Class: 12

Container gardening is a great way to begin learning about gardening. From herbs, to flowers, to tomato plants, containers gardening is a way we can all GARDEN! Bring a sack lunch and drink

Horse Adventures

Date: June 30

Time: 9am – 2pm

Cost: \$3.00

Ages: 8+

Class: 12

We will travel to the Locust Creek Farm in Liberty and visit a farm family that has raised horses and competed in horse riding for many years! Learn about the care and grooming of horses. Participants will also ride the horses in the ring. Bring a sack lunch and drink.

Shooting Sports at Millstone

Date: July 11

Time: 8:00am – 4:30pm

Cost: \$20

Ages: 10+

Class: 14

Join us for a day of shooting fun and adventure at Millstone Camp. This day-long event will offer instruction from certified camp staff on firearm safety, rifle, archery with canoeing and pool time included too. ***Bring bag lunch & drink, swimsuit, sunscreen and towel; wear close toed shoes, NO SANDALS***

Healthy Kids

Date: July 17

Time: 9am – 2pm

Cost: \$3.00

Ages: 8+

Class: 12

We all need good health, physically and mentally! This class will focus on feeling good, getting exercise, making healthy food choices and being kind and caring to one another. Bring a sack lunch and a drink

Paints and Pots

Date: July 21

Time: 9am – 3:30pm

Cost: \$25

Ages: 8+

Class: 12

We will explore our inner artist as we travel to Preppy Possum to create our own special painting. We will also visit a local pottery and take the wheel to create our own pot. ***Bring a lunch & drink.***

Mad Scientist

Date: July 22

Time: 9am – 3pm

Cost: \$5

Ages: 9+

Class: 12

We will explore the fun side of science with one experiment after another! All hands-on, All day – get ready to go Mad with Science! Wear something old as we may get messy and bring a lunch & drink.

Life and Science Museum Tour, Durham NC

Date: July 23

Time: 8:30am – 4:30pm

Cost: \$10

Ages: 9+

Class: 12

Sit inside a real Apollo Space Capsule, explore a full-scale Lunar Lander, or touch a 13 foot tornado. See more than 75 animal species of Carolina Wildlife and more! We will also tour a 6 acre outdoor exhibit the National Science Foundation proclaimed a “national model” as the first science center expansion linking people with plants, animals, and interactive exhibits in the out – of – doors. ***Bring a bag lunch & drink***

Camp Caraway

Date: July 25

Time: 8am – 1pm

Cost: \$21

Ages: 8+

Class: 30

**** Meet at Camp Caraway (336.629.2374).** Youth will enjoy a day of canoeing, wall climbing, swimming and outdoor fun! *Please wear tennis/water shoes, bring a towel and sunscreen. NO SANDALS! Drinks and snacks will be provided.*

Hoopin' Yogis

Date: July 28

Time: 9:30am – 2:30pm

Cost: \$10

Ages: 8+

Class: 12

We will travel to Asheboro for a morning of hooping fun @ Santosha Yoga. Learn to use the hula-hoops to get some exercise and fun! We will also learn some practical balance techniques while practicing yoga! Wear comfortable clothes and bring a sack lunch and a drink.

Ice Cold Fun!

Date: July 30

Time: 8am – 4pm

Cost: \$10

Ages: 9+

Class: 12

Spend the morning skating on ice at the Greensboro Ice House and swim away the afternoon with your 4-H friends! You will need to have long socks, long pants and long sleeves or light jacket for the morning and a swimsuit and towel for the afternoon!

Family Sports Center

Date: July 31

Time: 9am – 3:30pm

Cost: \$12

Ages: 8+

Class: 12

We will get some great exercise as we participate in a game of Putt Putt followed by a game of bowling. Wear socks and know your shoe size. We will eat CiCi's Pizza for Lunch.

Hunter Safety

Date: August 13, 15, 20, 22

Time: 7pm – 9:45 pm

Cost: \$3

Ages: 10+

This class will be held in Asheboro at the Cooperative Extension Office, 112 W. Walker Avenue. Participants will learn about firearms and ammunition, gun care and cleaning, archery safety, game identification, fundamentals of shooting, hunter ethics and first aid. You must attend all four classes to receive certification.