



# Alleghany Clover News

January, 2014

Amy Lucas, 4-H Agent



## 3rd Annual 4-H Ski & Snowboard Trip



We will once again be taking a ski/snowboarding trip to French-Swiss Ski College at Appalachian Ski Mountain in Blowing Rock on **Friday, February 7<sup>th</sup>**. We will leave the office at 3:30 p.m. and will return around 1 a.m. The cost for skiing is \$25 and \$30 for snowboarding. Clothing rental will be additional.

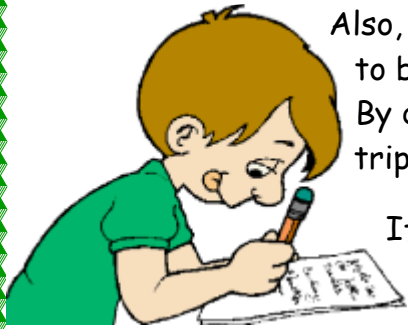
Spaces are limited so contact the office to register. **Deadline to register January 31<sup>st</sup>**.

We will have dinner available for purchase ~ \$8.00 from Chic-Fil-A or you may eat on your own at the Snack Bar. To see the slopes live visit: <http://www.appskimtn.com/asm-right-now/slopecam/>

# Project Record Books

The deadline for submitting Project Record Books is Friday, January 31st. 4-Hers should have their record books to Amy by 5 pm that day. If anyone needs help with record books, please contact the office and we'll be glad to help.

Record books are a great way to plan what you want to do throughout the year, record the things you've learned and what you've accomplished, and show that with a written story and pictures. Anyone can do a project record book, including cloverbuds (ages 5-8). By doing a book you learn planning, recording, and reporting that are all important skills that you will be able to use the rest of your life. By completing record books you can learn to develop these skills.



Also, if you would like the chance to attend the 2014 Electric Congress to be held in Asheville, you should complete an electric project book. By doing so, you may be able to attend this exciting, all expenses paid, trip!

If you have questions or would like more advice please come by the extension office or contact Amy or Michele at 372-5597.

## SUMMER CAMP 2014

*When: June 29 - July 4*

*Scholarships may be available*

For summer Camp 2014, we will be heading to Betsy-Jeff Penn 4-H Camp in Reidsville, NC. Camp is open to youth ages 8 and up (you must be 8 by the time you camp). Cost will be \$420 for traditional campers and \$440 for Trekker campers (ages 13-14). Spaces are very limited. To reserve your spot you must pay a \$50 camp deposit. If you cancel after **February 3** you are responsible for the full cost of camp or you must find a replacement for your spot.



# 2014 4-H Scholarships

Scholarship information is here!!! 4-H Scholarships are open to 4-H members in North Carolina who will be registered as a full-time student. Recipients awarded NC 4-H Academic Scholarships will have an outstanding record of 4-H participation and achievement. Additionally, recipients will possess an excellent high school record of academic achievement measured chiefly by their performance on solid secondary school courses including English, mathematics, physical sciences and social sciences. Also, recipients will demonstrate an aptitude for college work which will be measured by their performance on college entrance examinations including the Scholastic Aptitude Test (SAT) and American College Testing (ACT). **All applications must be reviewed and signed by Amy before they are forwarded to the State 4-H Office.**

Please visit the 4-H blog for the Scholarship guidelines and Application. **The deadline to apply is February 3, 2014!**

## DISTRICT OFFICERS 2014-2015

Are you a natural leader? Have you ever thought you would like to run for an office? Then District Officer may be the position for you. This position is very important and is responsible for planning various District Activities within the North Central District and also helping to plan state events.

You must be at least 14 years old, be an active member in 4-H and have been in 4-H for more than 2 years. This is an exciting opportunity. If you want to run, Intent forms must be postmarked by **February 17<sup>th</sup>**. For more information and forms, visit the 4-H Blog at [allegany4h.blogspot.com](http://allegany4h.blogspot.com) or contact the office at (336) 372-5597.



**\*\*These positions need to be considered carefully and are a commitment not only by youth, but also the parents. If you are unable to fulfill your duties you are not only affecting yourself, but also the other district officers and 4-Hers within your district. If you have questions about responsibilities, please contact Amy for more information.**

# STATE PROJECT RECORD BOOK JUDGING

Another exciting and successful year in 4-H has come to an end and the 2014 year looks to be even more exciting for the program as we continue to make the best better in 4-H! This is the time of year that the 4-H'ers are completing their project record books, cumulative record books and various other projects for county competition. We all know that judges are a vital part of this process and are asking for your help.



The dates for judging are: Project Record Judging - April 11-13 and Portfolio/Cumulative Record Judging - April 14-16 in Raleigh. If you are interested in being a project record book or portfolio judge please contact the office at 336-372-5597. Lodging will be provided for those who wish to stay overnight but travel and most meals will be on your own. You must be at least 18 to volunteer and spaces are very limited and will be filled first come first serve. **If you are interested in judging, please contact the office no later than February 28<sup>th</sup>.**

## Area Food Show

**Who:** Youth ages 5+

**Cost:** Free

**Where:** East Wilkes Middle School

It's time to show off all your culinary skills at the upcoming Area Food Show! This will be held on **March 1** at East Wilkes Middle School and is open to youth ages 5 and up. There are three age categories to participate in: Cloverbud (ages 5-8), Junior (9-13), and Senior (14-18).



Categories include snack/appetizer, main dish, vegetable/soup/salad and desserts.

Forms are available on the Alleghany 4-H Blog or by contacting the Extension Office.

Don't miss out on this awesome opportunity to show off your "best dish", participate in some great 4-H activities and meet new friends.

# County Activity Day

County Activity Day will be Wednesday, March 12<sup>th</sup> from 3:30 pm to 6:30pm. If you plan on presenting, you must call the office & schedule your time.

This competition is open to any youth ages 5 - 19 (Cloverbuds are non-competitive) and your presentation can be on ANY topic you like. If you would like a complete list of the presentation categories and descriptions visit the [NC 4-H webpage](#). The 2014 list is not currently uploaded but we do not anticipate that there will be many changes.

Don't forget that you if you plan to attend NC 4-H Congress at NCSU, you **MUST** present at County Activity Day AND IF ELIGIBLE District Activity Day in April!

If you have any questions or would like help with your presentation, contact Amy at 372 -5597.

# NC State Farm Animal Days

NC State has been hosting Farm Animal Days for over 20 years, and the last 5 years have averaged almost 10,000 visitors each year. This event is going to be held April 9-11, 2014 at the NCSU Beef Educational Unit and runs from 9:00 am-2:00 pm each day.

If you are interested in attending or volunteering, please visit this webpage for more information:  
<http://www.cals.ncsu.edu/farmanimaldays/>.

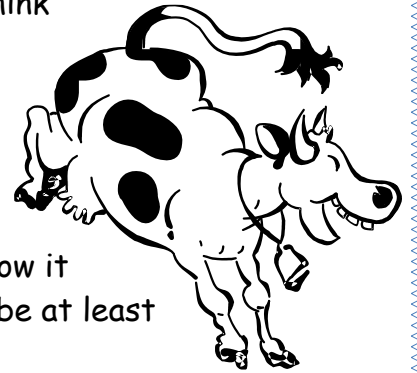




# Dairy Quiz Bowl

Want to know more about dairy topics or general information about dairy foods, the dairy industry or just like learning about new things? You may want to think about becoming a Dairy Quiz Bowl member.

We will begin practices in January and the State Dairy Quiz Bowl Competition will be held in Iredell County on April 5, 2014. For more information or to find out more about what quiz bowl is and how it works, please contact the 4-H office at 336-372-5597. You must be at least nine years old by January 1, 2014



is **AMAZING!**

## Mailing List Update

Due to rising costs, etc. we are in the process of updating our mailing lists. We are now going to offer you the option of choosing how you receive your monthly Alleghany Clover News. In addition to the print version, there will now be an electronic version, which can be delivered to your email inbox.



There will be a couple of different ways that you can notify us of your choice of how you will receive our newsletter. There will be an online "sign-up", you can email or call us. If we do not receive a response by the deadline, unfortunately, you will be removed from our mailing list. **Watch for more details in the**

**February edition of the Alleghany Clover News.**

## IMPORTANT DATES TO REMEMBER:

- ♦ Jan. 24, 2014 - Deadline to register Horse Bowl Team
- ♦ Jan. 25, 2014 - Mock Horse Bowl/ Hippology Contest – Rockingham Co.
- ♦ Jan. 31, 2014 - 5 pm – Project Record Books Due
- ♦ Feb. 3, 2014 - Scholarship Application Deadline
- ♦ Feb. 7, 2014 – 3<sup>rd</sup> Annual Ski/Snowboard Trip – Appalachian Ski Mountain
- ♦ Feb. 15, 2014 – District Horse Bowl – Guilford County
- ♦ Feb. 17, 2014 – Deadline to postmark District Officer Intent Forms
- ♦ Mar. 1, 2014 – Area Food Show – East Wilkes Middle School
- ♦ Mar. 12, 2014 – County Activity Day – Alleghany Office
- ♦ April 5, 2014 - State Dairy Quiz Bowl & Skillathon
- ♦ April 9-11, 2014 – NC State Farm Animal Days - NCSU
- ♦ April 12, 2014 – District Activity Day – Surry Co

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[alleghany4h.blogspot.com](http://alleghany4h.blogspot.com)



Twitter: @Alleghany\_4H



*Sincerely,*  
*Amy Lucas*

Amy Lucas

Extension Agent

4-H Youth Development



# JOIN | THE REVOLUTION OF RESPONSIBILITY

Cooperative Extension's Youth Development Program



Address Service Requested

Alleghany County Center  
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Sparta, NC 28675

North Carolina Cooperative Extension Service

NC STATE UNIVERSITY