



The Clover Chronicle

Volume 5 Issue 4 October/November/December 2013



Alamance County 4-H
HEAD. HEART. HANDS. HEALTH.

Welcome Erin Bain our New 4-H Agent!



Howdy Everyone! I'm hoping that most of you have seen or heard a little bit about me so far, but I wanted to take the opportunity to write a little bit more about myself for the newsletter. I have been on the job here in Alamance for a whole week and I am settling in very well. I have enjoyed chatting with those of you who have called or stopped by to visit and cannot wait to get to know the rest of you out there in 4-H Land.

A few more interesting tidbits about me: In the last two years I have run in seven 5K races and plan to do more in the future. My favorite colors are red and black. My favorite "bad" foods are fried pickles and buffalo wings and my favorite "good" foods are strawberries and cucumbers. My birthday is July 7th and next year I will be 29 (again). I can say the alphabet backwards and I love to tell really bad jokes, especially Pirate jokes!

As I said in my initial introduction, I grew up in 4-H in Virginia and have been working full-time professionally for 4-H for 8 years in a few different positions. I strongly believe that 4-H is the best youth development organization in the world and the opportunities that it can provide for young people are truly amazing. 4-H has meant a great deal to me over the years and I am passionate about continuing my career here in Alamance and helping many of our youth here find out what they are truly passionate about through the 4-H program.

Inside this issue

Message from Erin	1
County Council Meeting.....	2
N. Central Fall Day	2
Youth Livestock Corner	2
Wreath Sale	3
Cards & Cookies	3
Project Record Books.....	3
Club & 4-Her Reports	4-5
Calendar of 4-H Events	6
Spotlight on Extension.....	6
Wreath Sale Brochure	7

Here's what the symbols stand for:

	=You can earn scholarship money for this
	=This event/activity has a fee
	=This is something you can put in your project book

4-H Meet and Treat!

What: Meet and greet our new 4-H Agent, Erin Bain, and celebrate Halloween a few days early! Costumes are welcome (and encouraged) but not required to get a variety of treats provided by the 4-H Office!

When: Monday, October 28th from 4:00-6:00 p.m. – Floating

Where: Alamance County Cooperative Extension Auditorium – 209-C N. Graham-Hopedale Rd. in Burlington
Please call our office at (336) 570-6740 or e-mail Laurie_Newlin@ncsu.edu by Friday, October 25th to let us know if you can attend so we can plan to have enough tricks treats for Erin to "Meet and Treat" you!

Upcoming Events & Activities

November County Council Meeting



Tuesday, November 12 @ 6:30 pm

Our final County Council meeting of the year is scheduled for **Tuesday, November 12 at 6:30 pm** at the Extension Office. We will also be holding County Council Officer Elections at this meeting, so if you are interested in running for a County Council Officer, please let Erin know by **November 1**. You can complete an online nomination form at the following link: <http://go.ncsu.edu/ccnom2014>. To be an officer, you must be at least 13 years old and have been in 4-H for at least one year. To be President, you must be at least 14 and in 4-H for at least two years.

North Central Fall Day

Saturday, November 9, 8:30 am-3 pm

Alamance Community College

Fall Leader's Day is a fun-filled and educational day for 4-H Club Leaders and Volunteers. It is for leaders in the North Central District and will be held again this year in Alamance County at Alamance Community College. The date for this event is **Saturday, November 9** and the day will begin at 8:30 am and end at 3 pm. There is no cost to attend. Leaders will have the opportunity to attend workshops where they can learn about new ideas to use in their clubs. They will also be able to participate in a business meeting and meet other volunteer leaders from around the North Central District.

Alamance County 4-H Clubs are being asked to provide baked goods for dessert and/or a Crock Pot of soup. For more information, contact Toni Stephens testephens@triad.rr.com or (336) 792-0789.

Youth Livestock Corner



Livestock Judging and Skillathon Practice Schedule:

October 24: Orange County
November 7: Alamance County
November 21: Orange County
No Practice in December

Practice will resume in January 2014!

*Please let Lauren Langley (lauren_langley@ncsu.edu) know if your child(ren) will attend practice at least one day prior!

Practice lasts from 6:00 pm to 7:30 pm and rotates between the Alamance County Extension Center and the Orange County Extension Center.

This youth livestock opportunity is open to any youth ages 9 to 18 who have an interest in learning more about the production and management of the following livestock species: beef cattle, meat goats, swine, and sheep.

Alamance County Center Address:

209-C N. Graham-Hopedale Rd. Burlington, NC

Orange County Center Address:

306- E Revere Rd., Hillsborough, NC

Upcoming Events & Activities (continued)

Wreath Sale

Alamance County 4-H is taking pre-orders for Fraser fir and Boxwood Christmas wreaths, as we have in the past. These wreaths come from Par-due Tree Farm and Nursery in Sparta, NC. They are a three generation family-owned farm and have been in the evergreen business for over 25 years. They harvest by hand the Fraser Fir and Boxwood boughs to make their wreaths.

Fraser Fir wreaths will be \$20 each and Boxwood wreaths are \$22 each. The deadline to order is **November 14**. Pick up will be at the Extension Office **November 26-27** from 8:00 am to 4:30 pm.



Order forms can be found on page 7, at the Extension office, or at our website: <http://alamance.ces.ncsu.edu>.

Cards & Cookies

Saturday, December 7, 9-11 am

This will be our 6th year of doing Cards & Cookies! If you aren't familiar with this event, it's a morning of fun where all of our Alamance County 4-Hers can come together to make Christmas cards and decorate Christmas cookies for Allied Churches Homeless Shelter. If you are working on a project book, this would be good to put in your community service section.

There are many people who are served by Allied Churches so we'll need to have lots of cookies. There will be plenty of cookies already baked to decorate, but each family is encouraged to bring a batch already made and packaged (in baggies with 4 cookies). Feel free to decorate them at home, but avoid cookies with nuts. You can bring those with you the morning of Cards & Cookies, or you can drop them off the Friday before if you can't come. You can also make cards ahead of time. You might consider this as a November/December club project.



Cards & Cookies is a floating event, so come when you can the morning of **Saturday, December 7 between 9-11 am** at the Extension Office. The cookie decorating will be in the auditorium and the card making will be in the conference room. So be sure to bring your Christmas cheer and creativity with you!

Project Record Books & Achievement Plans

Due Friday, January 17 by 5 pm

EVERYONE should be working hard on their project record books! If you are new and just started 4-H, just ask Erin about project record books. Or you can just ask another club member or volunteer. These books are due to Erin by **Friday, January 17**. For more information and for project book forms, see this website: <http://www.nc4h.org/youth/awards.html>, and you can check out page 6 of the 2013 Awards & Incentives Handbook.



Project categories include: Animal Science, Citizenship & Civic Education, Communication Arts, Environmental Science, Family & Consumer Sciences, Healthy Lifestyles, Leadership & Personal Development, Plant Science, Science & Technology, and Discovery (for 9-10 year olds only). If you have questions about what category your project would be in, just ask!

If you have been working on your Achievement Plan throughout the year, those are due the same day as project record books. If you have any questions about the requirements or optional activities, please ask. Remember, you can earn big money in your scholarship account by doing these Achievement Plans!

Club & 4-Her Reports

66th Annual 4-H Electric Congress by Caroline Newlin, Whitney Wonders and Bioluminescence 4-H Clubs



4-H Electric Congress 2013:
Charles & Caroline Newlin, Alamance County delegates, and Wayne Hudleston, Duke Energy Representative

I really enjoyed my trip to the 66th Annual 4-H Electric Congress on July 22-24 at UNC Charlotte! I learned how to make a model electric car, a continuity tester, soldering skills, and learned about basic electronics. There were some cool exhibits where I learned about electric technology and its advancements over the years. They even had an old electric car from 1918 and a 2008 Tesla electric car! We also visited Carowinds, where I rode some awesome rides, and Oehler's Mallard Creek Barbecue restaurant/farm for a hayride and supper.

My Dad, Charles Newlin, attended Electric Congress with me this year. What's neat is that my Dad attended when he was my age when he was in 4-H!



4-H Electric Congress ca. 1970:
Roland Flory, Alamance County 4-H Agent, Betsy Best, Charles Newlin, unknown female, Bob Hagge, Duke Power Representative

I'm going to teach the continuity tester kits to the Bioluminescence 4-H Club in November to share what I learned at 4-H Electric Congress!

2013 Southern Regionals 4-H Horse Championships

by Mattie Thompson, Southern Alamance Horse Club



The morning of July 28th dawned bright and clear as the NC Horse Bowl and Hippology delegation left Raleigh to head down to West Monroe, Louisiana for the 2013 Southern Regionals 4-H Horse Championships. It was an exciting year for Alamance County, as three of the Southern Alamance Horse Club members were competing on the horse bowl team. Rachel Rezin, Alexandria Knudson,

and I were excited and honored to be representing our club, county, and state. We competed at the district and state level and qualified individually to try out for the state team. It's not an easy road, and countless hours of studying have been poured into this.

The horse bowl contest, in which questions range from "what color is a double dilution of chestnut? {cremello}" to "what are the three species of the bot fly that infests horses? {gastrophilus intestinalis, gastrophilus hemorrhoidalis, and gastrophilus nasalis}", is in a format similar to Jeopardy!. Each member of the four person team has a buzzer and races against time and the other team to answer the questions asked by the moderator. A word of caution - don't ever underestimate the intensity of an "educational contest".

After our 16-hour drive on Sunday, Monday was spent studying...and visiting the Duck Commander warehouse. The horse bowl competition started at 1:30 on Tuesday afternoon, so we headed over after lunch to what would be a very long afternoon.

Several hours and countless rounds of questions later, our team {comprised of the three of us and a Durham County 4-Her, Savana Everhart} emerged victorious as we defeated Texas to claim the 2013 Horse Bowl Championship title. It was such a great experience to practice under experienced horse professionals throughout the summer, compete at the regional level, travel across the southeast, meet other 4-Hers, and in this case, meet the Robertson's from Duck Dynasty. Horses are my passion, and although it took a lot of work to get to this point, I don't regret any of it. 4-H has taught me so much about choosing something to pursue, and the value of working hard to achieve that goal.



Alexandria Knudson, Rachel Rezin, Savana Everhart, and Mattie Thompson, won the 2013 Horse Bowl Championship title at the SE Regional 4-H Horse Championships!

Club & 4-Her Reports (continued)

4-H Livestock and Judging Skillathon

by Elizabeth Kenney, Dogwood 4-H Club

Alamance and Orange County are joining together to form teams for the 4-H Livestock Judging and Skillathon competitions in July of 2014. Our new Livestock agent, Lauren Langley, is the person teaching both junior and senior teams from Alamance/Orange County and they will participate in the state contests.

The teams meet on the 2nd and 4th Thursdays of the month and practice at both Alamance and Orange. By participating in the 4-H Livestock Judging and Skillathon, kids can learn a great deal of knowledge about livestock breeds, farming equipment, and different foods. The team members will also learn how to make and defend their decisions in judging beef cattle, sheep, meat goats, and swine. Overall, 4-H Livestock Judging and Skillathon has been very fun and exciting!



4-H Livestock Skillathon participants identifying animal anatomy.

2013 National Wildlife Habitat Education Program Competition

by Courtney Eckmann, Dogwood 4-H Club and County Council President



NC 4-H WHEP team competed at the National WHEP competition in Indiana:
Christy Bailey, Nathan Troxler, Emma Bailey, Courtney Eckmann, Zachary Weidemann, and Kim Eckmann

This past July, I had the opportunity to represent North Carolina and compete, with three other Dogwood Club members, in the National WHEP (Wildlife Habitat Education Program) competition, hosted by Purdue University, in Trafalgar, Indiana. WHEP introduces students to the fields of wildlife management, wildlife biology and conservation practices. Our team consisted of Nathan Troxler, Emma Bailey, Zachary Weidemann, and myself. Our team's coaches were Christy Bailey and Kim Eckmann.

Our team studied together once a week for the state competition, which was May 11, and continued that study practice until July 19, when the team left for Indiana. The team made a stop in Kentucky and toured Mammoth Cave, the day before. The competition began on July 21, when we arrived that afternoon we got settled into our bunk house. Dinner and a presentation, from all the states involved, was first on the agenda. Each team had to stand in front of the other teams and talk about what was interesting/important about their state. We then moved on to the "share fair." Every state brought items that are produced in their state like food, candy, drinks, state

pins, pencils, and flags were some of the items. Our team brought Cheerwine, Pepsi, Texas Pete items, NASCAR memorabilia, NC peanuts, and, of course, our state flag lapel pin. Our second day, we went to Morgan-Monroe State Forest and toured different wildlife habitats and learned more in-depth wildlife practices and from a Purdue University's 100 year study of this particular forest. We also participated in wildlife skills. Our team got to shoot tranquilizer guns, learn how to locate using GPS, how pond management happens (shocking fish in ponds) and we worked with a special type of radio and frequency to locate things.

The actual competition was on July 23. All the team members were bussed, without the coaches, to a field site and were given a scenario on a piece of land that they had to write up a practice plan, which showed how to increase certain plants, animals, and remove the vegetation and animals that may hurt that particular piece of land. Parts of the competition were done as a team, some as an individual.

After participating in the WHEP program for the past four years, I have a better appreciation and knowledge of the management of land. I would have to say that this competition was one of the biggest highlights of my summer.



Calendar of Upcoming 4-H Events

- **November 1**—County Council Officer Nominations due by 5 pm
- **November 9**—N. Central District Fall Leader's Day @ ACC
- **November 12**—County Council Meeting @ 6:30 pm
- **November 14**—Wreath orders due
- **November 16-17**—State Council Conference
- **November 26-27**—Wreath Sale pick-up, 8:00 am-4:30 pm
- **December 7**—Cards & Cookies, 9-11 am
- **January 11**—N. Central District Winterfest
- **January 17**—Project Record Books & Achievement Plans DUE!
- **February 1 & 2**—Volunteer Leader's Conference, Raleigh



Cooperative Extension's Youth Development Program

Alamance County 4-H

209-C N. Graham-Hopedale Rd.
Burlington, NC 27217

<http://alamance.ces.ncsu.edu>

Phone: 336-570-6740

Fax: 336-570-6689

JOIN THE REVOLUTION OF RESPONSIBILITY
Cooperative Extension's Youth Development Program



Spotlight on Extension

4-H is just a part of Cooperative Extension. There are many other events and activities that go on in Extension. Listed below are a few that you might be interested in. Keep an eye on our website for more upcoming programs.

<http://alamance.ces.ncsu.edu>

• Think Green Thursdays:

October 24—Plants with Fall/Winter Interest—10 am FREE

• Cooperative Extension Office Closings:

November 11, 2013—Veteran's Day

November 28-29, 2013—Thanksgiving

December 24-26, 2013—Christmas

January 1, 2014—New Year's Day

• Household Hazardous Waste Collection Day—

Saturday, October 19, 2013, 8 am-1 pm

Burlington Fire Training Center

100 Stone Quarry Road, Haw River, NC

- Locally Grown—Looking for local farms and food in Alamance County? Visit our website at the link below for more information!

<http://alamance.ces.ncsu.edu/categories/agriculture-food/local-foods/>

JOIN THE REVOLUTION OF RESPONSIBILITY
Cooperative Extension's Youth Development Program



Christmas Wreath Sale

Fraser Fir & Boxwood Wreaths



Fraser Fir

It's time to start decorating for the holidays, and what better way to do so than by purchasing a wreath to support Alamance County 4-H! These wreaths come from Pardue Tree Farm and Nursery in Sparta, NC. They are a three generation family-owned farm and have been in the evergreen business for over 25 years. They harvest by hand the Fraser Fir and Boxwood boughs to make their wreaths.

Details:



Boxwood

- All proceeds from this fundraiser will benefit the 4-Hers of Alamance County.
- The outside diameter of the completed wreath is approximately 20-24 inches!
- Payment is required at time of order.
- Please make checks payable to **Alamance County 4-H**.
- **Order deadline: November 14, 2013!**

Delivery Information:

Fresh wreaths will be delivered to the Alamance County 4-H office and will be available for pick up on **November 26-27, 2013** from 8:00 a.m. to 4:30 p.m.

Alamance County 4-H

Cooperative Extension Service
209-C N. Graham-Hopedale Rd
Burlington, NC 27217

Phone: 336-570-6740

Fax: 336-570-6689

E-mail: erin_bain@ncsu.edu
Erin Bain, 4-H Agent



Cooperative Extension's Youth Development Program

Christmas Wreath Order Form

Price: \$20.00 for Fraser Fir \$22.00 for Boxwood

Name _____

Address _____

City, State _____

Zip code _____

Home phone _____

Cell phone _____

E-mail _____

Fraser Fir _____ x \$20.00= \$_____

Boxwood _____ x \$22.00= \$_____

Total: \$_____

Method of Payment:

☐ Cash ☐ Check # _____

4-Her's Name *(if sold by 4-Her):* _____

Club Name: _____