



# The Clover Chronicle

Volume 5, Issue 3

July/August/September 2013

## Message from Beth



By the time you read this, I will no longer be a part of Alabama County 4-H, but please know that you all have a special place in my heart. I honestly feel like I am breaking off a piece of myself by leaving. That's how much you mean to me. I hope that during my time here, you have learned something new, gained leadership skills, taken chances, pushed yourself out of your comfort zone, done something great, and have grown as a person. Because you have helped me do the same things. For that, I say THANK YOU.

At 4-H Congress, we learned that many of the changes that have occurred throughout history have come from young people like you. Even though you aren't old enough to vote, you still have a voice. With your voice, you can inspire those who do have a vote and can influence others. So don't be afraid to speak up for what you believe in. You never know who's watching you and who you might impact. Check out Kid President on YouTube. He can teach you a thing or two about being awesome. In closing, know that you all have the potential to be great. So, do it. Go out there, and do something awesome! I KNOW you can.

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### Don't forget about these icons!



=You can earn scholarship money for this



=This event/activity has a fee



=This is something you can put in your project book

## End of Summer Ice Cream Social & Visual Arts/Fashion Revue



We are going to be combining the End of Summer Ice Cream Social and the Visual Arts & Fashion Revue. We want to make sure you have an opportunity to earn scholarship money, so that's why we are combining these events. The date of the Ice Cream Social is **Friday, August 9<sup>th</sup> from 4-6 pm**. This is when the items you've entered will be displayed, and awards will be given out at 5:30 that night.

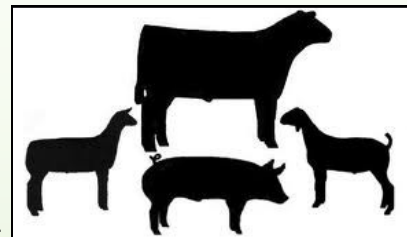
To enter items in the Visual Arts & Fashion Revue, you must submit entry forms and items **by 5:00 pm on July 25<sup>th</sup>**. Forms and rules are on our website and have been emailed out. There is also information about how much scholarship money you can earn. I do want to point out that we have added two new categories to Visual Arts, and because we added two more, we have increased the number of items you can enter from 3 to 4. So, you can enter up to 4 items (in separate categories) in the Visual Arts ONLY, and you can only enter one item per category.

I will be coming back to help with this event, so you will see me again! By combining these two events, we can share some of what we do in 4-H with those kids who aren't in 4-H. That way, they'll want to join!

## Upcoming Events

**July 27: Central North Carolina Showmanship Clinic in Greensboro, NC,**  
Contact: Brent Jennings: brent\_jennings@ncsu.edu or 919-515-4467

**August 4-7: NC Youth Beef Industry Tour**—Youth must currently be enrolled in High School (Grade 9-12, Age 14-19) or College (Age up to 21). This event is designed to help empower youth involved with the cattle industry to become advocates for the industry. The tour will allow youth to get a better understanding of the entire scope of the cattle industry in North Carolina. Additionally, youth will visit multiple farms, feed mills, and the State Legislature. This event is totally free to youth that are accepted and is funded through the NC Cattle Industry assessment. Contact: Brent Jennings: brent\_jennings@ncsu.edu or 919-515-4467



## Upcoming Shows

**July 30-31: Guilford County and Greensboro District Junior Dairy Shows** @ Greensboro Extension Office Dairy Barn, Contact Marti Day at marti\_day@ncsu.edu or 919-691-3062

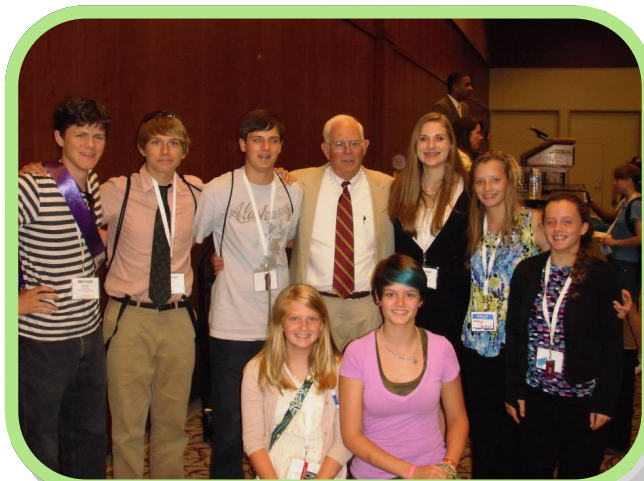
**August 10: 1st Annual Guilford County Junior Livestock Show** (Steer, Heifer, Sheep & Goats) at the Guilford County Agricultural Center. This show is part of the 20 county Farm Credit Showmanship Circuit.—*The Guilford County Junior Livestock Show is open to any youth 5-19 years old and enrolled in 4H Club or FFA program in their school. Any students or parents with questions pertaining to the livestock show should contact Ben Chase, Extension Livestock Agent in Guilford & Rockingham Counties at 800-666-3625, ben\_chase@ncsu.edu or Livestock Show Committee Chair, Rhonda Ingram at 978-5897.*

## 4-H Congress Update



Eight 4-Hers from Alamance County traveled to Raleigh for the 2013 4-H Congress, held **June 22-25**. The delegates who attended were Kelly Mae Allen, Reade Allen, Courtney Eckmann, Anna Jackson, Elizabeth Kenney, Sarah Kenney, Daniel Osborne, and Zach Weidemann. Kim Eckmann also attended as a wonderful volunteer!

There were several young people from Alamance County who achieved great accomplishments. Malik King and Zoe Steenwyk gave their presentations at the State Finals on **Saturday, June 22** and Zoe received Gold for her Foods & Nutrition presentation in the 9-10 age category. In addition, Daniel Osborne was tapped into the NC 4-H Honor Club, which is the highest honor a NC 4-Her can achieve. The mission of this lifelong club is service to others. Elizabeth Kenney was selected to represent North Carolina as a delegate to National 4-H Congress in Atlanta, GA through the ARIE competition (Application/Resume/Interview/Essay).



**Alamance County 4-H Congress delegates with NC Spin Moderator, Tom Campbell.**

Other highlights from Congress included getting to hear from great speakers, cutting out patterns for shoes for underprivileged children, state officer elections, visiting the legislature, NC Spin panel, fun workshops, hanging out with friends, and of course, the dances! If this sounds like something you would enjoy being a part of, be sure to sign up for Congress next year!

## Changes in Upcoming Events

Due to the vacant 4-H Agent position, there are several events that will be changed or cancelled this fall. Laurie Newlin, our 4-H Secretary will be in communication with you about upcoming events and activities. Please be sure to read her emails CAREFULLY! Details are listed below.

- **Nutrition Fair**—We are cancelling the Nutrition Fair until a new 4-H Agent is hired. That person will be responsible for setting the date and making sure you get the details. The Nutrition Fair is an event which requires a lot of planning, and is difficult to organize without a 4-H Agent.
- **County Council**—The next County Council Meeting is scheduled for **Tuesday, August 20<sup>th</sup>**, and will be held at May Memorial Library at 6:30 pm. The program will be on completing the 4-H Achievement Plan, so if you are interested, please come and learn more! The Achievement Plan is a great way to set goals AND earn scholarship money!
- **Fall Leader Meeting**—This meeting is being cancelled since the 4-H Agent is the person who plans and organizes this meeting. Once a new agent is in place, they will contact you about any upcoming training.
- **Fall Fundraisers**—Until a new agent is hired, there won't be a fall plant sale or wreath sale. There will probably be a Tractor Supply Paper Clover Drive this fall, so be sure to promote that fundraiser.

## 4-H Alumni Interview Project



In our last newsletter, I challenged you 4-Hers to find someone who was in 4-H years ago and interview them about what it was like when they were 4-Hers. Even though I will now be in Person County, I encourage you to continue the 4-H Alumni Interview Project.

I want you to chat with these former 4-Hers about their experiences in 4-H and if possible, video tape these interviews. If some are unable to video the interviews, at least try to record them and write them down. That way we can at least have a written account. It would also be great if you could provide your own comments and thoughts after you've conducted your interviews.

We have a list of suggested questions you can ask these individuals posted on our website: <http://www.ces.ncsu.edu/wp-content/uploads/2013/07/4-H-Alumni-Interview-Questions.pdf>. So, get started now identifying these individuals. It may be a grandparent, someone at your church, a co-worker of your parent, or anyone you may know who was in 4-H. Remember, you can earn \$15 in scholarship money for your completed interview.

When moving forward, it's important to learn *about* our past and learn *from* our past. So start living in the past! Good luck!



Alamance County 4-Her, Caroline Newlin, interviewing Boone Johnston who was in 4-H in the 1950s.



## Talkin' Turkey with Whitney Wonders



Whitney Wonders member, Thomas Guthrie, showing his turkey at the 2012 NC State Fair!

Lauren Langley, Alamance County Livestock Agent, conducted a Turkey Workshop at the May 24th Whitney Wonders 4-H Club meeting at Chatham Friends Meeting (see photo below). Lauren taught 4-Hers about raising, caring for, and showing turkeys. This workshop was done in preparation for 4-Hers who registered to get their turkeys in June to show in the NC State Fair in October. This class was also for 4-Hers who are interested in showing turkeys next year and the process/responsibility involved.



Cooperative Extension's Youth Development Program

**Alamance County 4-H**  
209-C N. Graham-Hopedale Rd.  
Burlington, NC 27217  
<http://alamance.ces.ncsu.edu>

Phone: 336-570-6740  
Fax: 336-570-6689

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Cooperative Extension's Youth Development Program



**NC** State University  
A&T State University  
**COOPERATIVE EXTENSION**  
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## Spotlight on Extension

4-H is just a part of Cooperative Extension. There are many other events and activities that go on in Extension. Here are a few that you might be interested in.

- **Cooperative Extension Office Closings:**

**July 4, 2013**—Independence Day

**September 2, 2013**—Labor Day

- **2013 Horticulture Classes—THINK GREEN THURSDAY classes (all classes are free except where noted\*). Registration is required.**

**July 11, 10 am**—Plant Propagation Techniques (FEE\*)

**July 25, 10 am**—Fall Vegetable Gardening

**August 8, 10 am**—Hypertufa Planters (FEE\*)

**August 22, 10 am**—Fall Lawns

**September 12, 10 am**—Perennial Borders

**September 26, 10 am**—Planting Trees and Shrubs

- **Locally Grown**—Looking for local farms and food in Alamance County? Looking for a local farmers markets? Visit our website for more information!

<http://alamance.ces.ncsu.edu/categories/agriculture-food/local-foods/>



**Alamance County 4-H**  
HEAD. HEART. HANDS. HEALTH.



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