The Monthly Clover

"I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service and my **HEALTH** to better living for my club, my community, my country and my world…"

Volume 1, Issue 6

"H" Spotlight: HEART

ACCEPTING DIFFERENCES

Seek First to Understand, Then to Be Understood…
Sean Covey

Communication is the most important skill in life. If you're like most people, you probably seek first to be UNDERSTOOD. You want to get your point across. In doing so, you may ignore the other person completely, pretend that you're listening, selectively hear only certain parts of the conversation or attentively focus on only the words being said, but miss the meaning entirely. Why? Most people listen with the intent to reply, not to UNDERSTAND. Consequently, we tend to respond in one of four ways:

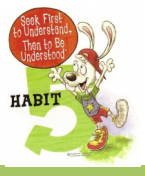
EVALUATING
You judge and then either agree or disagree

PROBING
You ask questions from your own frame or reference

ADVISING
You give counsel, advice and solutions to problems

INTERPRETING
You analyze others' motives and behaviors based on your own experiences

"Before I can walk in another's shoes, I must first remove my own…" ~ Unknown



Agent's Clover

Keep Calm… It's summertime!
We hope that your summer is off to an AMAZING start!!! What are your summer plans? Are you going to camp? Are you going on a family vacation? Are you going to teach yourself a new skill? Are you planning to read a new book or series?
We want to hear all about it on our Facebook page…
www.facebook.com/4HOrangeNC

In Orange County, let's continue,
"Making the Best BETTER!"

SUMMER SIZZLE

Our Summer Sizzle Day Camp for middle school-aged youth is still accepting applications for weekly enrollment. Summer Sizzle is an action packed summer middle school program. Each week will feature trips and activities that focus on selected weekly topics. July 1-5: **S.T.E.M**. July 8-12: **Sports**. July 15-19: **Health & Wellness**. The cost is $100 per week. If you're interested in participating, please call (919) 245-2050.

SUMMER EVENTS

CARWASH FUNDRAISER

State Employees' Credit Union
2313 Old NC 86, Hillsborough, NC
August 3, 2013
9am-1pm

We're inviting all Orange County 4-H'ers and volunteers to come and help out at our first annual end of summer carwash at the State Employees' Credit Union in Hillsborough. Donations will be accepted to enhance programming and club initiatives in Orange County. Invite your friends and family out to help us "MAKE THE BEST BETTER"…

CAROWINDS

Charlotte, NC
August 6, 2013
Boarding the 4-H Van at 7:30 AM

Carowinds

As a final summer activity, Orange County 4-H is collaborating with Stokes County 4-H for a day trip to Carowinds. Space is limited. If you're interested in attending, please contact your 4-H Agent at (919) 245-2050.

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Cooperative Extension's Youth Development Program

NC State University A&T State University COOPERATIVE EXTENSION
Empowering People · Providing Solutions

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