FOR YOUR HOME GARDEN: **CRYSTAL COAST GROWN VEGETABLE** and HERB **SEEDLINGS**



EDGEWATER GARDENS

Robin Pitten 358 Hwy 70E Williston, NC (252) 729-1842



NEWPORT GARDEN CENTER

Wally Emory & Heidi Skinner 291 Chatham Street Newport, NC (252) 223-4120



THE PLANT STAND at FRIENDLY MARKET

Greg & Jackie Garner 205 Friendly Road Morehead City, NC facebook.com/theplant standatthefriendlymarket



REDFEARN'S NURSERY, INC

Allan & Judy Redfearn 1018 Cedar Point Blvd Hwy 24 Cedar Point, NC (252) 393-8243









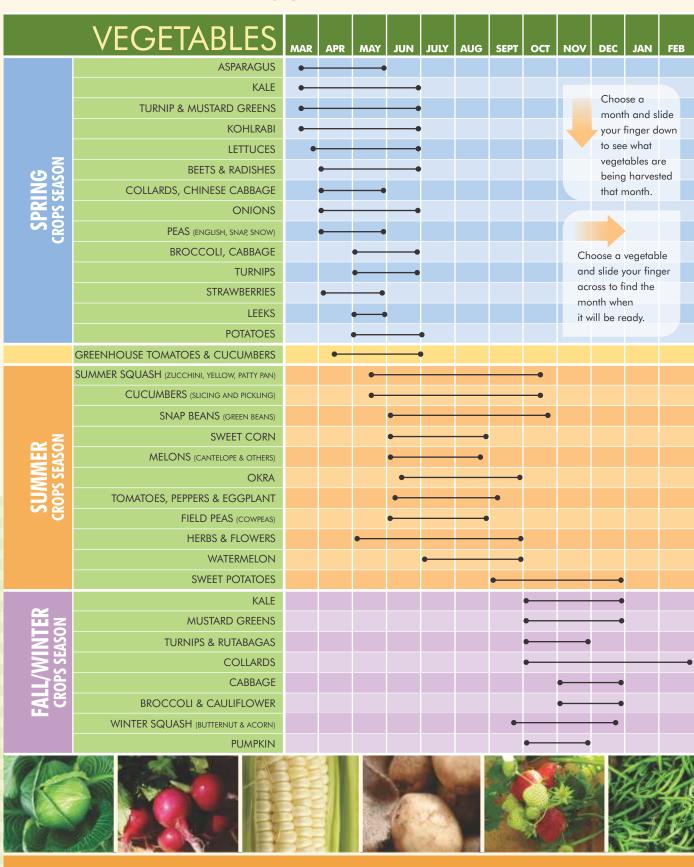


CARTERET COUNTY

FRESH HARVEST DATES for VEGETABLES in CARTERET COUNTY

Farmers and gardeners in Carteret County are able to harvest fresh, healthy vegetables almost every month of the year. Some vegetables grow best in the cool, shorter days of late winter and early spring, others need warm summer soils, and some prefer that time when summer begins to fade to fall. This chart helps you understand which vegetables are freshly harvested and ready for your table each month of the year here in Carteret County.

If you want to preserve any of these vegetables while they are fresh and abundant, consider canning, freezing or pickling. Find out all you need to know at www.nchfp.uga.edu For more information and classes about gardening, or food production, preparation, and preservation, plus health and nutrition, go to the Carteret County Cooperative Extension's website: http://carteret.ces.ncsu.edu



ioi more information go to. http://carterer.ces.ncsu.



- ANNIE'S VEGGIES
- 1586 Highway 101, Beaufort GARNER FARMS
- Newport: 173 Sam Garner Road New Bern: 501 Garner Road
- **GRAY'S PRODUCE** Newport: 228 Shore Road Beaufort: Beside Burger King, Hwy 70 (in front of Ace Hardware)
- **GUTHRIE FARM PRODUCE**
- 5417 Highway 24, Newport **JW MERRELL FARM**
- 1725 Highway 101, Beaufort MEADOWS FARM
- 603 Highway 24, Cedar Point
 QUINN PRODUCE
 Newport: 1930 Nine Mile Road
 Morehead City: 4737-C Arendell Street
 New Bern: New Bern Farmer Market
- SIMPSON'S FARM
- 743 Highway 70, Bettie WILLIS FARM
- 575 East Chatham Street, Newport WINBERRY FARM PRODUCE 1006 Cedar Point Blvd, Cedar Point

There is a certain satisfaction, even joy, that comes when you select good food from a bin of vegetables harvested that same morning. It just feels right to hunt for and gather up the best from each new season to feed yourself and your family. It's easy to get that feeling here at the Crystal Coast. Let us introduce you to your local farmers, and teach you which vegetables and fruits they are harvesting each month of the year.

Planting your own garden?

Meet the folks that grow seedlings for you, right here in Carteret County.



*Dates of operation for all stands are approximate, as the seasons for berries and vegetables changes from year to year based on the weather.

Annie's Veggies

STAR LIEDKE, Farm Manager



1586 Highway 101, Beaufort, NC OPEN April to Mid August

At Annie's Veggies you will find home grown strawberries, asparagus, bush snap beans, pole snap beans, bush lima beans, summer squash, winter squash, field tomatoes, spinach, leeks, beets, broccoli, cauliflower, cabbage, kale, many herbs, sweet corn, carrots, potatoes, onions, snap peas, English garden peas, watermelons, cantaloupes, and a few varieties of Indian squash and eggplant.

In addition, this farmer makes available vegetables grown by other Carteret County and NC farmers.

Garner Farms

CLAYTON GARNER, JR



Newport: 173 Sam Garner Road, Newport, NC New Bern: 501 Garner Road, New Bern, NC OPEN April to Mid August & Early Sept thru October

Collards available Thanksgiving & Christmas seasons

At the Garner farm stands you will find their home grown strawberries, asparagus, snap beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas – garden, snap and snow, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, turnips, watermelons, and cut flowers. Garner Farms also has a bakery at the Newport location.

In addition, this farmer makes available vegetables grown by other Carteret County, North Carolina, and SC farmers and from the North Carolina State Farmers Market.

Gray's Produce

RANDY GRAY



Wednesday, Friday, and some Saturdays beside Burger King, HWY 70, Beaufort (in front of Ace Hardware)

OPEN May thru July & Mid September thru December

At Gray's Produce stand you will find home grown bush snap beans, bush lima beans, beets, broccoli, cabbage, cantaloupes, cauliflower, collards, sweet corn, pickling cucumbers, slicing cucumbers, kale, mustard, okra, onions, snap peas, English garden peas, field peas (cowpeas), sweet and hot peppers, Irish potatoes, sweet potatoes, radishes, rutabagas, summer squash, field tomatoes, turnips and watermelons.

Guthrie Farm Produce

SHERRY GUTHRIE



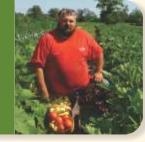
5417 Highway 24, Newport, NC
OPEN 1 week before Memorial Day (May) & close 1 week after Labor Day (September)

At the Guthrie Farm Produce stand you will find home grown bush snap beans, bush lima beans, pole lima beans, beets, cantaloupes, collards, sweet corn, field peas (cowpeas) slicing and pickling cucumbers, okra, onions, sweet and hot peppers, Irish potatoes, sweet potatoes, summer squash, tomatoes and watermelons.

In addition this farm stand makes available vegetables grown by other Carteret County and North Carolina farmers, and from the North Carolina State Farmers Market.

JW Merrell Farm

IW MERREII



1725 Highway 101, Beaufort, NC OPEN April to Labor Day, 6 days/week; Labor Day to Christmas, 5 days/week

At the Merrell farm stand you will find home grown strawberries, green beans, beets, broccoli, cabbage, collards, slicing cucumbers, pickling cucumbers, kale, leeks, lettuce, mustard, okra, onions, English garden peas, snap peas, Irish potatoes, summer squash, turnips, herbs and cut flowers.

In addition, this farmer makes available a wide range of vegetables and fruit from other Carteret, North Carolina, SC and VA farmers, the State Farmers Market, and other commercial sources.

Meadows Farm

JERRY MEADOWS



603 Highway 24, Cedar Point, NC
Next to Cedar Point BP and Grill on Highway 24
OPEN April thru December

At Meadows Farm Stand you will find home grown bush snap beans, pole snap beans, bush lima beans, beets, broccoli, cabbage, cantaloupes, collards, sweet corn, pickling cucumbers, slicing cucumbers, kale, leaf lettuce, head lettuce, mustard, okra, onions, English garden peas, snow peas, snap peas, field peas (cowpeas), sweet and hot peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, turnips and watermelons.

In addition, this farmer makes available vegetables grown by other Carteret County farmers, NC farmers, SC farmers, and from the North Carolina State Farmers Market.

Quinn Produce

BO QUINN quinnproduce@yahoo.com



Newport: 1930 Nine Mile Road, Newport, NC
Morehead City: Quinn Produce & Goods
4737-C Arendell Street, Morehead City, NC
Between EJW Outdoors and Marine Federal Credit Union
New Bern: New Bern Farmers Market

OPEN April thru October, and occasional winter Saturdays

At Bo Quinn's farm stands you will find home grown strawberries, snap beans, lima beans, beets, broccoli, cabbage, cantaloupe, collards, sweet corn, cucumbers – both slicking and pickling, eggplant, kale, lettuce, mustard, okra, onion, peas – garden and snap, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, summer squash, winter squash, tomatoes – field grown and greenhouse, turnips, and watermelon.

In addition, this farmer makes available vegetables grown by other Carteret County farmers and from the State Farmers Market.

Simpson's Farm and Nannie's Bakery

GEORGE D. SIMPSON, SR.



743 Highway 70, Bettie, NC
about 2 miles east of Beaufort
OPEN April thru July 6 days/week
October thru December &
Mid January thru March: Wednesday - Friday

At the Simpson farm stand you will find home grown greenhouse tomatoes and cucumbers, broccoli, cabbage, cantaloupe, collards, leaf lettuce, okra, onions, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, rutabagas, summer squash, and watermelons.

In addition, this farmer makes available vegetables grown by other Carteret County and North Carolina farmers.

Willis Farm

ERNEST WILLIS



575 East Chatham Street, Newport, NC OPEN April thru December

At the Willis' farm stand you will find home grown asparagus, green beans, lima beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, collards, sweet corn, Chinese cabbage, slicing cucumbers, pickling cucumbers, eggplant, kale, kohlrabi, leeks, lettuce, mustard, okra, onions, peas — both garden and snap, field peas, hot peppers, sweet peppers, Irish potatoes, sweet potatoes, pumpkins, radishes, rutabagas, spinach, summer squash, winter squash, tomatoes, watermelons, strawberries, and blackberries.

In addition, they make available vegetables grown by other Carteret County farmers, and from the North Carolina State Farmers Market.

Winberry Farm Produce

DAVID AND SARAH WINBERRY



1006 Cedar Point Boulevard, Cedar Point, NC
1 mile west of the intersection of Highways 24 and 58
in Cedar Point

OPEN Mid April thru Thanksgiving Collards available in off season

At the Winberry's stand you will find home grown Bogue Sound watermelons, cantaloupes, tomatoes – both field grown and greenhouse, green beans, beets, broccoli, cabbage, collards, sweet corn, cucumbers, eggplants, lettuce, mustard, okra, onions, field peas, sweet peppers, hot peppers, Irish potatoes, sweet potatoes, radishes, summer squash, winter squash, and turnips.

In addition, this farmer makes available vegetables grown by other Carteret County and NC farmers, and from the North Carolina State Farmers Market.