

2013 Summer Fun Registration

1	June 12th	Livestock Show & Sale	FREE	
2	June 17-19th	Hunter Safety	FREE	
3	June 24 - 26th	Boater Safety	FREE	
4	July 15th-18th	Cloverbud Camp	\$20	
5	July 22 - 25th	Summer STEM Camp	\$20	
6	July 23rd- 25th	Grandparents & Youth Dayz	\$5	
7	July 31st - Aug 3rd	Watermelon Art Camp	\$15	
8	Aug 7th	Nature Adventures	FREE	
9	Aug 12 - 16th	Farm 2 Fork	\$25	
Check or Cash			Total	

<u>Office Use Only</u>	
Date pd _____	Amount pd _____
Balance Due _____	
CK#/Rcpt# _____	
Enrollment form _____	
Medical & Informed Consent Form _____	
Code of Conduct _____	



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Hertford County 4-H

301 W. Tryon Street
 Post Office Box 188
 Winton, NC 27986
 (252) 358-7822



<http://hertford.ces.ncsu.edu>
www.facebook.com/HertfordNCCES
<http://hertfordcounty4h.blogspot.com>



GUIDELINES

ABOUT THE PROGRAM

The Hertford County 4-H Summer Fun Program will be offering fun and safe learning experiences for children this summer. Youth will learn and grow participating in these unique opportunities. For more information call: Hertford County Center, at (252) 358-7822, visit our website at <http://hertford.ces.ncsu.edu>, facebook page www.facebook.com/HertfordNCCES, and our 4-H Blog <http://hertfordcounty4h.blogspot.com/>

WHO CAN PARTICIPATE

Each workshop indicates the target age range for youth based on the developmental appropriateness of the curriculum being taught. **REGISTRATION IS REQUIRED IN ORDER TO PARTICIPATE AND ATTEND WORKSHOPS.** Adult and teen volunteers are welcome! If you are interested in becoming a volunteer, please contact the Hertford County Cooperative Extension Center at (252) 358-7822.

ARRIVAL AND PICK UP

The beginning and ending times are listed for each workshop. Parent(s)/Guardian(s) are expected to have their child arrive on time and picked up within 15 minutes of the conclusion of a workshop. **Failure to pick up your child(ren) according to these guidelines will result in the loss of participating in future activities and paid registration fees forfeited.**

**EACH CHILD MUST BE SIGNED IN AND OUT BY AN ADULT
ABSOLUTELY NO EXCEPTIONS!**

REGISTRATION FORMS AND FEES

Each participant is required to complete the following forms before attending any workshop:

- 4-H Enrollment Form - (If the child has been enrolled in other 4-H programs in 2012-2013 school year we will have this form on file.)
- 4-H Medical Information and Informed Consent for Treatment for NC 4-H Sponsored Events - **This form must be notarized! Youth will not be able to participate in any sessions until completed.** For your convenience we have a notary on staff at no cost.

Make checks payable to: Hertford County
Mail or bring forms to: Hertford County Coop. Extension Office
Attention: 4-H
P.O. Box 188
301 W. Tryon St.
Winton, NC 27986

Payments can be made at the Hertford County Extension Center Monday – Friday between 8:30am – 4:30pm.

NOTE: There will be a \$25.00 fee applied to all return checks.



Hertford County 4-H



2013 Summer Fun – Registration Form

Name _____

Address _____

Phone # _____ Home _____ Cell _____

Date of Birth _____ Age _____ Grade _____

Race _____ Gender M F

Email Address _____

Parent's Name _____

Make checks payable to: Hertford County

**Mail or Bring to: Hertford County 4-H, P.O. Box 188,
301 W. Tryon Street, Winton, NC 27986**

9. Farm 2 Fork Cooking School

Date: August 12th & 16th **Age:** 9 - 12 **Cost:** \$25
Minimum: 10 **Maximum:** 15 **Time:** 9am – 12noon
Location: Hertford County Cooperative Extension Office
Instructors: Wendy Burgess, Ag Agent, Gina Bonsu, EFNEP PA, & Stephanie Parker-Helmkamp, FCS Agent, Caroline Stephenson, 4-H Volunteer

Deadline to register: August 5th by 4:30pm

The Farm 2 Fork Cooking School will discuss simple cooking techniques and food safety. Youth will learn how to safely prepare simple healthy meals. We will also take field trips to area farms and businesses (such as State Farmers Market in Raleigh, NC) in order to see how our food goes from being grown on the farm to being processed and graded and then to the store for us to buy. The campers will get the opportunity to meet local farmers and try products grown from those farms. Campers will also enjoy exercising through fun group activities. The campers will present what they learned at our local Winton Farmers Market on Friday afternoon.



REFUND POLICY

Registration fees are non-refundable in the event the child decides not to attend. In the event of cancellation due to lack of participation, fees will be refunded or can be applied to another workshop.

DRESS CODE

The Hertford County 4-H Program takes great pride in representing our clubs, communities, country and our world. Attire is very important to us. Please dress respectfully! The 4-H Program will not allow:

- Halter tops
- Tube/belly, strapless, or low-cut shirts
- Mini-skirts
- Short-shorts
- Any clothing that advertises: alcohol, drugs, tobacco, hate/messages/emblems or bad language
- Bathing suits must be age appropriate and be a conservative one piece

Outdoor activities require comfortable closed in (toe and heel) shoes. Clothing must be such that the youth are able to fully participate in their workshop activities. **ANY VIOLATIONS OF THE DRESS CODE COULD RESULT IN DISMISSAL FROM THE WORKSHOP WITH NO REFUND GIVEN.**

MEALS/SNACKS

Participants are required to bring their lunch, drink and snacks to workshops that meet during lunch hour unless otherwise written. Please ensure that your child(ren)'s lunch is properly packed to prevent food poisoning by putting a cold pack in the lunch bag or box. Be sure to include eating utensils, napkins, etc. Workshops held at the Extension Center have access to a refrigerator (space is limited so pack lunches that don't require refrigeration when possible). Lunches and drinks need to be clearly labeled with the youth's name. Please check workshop descriptions to determine if lunch will be provided.

For selected field trips you may send spending money with your child(ren) for refreshments or souvenirs. The Extension Center is not responsible for lost or stolen money. This is solely the responsibility of the child(ren).

DEADLINE DATES

Space is limited in each workshop. Workshops will be filled on a first-come, first-serve basis. Workshops that do not meet the minimum number requirement will be cancelled. **Registration and fees are due as noted on each workshop session. The instructor reserves the right to deny participation based on availability of supplies.**

SUPPLIES

Please check workshop descriptions to determine whether supplies are needed or special instructions apply.

PROHIBITED ITEMS

We strive to create a fun and safe environment for all participants. To ensure a safe environment DO NOT BRING:

- Radios, iPods, MP3 players, etc.
- Electronic games, valuable items such as jewelry

These items can be distracting in addition to potentially being lost or stolen. Parent(s)/ Guardian(s) are asked to adhere to the guidelines. The Hertford County 4-H Program will not be responsible for lost or stolen items.

TRANSPORTATION

Participants must have their own transportation to and from the location listed in the workshop description. Youth with a valid driver's license will not be allowed to transport other youth during a workshop, nor leave if registered for a workshop.

SUNSCREEN

All participants who are registered for outdoor activities are advised to wear sunscreen (30+ SPF). **Sunblock is considered a medication. Participants must provide their own and have it labeled with their name and listed on the medical release form.**



7. Watermelon Art Camp

Date: July 31st - August 3rd **Age:** 8 - 13 **Cost:** \$15

Minimum: 5 **Maximum:** 20

Time: 8am – 12noon

Location: Metal Tech in Murfreesboro

Instructors: Caroline Stephenson, 4-H Volunteer

Deadline to register: July 31st by 4:30pm

Come on down and join in the fun for a watermelon-themed art camp in Murfreesboro! Kids will help design, build, and decorate the 4-H float for the NC Watermelon Festival. Local artists will show campers cool arts and crafts techniques they can do at home. For the big finale, 4-Hers get to ride the float they build in the Watermelon Festival Parade on Saturday, August 3rd. Snacks provided.



8. Nature Adventures

Date: August 7th **Age:** 5 and Up **Cost:** Free

Minimum: 5 **Maximum:** 20

Time: 9am – 3pm

Location: Hertford Co. Coop. Extension Office

Instructors: NC Wildlife Officer Tim Wadsworth, NC Wildlife Biologist and Marine Fisheries Biologist.

Requirement: Interest in outdoors and bring a bag lunch

Deadline to register: July 31st by 4:30pm

Come explore nature. Youth will learn about wildlife native to North Carolina. Local professionals will be sharing information regarding area wildlife and marine life. Come ready to have fun and learn about nature in our area.

6. Grandparents and Youth Dayz

Date: July 23rd – 25th **Age:** 5 - 10 **Cost:** \$5

Minimum: 5 **Maximum:** 15

Time: 10:30am – 12:30pm

Location: Hertford Co. Coop. Extension Office

Instructors: Gina Bonsu, EFNEP PA

Deadline to register: July 31st by 4:30pm

Grandparents and youth will work together to make better health and lunch choices. Participants will learn different recipes to make at home that are healthier than fast or fried foods. Adults 18 and up (if grandparent is not available, uncle, aunt, or parent is welcome.)



1. 4-H Livestock Show and Sale

Come on down and join in the fun on Wednesday, June 12th as local 4-Hers participate in the Hertford, Northampton, and Bertie Livestock Show and Sale held at the 4-H Arena on West Main Street in Murfreesboro. Youth will be showing hogs, lambs, goats, steers, and heifers starting at 1pm. Get your chance to walk in the arena with a 4-H animal during the Fun Show starting right after the Showmanship portion of the event. Refreshments will be available for purchase. Dinner will also be served from 5pm to 6:30pm for a cost of \$7. The raffle, auction, and livestock sale begin at 7pm. One of THE most fun days in the county. Don't miss it!

2. Hunter Safety Course

Date: June 17th – 19th **Age:** 8 and up **Cost:** FREE
Minimum: 5 **Maximum:** 20 **Time:** 8:30am - 12:30pm

Location: Ahoskie Police Department

Instructor: NC Wildlife Officer Time Wadsworth

Requirement: The interest in hunting and obtaining a NC certificate that one must have in order to purchase a NC hunting license.

Deadline to register: June 10th by 4:30 pm

Participants will receive upon passing a state test, a certificate that is required to purchase and NC hunting license. ****Must attend all 3 days.**** May bring a snack and drink. Students taking course will meet at Ahoskie Police Department where course will be given. Also, participants will be offered range time if interested.

3. Boater Safety Course

Date: June 24th – 26th **Age:** 8 and up **Cost:** FREE
Minimum: 5 **Maximum:** 20 **Time:** 8:30am – 12:30pm
Location: Hertford County Cooperative Extension Office
Instructor: NC Wildlife Officer Tim Wadsworth

Deadline to register: June 17th by 4:30pm

Like the water and like to drive a boat? Then come join us and learn how to properly operate a watercraft. Participants will receive certification upon passing state test. This class is not just informative, but it is also required to operate a boat and personal watercraft under the age of 26. May bring a snack and drink. ** Must attend both days**



4. Cloverbud Day Camp

Date July 15th – 18th **Age:** 5 - 8 **Cost:** \$20.00
Minimum: 5 **Maximum:** 15 **Time:** 9am – 12:30pm
Location: Hertford Co. Coop. Extension
Instructor: Caroline Stephenson, 4-H Volunteer
Requirment: Come ready to explore.

Deadline to register: July 8th by 4:30pm

Little 4-Hers will have their-own special week! This Clover Academy will teach kids the meaning of Head, Heart, Health, and Hands. Mini walking field trips to Hertford County Public Library and other cool spots around Winton. Snacks provided.

5. Summer STEM Camp

Date July 22nd – 25th **Age:** 9 - 13 **Cost:** \$20.00
Minimum: 5 **Maximum:** 20 **Time:** 9:30am – 3:30pm
Location: Ahoskie Elementary School, Ahoskie, NC
Instructor: Caroline Stephenson, 4-H Volunteer

Deadline to register: July 15th by 4:30pm

Join in the Science, Technology, Engineering, and Math fun! Youth will design, build, and program robots, build bridges out of paper, plant seeds, and much more. Snacks provided. Bring a healthy bag lunch.



Teen Volunteers WANTED!

Ages 14 – 18. Looking for a way to have fun this summer? Come and volunteer with Hertford County 4-H!

No experience necessary, just the desire to make the best better and serve your community. This is a way to keep busy this summer, meet new friends, and learn some new stuff along the way. Volunteers are needed at every program listed in this booklet.