

Warren County Summer Fun



2013 Information/Registration Packet

Bring Registration, required forms and Payment to:
Warren County Cooperative Extension
158 Rafters Lane

Office Hours are 8:30-5:00 p.m. Monday-Friday
For More Information: Call 257-3640 or e-mail
erin_bain@ncsu.edu

***see reverse for additional registration information**



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. *Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Warren County Cooperative Extension at 252-257-3640, crystal_smith@ncsu.edu, or in person least 5 business days prior to the event.*

Registration Information:

1. To enroll in any 4-H Summer Fun Program/Class you must fill out the attached registration form, a 4-H Enrollment form, and a ***notarized*** 4-H Medical Release Form. You should also review the 4-H Code of Conduct with your child(ren) so they can be aware of those behavior guidelines. These forms may be found online at http://www.nc4h.org/procedures_and_guidelines/index.html or obtained from the Warren County Cooperative Extension Office during normal business hours; 8:30 a.m. to 5:00 p.m. Monday-Friday.
 - Erin Bain or Tonia Hargrove can notarize the 4-H Medical Release form in our office during these hours. *Please* call the office to ensure that someone will be available when you come in.
2. Registration will begin immediately after this schedule is published and will be accepted in person only. NO mail, phone, or e-mail registrations will be allowed. If you are coming in to fill out paperwork and register for events, expect to spend approximately 20 minutes at the office.
3. Payment for programs is required at the time of registration and can be paid with cash, money order, or (preferably) check (made payable to Warren County 4-H). Payment must be made in full for all day camp events at the time of registration. For residential camp and Congress payments may be made in installments as determined by the 4-H Agent.
4. Please review the information on each program that you sign up for carefully, including the stated age ranges and times. You are responsible for ensuring that your child(ren) arrive and are picked up on time for each program. If you are more than 10 minutes late for any field trip program, you will be left and no refund issued!
5. Unless otherwise stated classes will meet at the Warren County Cooperative Extension Office and youth should wear clothing that is comfortable for lots of movement and can get dirty! Snacks and bottled water will be provided for all programs.
6. We reserve the right to suspend your child from the program without refund should he/she become disruptive or violate the 4-H Code of Conduct in any way. If a child must be dismissed from the program then the parent/guardian will be called to pick up the child immediately.
7. No refunds will be given for Summer Fun programs except in the event of a cancellation by our office. All refunds will be processed at the conclusion of the entire summer fun program in August. Please allow 4 weeks from that time for a check to be requested from the County Finance Department.
8. Direct all concerns or questions to Erin Bain, Warren County 4-H Agent at (252) 257-3640 or erin_bain@ncsu.edu.



Kyokushin Karate and Japanese Culture Camp

Date: Monday-Friday, June 10-14, 2013 (8:30 a.m. to Noon daily)

Ages: 5-18

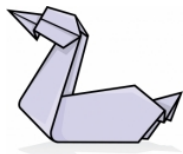
Location: Warren County Extension Office

Cost: \$50

Spaces Available: 20

Description: This is an extremely unique and exciting week of camp for Warren County youth! This day camp will feature Sensei Kenny Buffaloe, who has over 40 years of experience with this discipline of Karate and is very excited to provide training here in our area. Sensei Buffaloe and his son Christian have traveled the country and the world demonstrating and competing in Kyokushin Karate and have been featured on various North Carolina television shows. In the early 1990's, Kenny Buffaloe was featured in the hit movie "Teenage Mutant Ninja Turtles" and in 3 films in Japan, including "The Search For Ultimate Truth". There is a possibility that a documentary crew will be filming portions of this program. If so, a separate release will be required of all participants. The days of camp will include video presentations, basic Japanese language, origami, and basic Kyokushin Karate training.

Deadline: Friday, May 31st or until filled.



Summer Garden Club

Date: Tuesdays, June 18th through July 30th

Time: 9:00 a.m. to 12:00 Noon

Ages: 5-13

Location: Warren County High School Garden (back of school, near baseball field)

Cost: \$15

Spaces Available: 12

Description: The Summer Garden Club is an excellent opportunity for youth interested in gardening, health, and cooking! Youth may attend as many Tuesday morning sessions as they are able to for one low price. Students will begin their days by working in the garden and then use the fresh ingredients that they have picked in order to make snacks or a meal. Warren County FoodCorps Service Member Caroline Stover will facilitate these fun, nutritious, and delicious activities!

Deadline: Friday, May 31st or until filled



Yoga for Teens

Date: Thursday, June 13th

Time: 12:30 p.m. to 4:30 p.m.

Ages: 14-18

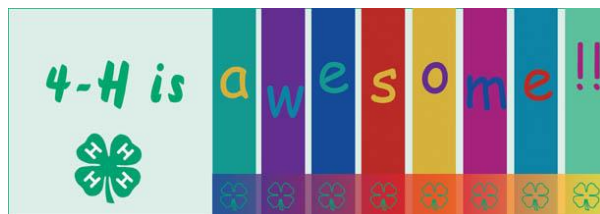
Location: Warren County Cooperative Extension Office

Cost: \$7

Spaces Available: 12

Description: This introductory Yoga class for Teens will focus on learning appropriate breathing techniques, basic yoga poses, and will conclude with a complete Yoga class led by a certified instructor. This is a great opportunity for teens that are interested in yoga for exercise and/or relaxation.

Deadline: Friday, May 31st or until filled



4-H Residential Camp at the Eastern 4-H Center

Dates – Sunday, June 16-Friday, June 21st

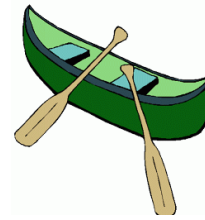
Ages: 8-14

Location: Meet at Warren County Extension Office – Travel to 4-H Center

Cost: \$400 - A \$125 Deposit is required with registration.

Description: This year we will be camping at the Eastern 4-H Center in Columbia, NC with a number of other counties. Children will be given the opportunity to explore activities including team challenge courses, outdoor living, kayaking, swimming, archery, nature studies, crafts, campfires, hiking and fishing to name a few! Spaces will be filled on a first come, first serve basis, and registrations will continue to be accepted until full. All parents/guardians are required to attend a pre-camp informational meeting on May 22nd at 5:30 p.m.

Deadline: May 17th or until filled



Kids in the Kitchen!

Date: Monday-Wednesday, June 17-19, 2013 – 12:30 p.m. to 4:30 p.m. Daily

Time: 12:30 p.m. to 4:30 p.m. Daily

Ages: 9-13

Location: Warren County Cooperative Extension Office

Cost: \$10

Spaces Available: 10

Description: Kids in the Kitchen: is a fun, interactive program that is bound to get children excited about cooking! This nutrition and cooking program encourages kids to eat healthy meals and snacks by providing them with hands on learning experiences that teach them how to prepare them for themselves and their family. Youth will experience making a complete meal!

Deadline: Friday, May 31st or until filled



4-H Congress

Dates: Saturday-Tuesday, June 22-25, 2013

Ages: 14-18

Location: Meet at Warren County Extension Office – Travel to Raleigh

Cost: \$200

Spaces Available: 5

Description: The N.C. State 4-H Congress is an annual educational event sponsored by the 4-H Youth Development Department at N.C. State University and planned by the State 4-H Council. Congress is an excellent opportunity for youth ages 14 and up to learn about leadership, citizenship, and community service all while getting to know other teens from around the state. During this time we will be staying in a dormitory on the NCSU campus. This is a great opportunity; we hope that you will join us!

Transportation will be provided to and from Raleigh. Ask me about scholarship opportunities!!!

Deadline: Wednesday, May 22nd or until filled



Girls Day Out!

Date: Thursday, June 27th

Times: 9:00 a.m. to 6:00 p.m.

Ages: 8-18

Location: Warren County Extension Office

Cost: \$5

Spaces Available: 6

Description: Being a girl isn't always easy. Between Barbies and College Degrees, girls need to learn a lot about themselves and gain skills and confidence that will help them along the way. This program will allow young ladies to learn about a variety of topics related to finances, health, and self-esteem, and will culminate with a trip to the Triangle Town Center in Raleigh to practice their skills. Youth may wish to bring spending money for lunch and shopping. \$20 is suggested.

Deadline: Friday, June 14th or until filled



Beneath the Surface – A Day at the Lake!

Date: Friday, June 28th

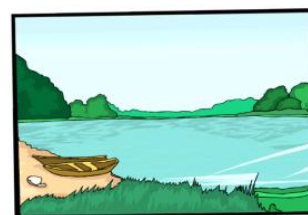
Time: 8:30 a.m. to 4:30 p.m.

Ages: 9-15

Location: Buck Springs 4-H Center – Near Vaughan off Eaton's Ferry Rd.

Cost: \$5

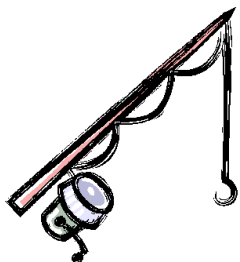
Spaces Available: 15



Description: Discover aquatic ecosystems in your own back yard at Lake Gaston! Explore the delicate balance of organisms as we walk up the aquatic food chain and discover a number of aquatic critters along the way. Discover the magic of the aquatic world and learn to identify plants, insects, fish and more that thrive in your local water bodies. Come join us as we go beneath the water's surface!

***Please Note:** This camp will include hiking as well as exploration in the lake. *Youth should dress in comfortable clothes and shoes that can (and will!) get dirty!*

Deadline: June 14th or until filled



Warren County's Next Great Baker!

Date: Monday, July 1st

Times: 9:00 a.m. to 4:00 p.m.

Ages: 8-18 (Split into groups of 8-11 and 12-18)

Location: Warren County Extension Office

Cost: \$7

Spaces Available: 10 per age group



Description: If your child would like to learn the secrets of the "Cake Boss" this is the place to be! Join Tracey Evora, local Cake Artist and Owner of Sugar Fetish Cakery, to learn the fun process of building a sweet and delicious confectionery delight. In the morning our younger students will learn cupcake decorating techniques using fondant to make cars, flowers, animals...oh my! Older youth will learn step by step how to frost, decorate with fondant and deliver their very own mini cake. In addition to learning about the creative side of Cake Decorating, youth will learn about how to turn their new skills into a business and discuss entrepreneurship by creating their own bakery. All students will be provided with a cake or cupcake to decorate and all materials needed to get them started. The only homework assignment is to bring ideas to become your own "Cake Boss"!

Deadline: Friday, June 21st or until filled



CPR/First Aid Certification

Date: Wednesday, July 3rd

Time: 8:30 a.m. to 4:30 p.m.

Ages: 9-18

Location: Warren County Cooperative Extension Office

Cost: \$20

Spaces Available: 10

Description: This will be an official American Red Cross CPR/First Aid Certification Course. Participants will learn about various types of illness and injuries and how to care for them and other emergency situations. All participants will receive a Certification card that is valid for 2 years from the date of training.

Deadline: Friday, June 21st or until filled



Quilting – Warren County Heritage Quilters

Date: Monday, July 8th

Time: 8:30 a.m. to 4:30 p.m.)

Ages: 5-18

Location: Warren County Extension Office

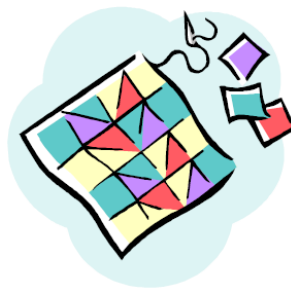
Cost: \$15

Spaces Available: 10

Description: Participants in this hands-on quilting workshop will learn a number of basic sewing and quilting techniques and make a quilted item that they will be able to take home with them.

Local members of the Heritage Quilters will teach this class. Participants should bring a bag lunch.

Deadline: Friday, June 28th or until filled



Yoga for Cloverbuds

Date: Tuesday, July 9th

Time: 8:30 a.m. to 12:30 p.m.

Ages: 5-8

Location: Warren County Cooperative Extension Office

Cost: \$7

Spaces Available: 12

Description: This introductory Yoga class for younger children is a great opportunity to learn yoga basics through fun and interactive games that are specifically geared towards them. Youth will learn a variety of basic yoga poses and breathing techniques and play lots of fun games that will get them moving and encourage health.

Deadline: Friday, June 28th or until filled



Northeast District Science Camp – Science, Biotechnology, Investigate!

Dates: Wednesday-Friday, July 10-12th

Grades: Rising 6th-8th graders (current 5th-7th)

Location: Meet at Warren County Cooperative Extension Office, travel to NC Wesleyan College/Rocky Mount

Cost: \$100

Spaces Available: 6

Description: This year's Northeast District Science Camp features the exciting theme of S.B.I (Science Biotechnology Investigate) Academy! This fun and educational camp for rising 6th-8th graders is designed to teach youth about a variety of Science topics through the process of an imaginary murder investigation. Come to learn about being a real life CSI and conduct experiments to help catch the culprit. Cost for this 3 day camp includes transportation, meals, lodging, and all program materials and is a real bargain at only \$100!

Deadline: Monday, May 20th or until filled



**YOU
ONLY
LIVE
ONCE**

YOLO – So Get It Right!

Date: Monday, July 15th

Time: 8:30 a.m. to 4:30 p.m.

Ages: 9-13

Location: Warren County Cooperative Extension Office

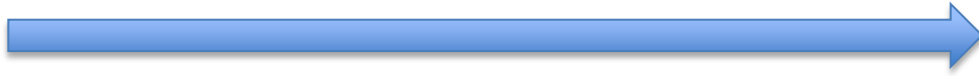
Cost: \$10

Spaces Available: 12

Description: We could all use a few hints about keeping both our minds and bodies healthy and youth are no exception to the rule! This full day camp will teach kids about a number of health and nutrition topics that will help them to be happier and healthier overall and also work with them about how to share this information with their families. Participants in this class will make their own snacks and participate in Yoga games and activities throughout the day.

Deadline: Friday, July 5th or until filled





Farm to Fork Camp!

Dates: Wednesday-Friday, July 17th-19th

Time: 8:30 a.m. to 4:30 p.m.

Ages: 5-13

Location: Meet at Warren County Extension Office

Cost: \$10 - bring bag lunch, Snack and water will be provided.

Spaces Available: 15

Description: Did you ever wonder how your food gets from the farm to you? This 3-day camp will explore everything about agriculture from A-Z. Participants will have the opportunity to visit a farm in the local area to learn about how modern farms operate and see where their food and other agricultural products really come from! Youth will also explore information about nutrition including cooking and learn about safety on and around the farm. Participants should wear comfortable clothes that can get dirty and *closed toed shoes (sneakers or boots)*.

Deadline: Friday, June 28th or until filled

Kids in the Kitchen!

Date: Monday-Wednesday, July 22nd-24th – 12:30 p.m. to 4:30 p.m. Daily

Time: 12:30 p.m. to 4:30 p.m. Daily

Ages: 5-8

Location: Warren County Cooperative Extension Office

Cost: \$10

Spaces Available: 10

Description: Kids in the Kitchen: is a fun, interactive program that is bound to get children excited about cooking! This nutrition and cooking program encourages kids to eat healthy meals and snacks by providing them with hands on learning experiences that teach them how to prepare them for themselves and their family. Youth will experience making a complete meal!

Deadline: Friday, July 12th or until filled



4-H Gets Crafty!

Date: Thursday, July 25th

Time: 8:30 a.m. – 12:30 p.m.

Ages: 5-12

Location: Warren County Extension Office

Cost: \$10

Spaces Available: 10

Description: Bring your imagination and creativity and come join us for a day of fun filled with a variety of Arts and Crafts activities! Please bring a bag or box to take home all of your crafts at the end of the day!

Deadline: Friday, July 12th or until filled

Horsin' Around!

Date: Friday, July 26th

Time: 9:00 a.m. to 4:00 p.m.

Ages: 6-12

Location: Keats Point Farm*

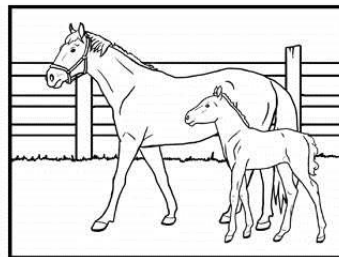
Cost: \$10

Spaces Available: 12

Description: Learn about different horse breeds and common characteristics. Discover how horses communicate with other horses and you. Participants will take part in grooming a horse, experience how horses can be a partner in education and be able to take a lead line ride in the arena. A cookout lunch will be provided.

*Transportation will be provided for the first 6 youth who register. Others may meet us at the Farm, located outside of Manson. Directions will be provided.

Deadline: Friday, July 12th or until filled





Who Wants to Be a Millionaire?

Dates: Monday-Wednesday, July 29th-31st

Time: 9:00 a.m. to 4:00 p.m.

Ages: 11-14

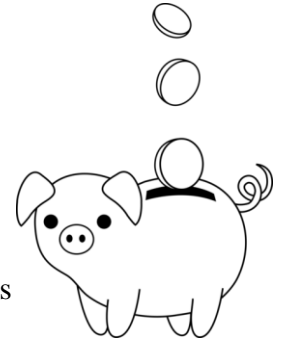
Location: Meet at Warren County Extension Office

Cost: \$10 - bring bag lunch, Snack will be provided.

Spaces Available: 10

Description: Youth will spend 3 exciting days learning about what it takes to become an entrepreneur. They will have the opportunity to identify their interests and talents and then turn them into a potential business. This camp will also include meeting with local Business Owners to hear about their experiences.

Deadline: Friday, July 12th or until filled



Whose Line is it Anyway?

Date: Friday, August 2nd

Times: 8:30 a.m.-4:30 p.m.

Ages: 5-13

Location: Warren County Extension Office

Cost: \$3

Spaces Available: 10



Description: This fun and interactive camp will allow youth to explore their inner Hollywood through improv games and activities like those featured on the popular, Whose Line is it Anyway? We will learn about stage presence, thinking on our toes, and get creative learning how to entertain our friends and family. We will practice monologues and scenes from famous plays and put on a performance for Families at 4:00 p.m. This is a great program for youth who want to learn about acting or who just need to enhance their skills in public speaking.

Deadline: Friday, June 14th or until filled

Take Me Out to the Ballgame!

Date: Friday, August 2nd

Time: 5:00 p.m. to 11:30 p.m.

Ages: 5-18

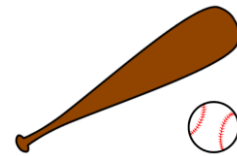
Location: Meet at Warren County Extension Office

Cost: \$15

Spaces Available: 12 youth (2 adult volunteers needed)

Description: What could be more fun than an evening at the Ballpark?! Come and join Warren County 4-H for our last hurrah Summer event at a Carolina Mudcats baseball game. Cost includes transportation, ticket, and a meal at the ballpark. Youth may want to bring extra money for additional snacks/souvenirs.

Deadline: Friday, July 12th or until filled.



All of this information as well as a downloadable version of this packet is available online at <http://warren.ces.ncsu.edu>

Please contact Erin Bain, 4-H Agent for additional Registration Information at (252) 257-3640 or erin_bain@ncsu.edu



2013 Warren County 4-H Summer Fun Registration

(Please fill out a separate form for each participant)

Name _____ Age _____

Birth Date _____ F ___ M ___ Grade in School (Fall 2013) _____

Contact in case of Emergency:

Name _____ Relationship _____ Phone Number _____

I WANT TO ENROLL IN THE FOLLOWING 4-H SUMMMER FUN PROGRAMS:

Check to Register	Date(s)	Deadline*	Ages	Program Title	Cost
	Mon.-Fri. June 10 th -14 th	May 31 st	5-18	Kyokushin Karate and Japanese Culture Camp	\$50
	Tuesdays, June 18-July 30 th	May 31 st	5-13	Summer Garden Club	\$15
	Thursday, June 13 th	May 31 st	13-18	Yoga for Teens	\$7
	Sun.-Fri. June 16 th -21 st	May 31 st	8-14	4-H Residential Camp at the Eastern 4-H Center	\$400
	Mon-Wed. June 17 th -19 th	May 31 st	9-13	Kids in the Kitchen	\$10
	Sat.-Tues. June 22 nd -25 th	May 22 nd	14-18	4-H Teen Congress	\$200
	Thursday, June 27 th	June 14 th	8-18	Girls Day Out	\$5
	Friday, June 28 th	June 14 th	9-15	Beneath the Surface – Day at the Lake	\$5
	Monday, July 1 st	June 21 st	8-18	Warren County’s Next Great Baker	\$7
	Wednesday, July 3 rd	June 21 st	9-18	CPR/First Aid Certification	\$20
	Monday, July 8 th	June 28 th	5-18	Quilting	\$15
	Tuesday, July 9 th	June 28 th	5-8	Yoga for Cloverbuds	\$7
	Wed.-Fri. July 10 th – 12 th	May 22 nd	6 th -8 th grades	Northeast District 4-H Science Camp	\$100
	Monday, July 15 th	July 5 th	9-13	YOLO – Get It Right!	\$10
	Wed.-Fri. July 17 th – 19 th	July 5 th	5-13	Farm to Fork Camp	\$10
	Mon.-Wed. July 22 nd – 24 th	July 12 th	5-8	Kids in the Kitchen (Cloverbud)	\$3
	Thursday, July 25 th	July 12 th	5-18	4-H Gets Crafty	\$10
	Friday, July 26 th	July 12 th	9-12	Horsin’ Around	\$10
	Mon.-Wed. July 29 th – 31 st	July 12 th	11-14	Who Wants to Be a Millionaire?	\$10
	Friday, August 2 nd	July 19 th	5-18	Whose Line is it Anyway?	\$5
	Friday, August 2 nd	July 5 th	5-18	Carolina Mudcats Game	\$15
				TOTAL	\$

*Please note, all programs are on a first come, first serve basis. Deadlines are until the stated date, or until full.

In addition to this form, please bring the following along with payment:

1. North Carolina 4-H Enrollment Form
2. North Carolina 4-H Medical Release and Informed Consent Form (***MUST be notarized***)



By submitting this form and other required paperwork you agree that you have read and understand the policies and information for all Warren County 4-H Summer Fun events. Please bring all forms and payment to the Warren County Cooperative Extension Office at 158 Rafters Lane (next to the Animal Shelter) in Warrenton. Our office hours are 8:30 a.m. to 5:00 p.m. Monday-Friday.

Direct all questions or comments to Erin Bain, 4-H Agent at 252-257-3640 or erin_bain@ncsu.edu



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. For accommodations for persons with disabilities, contact the Warren County Extension Center at 252-257-3640 no later than five business days before the event.