

# The Clover Chronicle

## Message from Beth

### Living in the Past

In our last issue, I talked about all the changes we would be going through this year in 4-H. It was all about looking into the future. Well, now we are going to do a complete 180 and look to the past!

Starting now, I challenge you 4-Hers to find someone who was in 4-H years ago and interview them about what it was like when they were 4-Hers. I want you to really see how much change has taken place in the 100+ years that 4-H has been around. You may be surprised to learn that the cost of 4-H Camp was \$35 at one point in time. Now, the cost of 4-H Camp is \$420! That's change! There were also times when the dorms at 4-H Congress weren't air conditioned.

I want you to chat with these former 4-Hers about their experiences in 4-H and if possible,

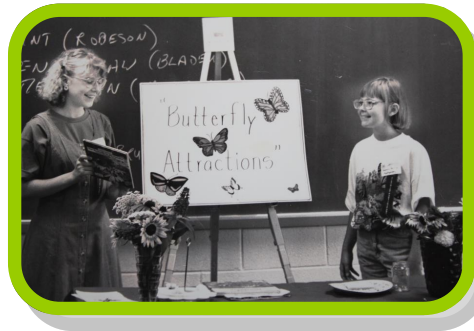
video tape these interviews. My goal is to be able to post them on our website and our Facebook page during National 4-H Week. If some are unable to video the interviews, at least try to record them and write them down. That way we can at least have a written account. It would also be great if you could provide your own comments and thoughts after you've conducted your interviews.

I'm going to be working on a list of questions you can ask these individuals and I'll send them out via email and post them on our website. So, get started now identifying these individuals. It may be a

grandparent, someone at your church, a co-worker of your parent, or anyone you may know who was in 4-H.

When moving forward, it's important to learn *about* our past and learn *from* our past. So start living in the past! Good luck!

*Beth Davis*






Here is a picture of our 4-H Agent, Beth Davis (on left), when she was a 4-Her, giving a team presentation on Butterfly Gardens with her sister, Rebecca.

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### Don't forget about these icons!

-  =You can earn scholarship money for this
-  =This event/activity has a fee
-  =This is something you can put in your project book

## Summer SHINE!

Believe it or not, summer is right around the corner! Our summer program is now being called Summer SHINE (formerly known as Summer Fun). We changed the name last year to keep the name fresh! Summer SHINE Registration will be done the same as in the past, by appointment only. Appointments are 30 minutes per family and they are scheduled back to back. Please take that into consideration when you come in. To make the most of your time, please fill out your registration packet completely (including the Medical Release Form), except for the classes you want to take. We can do that when you come in, as well as notarize your forms.

You may call to make an appointment once the Summer Fun brochure is available, which will be mid to late April and will be available online. The week of **May 6** is reserved for 4-Hers to sign up for Summer SHINE, and the week of **May 13** will be the week for the public to register.

Each child may register for up to 4 classes, and once we have gone through both weeks of registration, we will open it back up for the classes that still have openings. All participants will need to have an updated medical release form (must be notarized). These forms expire after a year. Keep an eye out for the Summer SHINE brochure!



# Upcoming Events & Activities

## Central Piedmont Junior Livestock Show

April 10-11

The 2013 Central Piedmont Junior Livestock Show will be **April 10-11** at the Central Carolina Holstein Barn in Hillsborough. The participants in this show will be exhibiting their hard work with their animals. Participants in this show will be showing meat goats, dairy goats, beef heifers, feeder steers, market lambs, and breeding ewes. They have been working with their animals for several months. Come out and support these 4-Hers, especially if you are interested in showing next year!



## Paper Clover Campaign at Tractor Supply

May 8-19



4-H is partnering with Tractor Supply Company to raise money for our local 4-H programs. I hope you will promote this campaign as it draws closer. All you have to do is purchase a paper clover at the checkout for \$1 and 50% of the proceeds will come right back here to Alamance County 4-H. But you have to go to the Tractor Supply on Garden Road in Burlington, because that's in Alamance County. If you go to a Tractor Supply in another county, the money will go to that county's 4-H program. Last fall, we raised \$330, so that means we sold 660 clovers! The winning county in the US raised almost \$3,000 (from Texas)! Let's show Texas that North Carolina is just as awesome!



## County Council Meeting

Tuesday, May 7 at 6 pm



The Spring 4-H County Council Meeting will be **Tuesday, May 7 at 6 pm**. County Council Meetings are open to all 4-Hers, family members and friends. These meetings are held quarterly and we have an educational program and discuss upcoming events as well as share reports on previous events and activities. Meetings are run by County Council officers, who are elected each fall. Clubs take turns providing refreshments and leading the pledges. Also, if there is ever anything you want the program to be on, let Beth know as well. The program will focus on interviewing 4-H Alumni (mentioned on p. 1). We hope to see you there! Refreshments will be at 6pm, and the meeting will start at 6:30 pm.

## Application/Resume/Interview/Essay (ARIE)

due May 10



If you plan on applying for a National 4-H trip, your applications, resumes and essays need to be turned into Alamance County by **Friday, May 10**. This process is for 4-Hers who are 14 or older and have at least 2 years of 4-H experience. There is also a mock process for 11-13 year olds. If you are interested, please let me know and I'll be glad to fill you in! National 4-H trips are awarded to 4-Hers who participate in this program and are selected based upon their application, resume, interview and essay scores. National trips include National 4-H Congress (Atlanta, GA), National 4-H Conference (Washington, DC), and International Leadership Conference (choice of Vermont or Michigan). We have had several 4-Hers from Alamance County attend all of these events and they've had a blast! I even went to National 4-H Congress when I was 16 and had an awesome time and made lots of friends! Participants will receive \$15 of scholarship money for participating, but must go through the whole ARIE process.



## 4-H Night at Burlington Royals Game

Tuesday, June 18 @ 7 pm



The Burlington Royals will be featuring Alamance County 4-H at their exhibition game, which will be **Tuesday, June 18 at 7 pm**. We get 100 free tickets, so if you are interested, give us a call and sign up. We will also be drawing a name from a hat to throw out the first pitch. Let's get as many people as possible and show everyone that 4-H is still around!



# Upcoming Events & Activities (continued)

## NC 4-H Congress

June 22-25



There are big changes in store this year for NC 4-H Congress! The biggest change is the date, which will be **Saturday, June 22-Tuesday, June 25**. We will be staying in the dorms at NCSU as usual. The cost of Congress will be \$240, which is less than last year, and I need to know by **May 17** if you plan to go. County Council officers will receive a 25% discount. It sounds like it's going to be an exciting event! This event is for teens 13-18 and we spend the week on campus at NCSU. There will be a leadership and citizenship track, so participants will need to let me know which one they are interested in.

### Nutrition Fair Survey

This year we will be holding the Nutrition Fair on **September 14**. To help me better serve your needs, I have created an online survey. Even if you haven't participated in the Nutrition Fair, I would appreciate you sending in your thoughts. Follow this link to take the survey:

<http://go.ncsu.edu/nutrition.fair.survey>

## 4-H Club Leader's Corner

### Spring Leader Meeting

We will be having our Spring Leader Meeting on Monday, April 15th (so get your taxes in early!) at the Extension Office. We will start with dinner at 6 pm and then move into the meeting at 6:30 pm. There needs to be at least one adult leader from each club in attendance at this meeting. We only have two meetings a year, so please plan to have someone from your club present. If you can't come, please ask another parent in your club to come in your place.

### Monthly Club Reports

For the past few months, I've encouraged you as club leaders to follow the link provided below to enter information about what your club has been doing each month. This helps me in my reporting, and also helps me to know what you are doing in your clubs since I can't come to everyone's club meetings each month. I will resend this link each month in my Monthly Leader Email, so be sure to follow the link and include your club's information.

Club report link: <http://go.ncsu.edu/clubreport>

## Updates

- Congratulations to the **Southern Alamance Horse Club** for their success in the North Central District Horse Bowl. Their Junior and Senior teams both won 1st place and competed in the State Horse Bowl in March. The Senior team placed 2nd and the Junior team placed 1st. Members of the Senior team were **Mattie Thompson, Rachel Rezin, Alexandria Knudson, Allie Pickard, and Nathan Riddell**. Members of the Junior team included **Mary Rezin, Reagan Riddell, Cassandra Sigmon, Caitlin Smith, and Faith Thompson**.
- **Daniel Osborne** placed 1st in the State 4-H Beekeeping Essay Contest. His essay is now being sent on to national competition. Daniel was awarded \$50 for his essay regarding "Reducing the Usage of Bee-Killing Pesticides in My Community."
- Congratulations to all of our District Day participants held Saturday, March 23! Alamance brought home **two Gold medals (Malik King and Zoe Steenwyk), one Silver (Alyssa Cavaleri), and three Bronze (Mason King, Elizabeth Morgan, and Madison Sifford)**. **Daniel Osborne** was one of two talent acts chosen to perform during the afternoon program.



### Blueberry Plant Sale Fundraiser

This year, we sold a total of 362 blueberry plants, which was less than last year. We profited \$925, and this money will go toward our scholarship fund and our programming efforts. This includes the scholarship money that you earn by participating in project books, Nutrition Fair, Presentations, and helps us pay for events like Celebration Nights, etc. This year, 4-Hers had the opportunity to earn \$2 of scholarship money for every plant they sold. A total of \$122 in scholarship money was awarded to 4-Hers.



# Club & 4-Her Reports

## February 2013 Fire 'Em Up 4-H Meeting

The meeting took place at the Scarlett Family farm. Isaac Scarlett showed us coins and paper money from foreign places like India, Brazil, Romania, Turkey and more. He also had replica coins from Bible times. They were all different shapes and sizes. The



most interesting one to me was a square coin from India. After he presented the money and taught us about it, we played around with the animals. The money was interesting and we had fun playing with the animals.



by Beth Barr

## Dogwood Club 4-H Report

On January 10, 2013, the Dogwood Club met at Mebane Presbyterian Church and planned the year. Several different activities were planned, from presentations, to Samaritan's Purse, kayaking to swimming, camping to Congress. We also talked about how important it is to set specific goals for ourselves and what topics we will focus on this year. That is what will help us be successful in our project record books this year. I know that everyone will do great and I can't wait to see what the year will bring!

On Saturday, February 9th, 2013, the Dogwood Club got together in the home of Martha Troxler and decorated sugar cookies for Loaves and Fishes. It was messy, but very fun. We used our creative nature to create the colors of the icing as well as the design of the cookie decor. There were so many cookies that we ran out of icing! Never a dull moment - ya' gotta love it. We also discussed upcoming 4-H plans and I'm looking forward to them all!

by Katie Mitchell

## Fire 'Em Up 4-H Does the Twist!

Fire 'Em Up 4-H's meeting was held on **January 15th** at Mebane Presbyterian in the Youth Room. One of our members, Alyssa Cavaliere, gave a presentation on tornadoes and we got to make our own twisters. The adults and Vice President, Michaela Scarlett, split our club in to groups of 4-5 people. Each group got a pie tin, a plastic containers, hot glue, tape, and a few sheets of plastic. It was our job to create a tunnel by wrapping plastic around the bowl and securing it to the pie tine with no air leaks.



Each group brought their wind tunnel to the main table and put some dry ice in their container. Then we put hot water on top of the dry ice, blew a hand held fan into the wind tunnel so that the gases would swirl, and watched the fog form a mini tornado. We were blown away by the results of the project!



by Zoe Steenwyk

## North Central District OMK Sock Drive

Operation Military Kids is a program run by NC 4-H that helps families of servicemen and women. They provide support and supplies for the families of people who are fighting for our country. As my 4-H project this year, I have decided to put on a sock drive for OMK. We are asking for sock donations through **April 30, 2013**. We ask that all socks be new, white or black tube socks, at least 70% cotton. They can't accept socks with any designs like stripes, etc. Once the sock drive is complete, socks will be sent overseas to the men and women fighting for our country. For more information about the Sock Drive, please contact Meaghan Gerringer at [mng4.her@gmail.com](mailto:mng4.her@gmail.com). There is a drop box at the Extension Office for donations. Thank you all for your support!



by Meaghan Gerringer

# Horse & Livestock Reports

## District & State Horse Bowl Report

The morning of February 16<sup>th</sup> dawned cold and snowy. Undeterred, I slid into my khaki's, embroidered button-down, and boots, and we drove to meet the rest of the Southern Alamance Horse Club (SAHC) Horse Bowlers. The day we had practiced for since November was finally here – it was the day of District Horse Bowl. For those of you who may not be familiar with horse bowl, it is an academic horse competition similar to quiz bowl and Jeopardy!, where there are two teams that compete against each other. Questions may range from tack and equipment to parasites and diseases and everything in between. After arriving at the Guilford County Extension office, we claimed a corner and made a study circle, asking each other questions until it was time for our round. SAHC made quite an impression – **my senior team coached by Lindsay Riddell and consisting of Rachel Rezin, Alexandria Knudson, Allie Pickard, and Nathan Riddell won the senior division. Also, our junior team, coached by Allie Riddell with team members Mary Rezin, Reagan Riddell, Cassandra Sigmon, Caitlin Smith, and my sister, Faith Thompson, won the junior division.** To burn off the excess adrenaline, my team went and ran around in the snow for a little while, which led to more laughs as we tripped, took the wrong paths through the gardens, and remembered the fun of previous years.



**SAHC Jr. Team placed first in the State**



**SAHC Sr. Team placed second in the State**

First and second place teams at District advance to the State Horse Bowl competition, which was the first Saturday in March. We entered A&T University loaded down with bags of books, study notebooks, and food. After the hippology competition, which is basically the written version of horse bowl with the addition of judging, horse bowl began. The juniors finished their competition first, as they were single elimination, and claimed the championship title of the 2013 State Junior Horse Bowl competition. My team lost our first match, but since the senior division is double elimination, we weren't completely out of it yet. We fought our way back through the loser's bracket, finally arriving at the championship match. We beat the team once, but since they were undefeated, we had to beat them twice. That didn't happen. We were exhausted. We did, however, place second in the state in the senior division. And that is exceptionally better than we have done in the past. SAHC also swept the senior individual awards, with myself and two of my teammates, Rachel and Alexandria, placing 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup>, respectively. Our high placings means that we were all issued invitations to try out for the State Horse Bowl Team. If I qualify for the State team, I will be ineligible to come back next year as a competitor. This will not stop me from coming back as a volunteer, however, or maybe one day as a coach. Horse bowl is so much more than the awards. The knowledge gained, study methods sharpened, laughs shared, and friendships made and strengthened are priceless! **by Mattie Thompson**

## New Alamance County Livestock Agent—Lauren Langley



Hello Alamance County! My name is Lauren Brown Langley and I am originally from Snow Camp, NC. I finished my Bachelor's degree in 2010 from North Carolina State University where I majored in Extension Education and minored in Animal Science. I started working for Cooperative Extension in May of 2010 with my internship in Chatham County and then was hired on temporarily until my life took me to the Southeast. From Chatham, I went on to become the 4-H Agent in Pender County and was there for two years. I am married and currently live in Burlington. My family farm is located in Snow Camp where we raise broilers and beef cattle. I grew up in 4-H and FFA showing dairy cattle and participating on various judging/quiz bowl teams. I also have a huge passion for rodeo. I grew up in rodeo and still compete in barrel racing and breakaway roping today! Some of my other hobbies would include



watching movies, reading, and traveling. I am very excited to be here in Alamance and Orange Counties as the Livestock Agent and cannot wait to start meeting everyone!



## Calendar of Upcoming 4-H Events

The 2013 Alamance County 4-H Calendar is posted on our website, but here are a few upcoming events to put on your calendar.

- ◆ **July 28-August 2:** Jr. 4-H Camp @ Millstone
- ◆ **August (TBA):** Summer Fun Ice Cream Social, 4-6 pm
- ◆ **August 20:** County Council Meeting @ 6:30 pm
- ◆ **September 14:** Nutrition Fair



Cooperative Extension's Youth Development Program

### Alamance County 4-H

209-C N. Graham-Hopedale Rd.  
Burlington, NC 27217  
<http://alamance.ces.ncsu.edu>

Phone: 336-570-6740  
Fax: 336-570-6689

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Cooperative Extension's Youth Development Program



**NC** State University  
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## Spotlight on Extension

4-H is just a part of Cooperative Extension. There are many other events and activities that go on in Extension. Here are a few that you might be interested in.

- **New Livestock Agent:** We would like to give a warm welcome to our **new livestock agent, Lauren Langley**. Lauren started in Alamance County on March 18th and is working with our former livestock agent, Paul Walker to get to know our county. Lauren is the former Pender County 4-H Agent and she grew up in this area, participating in 4-H and FFA. Make sure you stop by at some point and say hi! Lauren will also be serving Orange County, so if you need to see her, make sure you call ahead to see which county she's in at that time.
- **Household Hazardous Waste Collection Day: April 20, 2013,** 8 am-1 pm, 100 Stone Quarry Road, Haw River, NC
- **Cooperative Extension Office Closings:**
  - May 27, 2013**—Memorial Day
  - July 4, 2013**—Independence Day
- **2013 Horticulture Classes—THINK GREEN THURSDAY classes** (all classes are free except where noted\*)
  - April 11, 10 am**—Pest Management for Homeowners
  - April 25, 10 am**—Warm Season Lawns (zoysiagrass plugging)
  - May 9, 10 am**—Living Screens and Fences
  - May 23, 10 am**—Make a Backyard Bog Garden
  - June 13, 10 am**—Make Your Own Rain Barrel (FEE\*)
  - June 27, 10 am**—Gardening with Native Plants
- **Locally Grown**—Looking for local farms and food in Alamance County? Looking for a local farmers markets? Visit our website for more information!

<http://alamance.ces.ncsu.edu/categories/agriculture-food/local-foods/>



**Alamance County 4-H**  
HEAD. HEART. HANDS. HEALTH.

