

Up To Date: Randolph County 4-H



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Welcome to our next edition of *Up To Date with Randolph County 4-H*. This newsletter is brought to you by our 4-H Youth Development Team and our wonderful 4-H youth clubs and participants!

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FROM BARB'S DESK

Dear 4-H Family,

Happy New Year! I hope you were able to enjoy time with your family and friends this holiday season!

If you have not turned in your re-enrollment to either your club leader or here at the Extension Office, we ask that you do that very soon. We want to make sure you continue to receive our newsletter and other opportunities.

We have many exciting things to do in 4-H this year. Please read through the newsletter and let us know if we can help you with your 4-H projects!

Sincerely,

Barbara Dunn Swanson, Extension Agent
4-H Youth Development



RECORD BOOKS DUE!

Don't forget record books are due to the Extension Office on or before **Friday, January 11**. If you have questions or concerns, please contact Jody or Barb at the Extension Office. We gave you a little extra time to insure that everyone could turn in his or her best work. You still have time so don't delay!

RANDOLPH COUNTY 4-H HUMAN RACE SOUP LUNCHEON

Randolph County 4-H Human Race Soup Luncheon

Tuesday, February 12 at the Extension Office. 11:30-2:00.

Soup with all the fixings, dessert and tea/lemonade for \$5



***We are asking 4-H families to provide the yummy desserts. Drop off treats at the office Monday, February 11.

All proceeds from the Soup Luncheon will support scholarships for youth to participate in area and state 4-H events.

4-H CLUB OFFICER TRAINING – FEBRUARY 16



Are you a 4-H member who would like to learn to be a club officer? We will hold our annual club officer training session on Saturday, February 16 at 9:30 - noon, at the Randolph County 4-H Office. **To register for this session, call our office at 318-6000.** During training, youth will learn how to call the meeting to order, take secretary minutes and work with other officers to run an orderly business meeting.

HOME GROWN CHEFS 4-H AFTERSCHOOL COOKING PROGRAM

Enjoy Kids in the Kitchen? Continue the fun with 4-H this Spring with a 7-week afterschool cooking club, focusing on preparing dishes using seasonal ingredients. Children will learn recipes to share with their families and canning techniques.

When: Twice monthly on Tuesdays 3:30-5:00, beginning February 5th

Cost: No Charge!

Tentative Dates: February 5, February 19, March 5th, March 19th, April 2nd, April 16th, May 7th

Class limited to 10 participants. To register, simply fill out the enclosed form and return to Barbara Linder, or contact Barbara at 336-318-6000 or bwlinder@ncsu.edu



4-H HONORS NIGHT/SHOWCASE OF TALENT – FEBRUARY 15

Mark your calendars! Randolph County 4-H Honors Night/ Showcase of Talent is scheduled for **Friday, February 15** at First Presbyterian Church (420 W. Walker Street in Asheboro). Dinner will be served at 6:00 pm with the awards presentation to follow at 7:00 pm. Please RSVP the number from your family that



will attend, to our office by Friday, February 8. During this celebration we will honor the achievements of 4-H youth and volunteer leaders. In addition, we will kick-off the evening with our showcase of talent. If you should like to showcase your talent, return the following form and we will add you to our line up!



4-H Entertains Registration Form Friday, February 15, 2013



Name: _____ Club Name: _____

Age: _____ Telephone # _____

Title of TALENT / ACT:

Type of act: (music, dance, skit, vocal)

Other Participants:

What equipment do you need for us to provide?

Registration for Talent Show due Friday, February 8.

Return to Randolph County 4-H, 112 W. Walker Ave. Asheboro, NC 27203

Or Email: jody_terry@ncsu.edu

4-H VOLUNTEER LEADERS CONFERENCE

The 2013 NC 4-H Volunteer Leaders' Conference will be held February 1-3, 2013, at the Sheraton Imperial Hotel and Conference Center in Research Triangle Park.

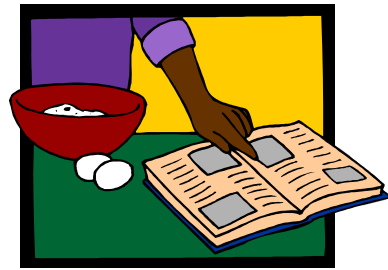


This is your opportunity to participate in workshops and seminars designed especially for 4-H volunteers and agents to create positive learning experiences for young people across the state. Annually, more than 350 conference participants gain skills and knowledge to help make the best better! Regular conference registration opens Friday afternoon with a Mardi Gras festival featuring educational curriculum exhibits, games and activities. Saturday features more than 45 workshop choices in 60 and 90 minute settings. From the electric project, great ideas for community club activities, leadership, teamwork, and lots of animal science sessions! Saturday evening, we'll celebrate all award winners with a wonderful banquet event, the event concludes on Sunday morning with a great cap note speaker and brunch.

Randolph County 4-H will offer **five free** scholarships to any parent or club leader wanting to register to attend. *Early bird Registration deadline is January 11.* Let Jody or I know if you would like to take advantage of this great weekend experience.

RANDOLPH COUNTY 4-H FOOD SHOW

Our 2013 4-H Food Show will be held on Saturday, March 9, at the Extension Office. Categories include: beverage, bread, dessert, main dish, snack and vegetable/salad. Age divisions: Cloverbud (ages 5-8), Junior (ages 9-13) and Senior (ages 14-18). **Use the enclosed registration form to register for this contest.**



Return all registration forms to Barb Dunn Swanson at our office or by email @ Barbara_swanson@ncsu.edu by Friday, March 1.

When preparing for this event, keep the following in mind:

- All recipes should be made from scratch and completely prepared at home and ready for show upon arrival.
- Individual portions will be served to the judges in containers (paper plates, cups, etc) which should be furnished by the participants.
- Appropriate table setting: serving dish, napkins, tablecloth, table decoration and utensils (all to be furnished by participant - but remember, keep it simple)
- 4" X 6" card with recipe, name, division to be displayed with food item.
- Judges will visit with each 4-H member about their recipe.

DISTRICT ACTIVITY DAY MARCH, 23

There are lots of changes to the 2013 calendar at 4-H. One of them being District Activity Day. This year we will share our educational presentations on Saturday, March 23 at NC A&T State University in Greensboro. – Deadline to let us know your topic for presentation is February 28. If you should need help organizing your thoughts and ideas, give Jody or Barb a call, we can assist. Our telephone number is 318-6000.

AREA III ENVIRONMENTHON CONTEST

An environmental problem solving program culminating in an annual competition in these areas: soils, aquatics, wildlife, forestry and current environmental issues.

Teams are youth from 5 - 8th grade or 9 - 12th grade.

This contest is sponsored by our local Soil and Water Conservation District and will be held on Monday, March 25 at Elon University. Registration for this contest is due February 22. Successful area winners will advance to the state contest in April. Cost to register is \$35 per team.

If you would like more information about getting a team together for this contest, *contact Jenny Parks at: 318-6490.*

CONGRATULATIONS RANDLEMAN OUTDOOR CLUB!

Congratulations to the Randleman Outdoor 4-H Club on their successful Dreaming Big Deer Hunt held on December 14. The hunt is similar to a make a wish event and was designed to assist wheelchair bound hunters with the opportunity to hunt! The event was co-sponsored by: Glenola Baptist Church WOM, Hope Baptist Church, and Randleman Key Club, and assisted by many other great volunteers.



4-H HORSE ROUND-UP CALENDAR FOR 2013



Here are the dates that have been set thus far for the NC District and the State:

February 1 - 3, 2013 - NC 4-H Volunteers Leaders Conference in Raleigh (horse program workshops will be offered this year, there will not be a separate 4-H horse volunteers clinic as there has been in the past)

February 9 - Youth Horse Judging and Horse Bowl Clinic in Raleigh

February 16 - NC District 4-H Horse Bowl Contest in Guilford Co.

March 2 - State 4-H Horse Bowl and Hippology Contests at A&T State University in Greensboro.

March 23 - NC District Activity Day in Guilford (presentations, public speaking)

March - April - State 4-H Horse Judging date TBD

April 20 - 21 - Holiday Classic Open Horse Show in Raleigh (fundraiser for NC District 4-H Horse program)

May 1 - State 4-H Horse Artistic expression entries postmarked

May 18 - 19 - NC District 4-H Horse Show in Raleigh

June 16 - 21 - NC 4-H Horsemanship Camp at Millstone 4-H Camp

June 22 - NC 4-H Presentations Contest in Raleigh (including horse presentations/public speaking, it will no longer be during the state 4-H horseshow)

July 10 -14 - State 4-H Horse Show in Raleigh

July 28 - August 3 - 4-H Southern Regionals in LA

November 1 - 3 - Eastern National Roundup in KY

November 15 - NC 4-H Horse Advisory Board meeting in Siler City

December 7 - 8 - Holiday Classic Open Horse Show in Raleigh (fundraiser for NC District 4-H Horse program)

2014 - Southern Regionals is scheduled to be in NC



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina University, North Carolina A&T State University, U.S. Department of Agriculture and local governments cooperating.