

# THE CLOVER CHRONICLE

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Cooperative Extension's  
Youth Development Program

## Message from Beth



Sarah Kenney, Alice Bordsen, and 4-H Agent, Beth Davis at 4-H Citizenship Focus in Raleigh

While at 4-H Citizenship Focus, the participants were asked to tell their 4-H story to support the numbers that prove 4-H is beneficial for young people. So, I thought I would share my 4-H story with you, since many of my memories come from my summers in 4-H. I'm going to give a very abbreviated version since 4-H has been a part of my life for as long as I can remember.

My 4-H story begins with my mom. As many of you know, my mom was the 4-H Agent in

Montgomery County for many years. My earliest memories of 4-H are tagging along with my mom to club meetings. Before I go any farther, let me just say that I don't have a great memory, so much of my 4-H experience is a blur!

My Cloverbud years seem to have flown by because I don't really remember much from that time. When I was 9 years old, it was time for me to start competing! Like many of you, I was so excited to no longer be a Cloverbud! I remember practicing my presentation on how to wash a dog (along with countless other presentations). My sister and I would take turns reciting our presentations while riding to the beach during the summer. Winning was never a big deal to me, but I remember when my sister gave her presentation at State Finals and didn't win. She was very upset, but my dad was there to comfort her and remind her that she had done her best. I think that experience helped her to make her best better. Several years later, she was elected

as the NC 4-H State President.

Some of my 4-H activities that have blurred together are camp, many years of Congress, club meetings, livestock shows, county fairs, teen retreats, livestock shows, National 4-H Congress, and more. One year at camp, I got so homesick. This may seem like something normal, but  $\frac{3}{4}$  of my family was there at camp! In addition, there was a boy that had a crush on me who dedicated "Ice, Ice Baby" to me in the camp talent show. How embarrassing! My favorite part of camp, though, was crabbing with chicken bones!

When I was 16, I submitted an application to be inducted into the NC 4-H Honor Club. This is the greatest achievement a NC 4-Her can achieve. Anyone that's filled out this application can tell you that it's a beast!

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### Newsletter Key

	=You can earn scholarship money for this
	=This event/activity has a fee
	=This is something you can put in your project book

## Summer Ice Cream Social

Thursday, August 9, 4-6pm @ Alamance County Cooperative Extension Auditorium



We hope everyone is having a great time in their 4-H Summer SHINE classes! If you would like to sign up for other classes or are wondering what's still open, please call Laurie at 570-6740.

At the conclusion of our Summer SHINE program, we would like to invite all who participated to our End of the Summer Ice Cream Social. This will be held on **Thursday, August 9 from 4-6 pm** at the Extension Office. Please call and RSVP with the number of people attending by **Monday, August 6** so we will have enough ice cream. We don't want to run out!

I would also like to encourage each of the 4-H Clubs to come set up a table with information on your club for our non-4-H participants to see. We've had a lot of people asking about how to join 4-H, and you guys are the best advocates!

We will have a power point slide show of pictures from all the summer activities, so you might get to see yourself! There will also be door prizes! We hope to see you there!

## Message from Beth (*continued from p. 1*)

These applications are due in January, and the induction is at Congress (in July), so I had to wait 6 months before I could find out if I got in! The night of the induction, I anxiously awaited my fate. I waited. I waited. I waited. Finally, someone tapped me on my shoulder and handed me a candle! Some of my mom's former 4-Hers were the ones to tap me into the Honor Club. Each inductee is given a candle and a purple sash. They are responsible for wearing their sash all week. At the orientation, each inductee is encouraged to write a thank you note to the person who has influenced your 4-H career the most along with a portion of their ribbon included. My decision was easy. I sent my ribbon and note to my mom.

In college, I continued my involvement with 4-H by working as an intern at the NC 4-H State Office. I helped with District Activity Day, Congress, and project record books. When you see all of North Carolina's project record books together in one place—WOW! You know 4-H is really impacting our youth when you see that! Once I graduated from NC State, I came home and volunteered for Montgomery and Stanly County 4-H. Soon after, I was hired as the 4-H Agent in Stanly County. As you can see, 4-H has ALWAYS been a part of my life in one way or another. And that's the short version!

## Updates

### WHEP



**The Alamance County Wheppers** gathered on May 5<sup>th</sup> for the annual W.H.E.P (Wildlife Habitat Evaluation Program) competition at Crowders Mountain State Park. In the W.H.E.P competition, there are four different areas of activities where the 4-Hers are judged. We had to identify animals and foods, choose a correct aerial photo for a specific animal, and choose between different wildlife management practices based on a real life situation.

On the senior team were Kari and Rachel Spencer, Nathan Troxler, and Sarah Kenney. Courtney Eckmann participated as an individual in the senior division. On the junior team were Emma Bailey, Elizabeth Kenney, Sierra Miller, and Nicholas Weideman. Zachary Weideman participated as an individual in the junior division. Between activities, we ate a packed lunch and had fun with friends. After the competition, the Wheppers explored Crowders Mountain State Park by taking hikes, fishing, and more! The Alamance County Junior and Senior teams placed third in the state. Congrats to everyone who participated and thanks to our leader, Martha Troxler!

by Sarah Kenney, Dogwood 4-H club

### 4-H Night at Burlington Royals Game

Alamance County 4-H was featured at the Burlington Royals Baseball Game on Friday, June 22 at their season opener. We had a great turnout of 4-Hers even with the rain before game time. Eva Fahringer of the Clover Buds & Belles, was selected to run the bases with Bingo, the Burlington Royals mascot. The Royals won their game in the last play of the final inning and the evening concluded with fireworks!





## Updates (continued)

### National 4-H Conference



On March 24, 2012, I embarked on the journey of a lifetime. Leaving from Raleigh on a van with five other 4-Hers from across the state, I traveled to Washington, D.C. to participate in the 2012 National 4-H Conference. An annual tradition since 1927, National 4-H Conference equips 4-H'ers from ages 15-19 with development in leadership and professional skills by learning more about our government on a national level.

During this six day trip, I was able to meet with Senator Kay Hagan and Congressman Howard Coble. The 4-H delegates from all across the United States and Puerto Rico, listened to members of the Obama administration speak on technology and agriculture. Among these noteworthy individuals were Second Lady Jill Biden and Secretary of Agriculture Tom Vilsack. During this trip, I was assigned to participate in a roundtable - a group of individuals who I would work with to create a presentation for a specific government department. My group created a presentation for AmeriCorps that focused on the increasing problem of unemployed youth in America. The skills that I gained from participating in 4-H Presentations at District Activity Day really paid off for this!

In addition to the roundtable discussions and speakers, I was able to go on a dinner river cruise on the Potomac River and play Frisbee on the capitol lawn. I would encourage anyone who is between the ages of 15-19 to apply for an opportunity to be a 4-H delegate to National 4-H Conference. If you are interested, you can complete the A.R.I.E. (Application Resume Interview Essay) process.

**by Daniel Osborne, Dogwood 4-H Club**



**Daniel Osborne (back row, far right) attended the National 4-H Conference in Washington, DC in March.**



**Left to Right: Courtney Eckmann, Elizabeth Kenney, Sarah Kenney, Kassidy Gerringer, Rebekah Anne Allen, CJ Sanchez, Alexandria Reagon, Sierra Miller, Meaghan Gerringer, Kelly Mae Allen, Not pictured Reade Allen**



### YOUth Can

A group of 4-Hers were inspired by a presentation at the 4-H Winterfest. The presentation was on YOUth Can. YOUth Can is a volunteer project created to collect canned foods for the hungry. YOUth Can was designed by Hosanna Gourley, a local 4-H member in Forsyth County. Inspired to do the same in Alamance County, Alexandria Reagon, Courtney Eckmann, Kassidy Gerringer, Meaghan Gerringer, and Sarah Kenney got together and planned to put YOUth Can into action in the spring. First, we had to decide on our name; The Hunger Busters! We gave a presentation and were able to recruit more members. The YOUth Can members hung the empty bags on the front porches of different houses. A week later we went back and picked up all the bags full of groceries. We counted everything and realized that we had collected 1,100 items of food. We had passed our goal of 1,000 items! A few days later, we took the food to Loaves and Fishes and you should have seen their faces. They were so surprised! Also, we plan on doing another YOUth Can food drive in the fall, so if you would like to help, contact Beth Davis. Thanks and remember, GO HUNGER BUSTERS!

**by Sarah Kenney, Dogwood 4-H Club**

# Congratulations!

We have a lot of 4-Hers to recognize for all their accomplishments recently! If you see one of these young people, please be sure and congratulate them!

## ◆ Scholarship Winners

These 3 teens received a 4-H College Scholarship. Scholarships are awarded based on academic performance as well as 4-H involvement.

**Cole Amoriello**—Robert N. Wood Scholarship (\$1,000)

**Michelle Cavalieri**—Robert N. Wood Scholarship (\$1,000)

**Sarah Osborne**—LR Harrill Scholarship (\$1,100)



## ◆ Project Record Book Winners

The following 4-Hers are being recognized for the Project Record Books at District Competition:

**Mycai Brooks**—Bronze in Animal Science (9-10)

**Allie Riddell**—Gold in Animal Science (16-18)

**Caroline Newlin**—Bronze in Citizenship & Civic Education (9-10); Gold in Science, Technology & Computers (9-10)

**Elizabeth Kenney**—Gold in Citizenship & Civic Education (11-12); Gold in Healthy Lifestyles (11-12)

**Alyssa Cavalieri**—Bronze in Communication Arts (9-10); Gold in Consumer & Family Science (9-10)

**Will Osborne**—Silver in Communication Arts (13-15)

**Sierra Conner**—Bronze in Consumer & Family Science (9-10)

**Kari Spencer**—Silver & Bronze in Consumer & Family Science (13-15)

**Faith Thompson**—Gold in Environment & Natural Resources (11-12)

**Jacob Bost**—Bronze in Environment & Natural Resources (11-12)

**Nathan Troxler**—Silver in Environment & Natural Resources (13-15)

**Haylee Borden**—Gold in Healthy Lifestyles (9-10); Silver in Personal Development & Leadership (9-10)

**Hunter Runnels**—Bronze in Personal Development & Leadership (11-12)

**Davis Jackson**—Silver in Plant Science (11-12)

**Rachel Spencer**—Silver in Plant Science (13-15)

## ◆ Cumulative Record Winners

We had 3 4-Hers that turned in cumulative records this past February:

**Elizabeth Kenney**—District Gold and State Silver in Personal Development (ages 13-15)

**Sarah Kenney**—District Silver and State Bronze in Personal Development (ages 13-15)

**Isaac Scarlett**—District Silver and State Bronze in Poultry Production and Preparation (ages 13-15)

## ◆ 4-H Shines

We had a great crowd at the talent show and fashion revue this year! We had 41 talented Alamance County 4-Hers who showcased their visual arts, performing arts, and their sewing skills in this year's 4-H Shines. Two acts were chosen to perform at District Activity Day and those 4-Hers were **Cassandra Sigmon** from the Southern Alamance Horse Club for her violin solo, and **Emily & Shelby Herry** from the Whitney Wonders 4-H Club for their skit. We can't wait to see what great talent is yet to come!

## ◆ District Activity Day

**Madison Sifford**—District Gold in Crop Production & Utilization (9-10)

**Zoe Steenwyk**—District Gold in Science & Technology (9-10)

**Davis Jackson**—District Gold in Beef Char-Grill (11-13)

**Elizabeth Jackson**—District Gold in Soil, Water, & Environment (9-10)

**Ethan Scarlett**—District Silver in Horticulture Production & Marketing (11-13)

**Alyssa Cavalieri**—District Gold in Fruit & Vegetable Use (11-13)

**Cassandra Sigmon**—Blue Ribbon talent winner

**Emily Herry**—Blue Ribbon talent winner

**Shelby Herry**—Blue Ribbon talent winner



Alamance County 4-Hers at District Activity Day in Granville County.

# Upcoming Events

## County Council Meeting

*Tuesday, September 11 at 6:30 pm*

Our next County Council Meeting will be **Tuesday, September 11 at 6:30 pm.** County Council Meetings are open to all 4-Hers, family members and friends. We need a club that is willing to provide refreshments & lead the pledges. The County Council Officers are planning a great program!



## National 4-H Week

*October 7-13*

This year, National 4-H Week is set for **Sunday, October 7 through Saturday, October 13.** If you have any ideas on how to celebrate this year, please let Beth know. Last year we did a 4-H Scavenger Hunt and it was a lot of fun!



## NC State Fair

*October 11-21*



Mark your calendars for the 2012 NC State Fair! The dates for the fair this year are **October 11-21** and the theme is "Bumper Crop of Fun." Youth and adults can enter items in the State Fair competitions. Be sure to check out the premium book for more information on what you can enter and what you can win! The website for the State Fair is [www.ncstatefair.org](http://www.ncstatefair.org). Entries for the state fair must be sent in advance by mid-September (specific date will be emailed). You can also purchase tickets for the fair in advance at a reduced price. Go ahead and schedule some time to check out the events at the fair!

## Fall Leader Meeting

*Monday, September 24 at 6:30 pm*

Our next Meeting will be **Monday, September 24 at 6:30 pm.** All club leaders are encouraged to attend this meeting. To be a chartered (official) 4-H Club, leaders must attend at least 2 trainings a year. We only have 2 meetings during the year, so please make an effort to be in attendance. If you can't come, a 4-H parent can come in your place. Dinner will be served, so please let us if you are coming by September 20.

## Youth Vote



Alamance County 4-H will be having a Youth Vote this fall. More details will be sent out in the coming weeks! Participating in this event would be great for your Citizenship section in your Project Record Book!



## Fall Plant Sale



There will be a Fall Plant Sale this year, however the details are not ready to send out. In the past we've sold the following trees/plants: apple trees, fig trees, pear trees, pecan trees, peach trees, Muscadine vines, and blackberry plants. If there's another items you would like to see added to the list, please let us know!

The money raised from this plant sale is what we use for your 4-H Scholarship money. We want to make sure we have plenty of money to give you, so please promote these fundraisers! This sale also helps raise money for events like Summer SHINE, Celebration Night, 4-H Shines, Nutrition Fair, etc.

More information will be emailed out once Summer SHINE classes are completed!



## Spotlight on Extension

4-H is just a part of Cooperative Extension. There are many other events and activities that go on in Extension. Listed below are a few that you might be interested in. Keep an eye on our website for more upcoming programs!

- **Cooperative Extension Office Closings:**

**Wednesday, July 4, 2012**—Independence Day

**Monday, September 3, 2012**—Labor Day

- **Horticulture and Gardening Classes:**

**Thursday, July 26**—Landscape Design, Michelle Wallace, Durham County Agent, 10 am

**Saturday, July 28—Weekend Warriors**—Fall Vegetable Gardening, Mark Danieleley, 9 am

**Wednesday, August 22**—Bonsai, Debra Edwards, 10 am; workshop at 1 pm (there is a fee of \$40 for the 1 pm workshop).

**Saturday, August 25—Weekend**

**Warriors**—Fall (Cool Season) Lawn Care, Mark Danieleley, 9 am

**Saturday, September 29—Weekend**

**Warriors**—Planting Shrubs & Trees, Mark Danieleley, 9 am



### Alamance County 4-H

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**JOIN THE REVOLUTION OF RESPONSIBILITY**  
Cooperative Extension's Youth Development Program

## Here's a sneak peak at some of our Summer SHINE Classes!



Feeding a calf during  
"Ag in Action"

Stopping at the geyser for a  
picture at "Zoo Snooze"



## Calendar of Upcoming 4-H Events

The 2012 Alamance County 4-H Calendar is posted on our website, but here are a few upcoming events to put on your calendar.

- **October 7-13:** National 4-H Week
- **October 11-21:** NC State Fair
- **TBA:** Fall Plant Sale
- **November 1:** County Council Office Nominations DUE!
- **November 3-4:** State Council Conference, Raleigh
- **November 6:** County Council @ 6:30 pm
- **TBA:** Youth Vote
- **TBA:** Wreath Sale
- **December 8:** Cards & Cookies