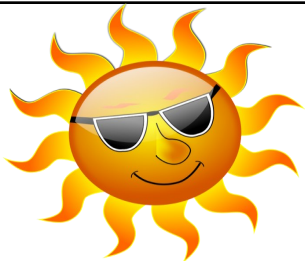


Alleghany 4-H Summer Fun 2016



Summertime is almost here and we are excited about the fun activities we have planned for you. We hope you will join us for our events. For each activity listed in this newsletter, you will see the ages that apply. You do not have to be a current 4-Her to participate.

You MUST either come to the Extension Office or use the online form to register for each activity & it is strongly suggested that you sign up early, as there are a limited number of spaces available. If there is a fee, payment is due at the time of registration to secure your child's space. There is also a one-time registration fee of \$10, which includes a t-shirt.

Parents must complete needed paperwork at registration, including a medical release, code of conduct, and media release. Program agendas are subject to change, at the discretion of the 4-H Agent.

Hope you will join the fun!



Amy Lucas

Amy Lucas
Extension Agent
4-H Youth Development

TEEN MOVIE NIGHT

June 3 ~ 6 pm - 11 pm
Ages: 13-19
Cost: \$5 ~ Limit: 10

We will be traveling to the Wilkes Cooperative Extension Office for an exciting night of pizza, popcorn and a movie. We will also get to mingle with some great 4-Hers from other counties.

Deadline to register is June 1.



**4-H: Come. See.
EXPRESS**



CLOVERBUD MOVIE NIGHT

June 10 ~ 4 pm—9:30 pm
Ages: 5-12
Cost: \$5 ~ Limit 10

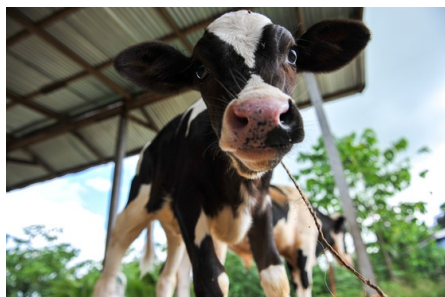
We'll be heading down to the Wilkes Extension Office for an awesome night of pizza, popcorn and a fantastic movie!! A great way to start your summer and meet some new 4-Hers. Deadline to register is June 8.



Livestock Events

Lamb Day Camp & Show

June 7 ~ 10 am
Show starts @ 6 pm
Alleghany Fairgrounds
Ages: 5+ ~ Limit: 12
Cost \$10 (includes lunch and dinner)



Dairy Calf Day Camp & Show

June 14 ~ 10 am
Show starts @ 6 pm
Alleghany Fairgrounds
Ages 5+ ~ Limit: 12
Cost \$10 (includes lunch and dinner)

Learn how to care for and show your animals. Perfect for "first timers". Don't have a lamb or calf?? No problem. We have animals you can use. You must contact the office to reserve your spot. Registration form can be found online on the 4-H Blog & Facebook Page.

EMERALD POINTE

June 21st ~ 8:30 am—5 pm

Ages: 8+

Cost: \$35 ~ Limit: 10

Registration Deadline: June 6

Join us for a wet 'n wild day of fun in the sun! That morning we will begin with a short workshop on water and sun safety. Then, we will spend the rest of the day enjoying the water park. Transportation, lunch and your ticket into the amusement park, will be provided. You will need to bring money for any additional drinks/snacks you may want while in the park and for any souvenirs you may wish to purchase. We will meet at the County Office Building Parking Lot (90 South Main Street). Please be sure to bring your bathing suit and a change of clothes, as well as, a towel and sunscreen.



U.S. National Whitewater Center

June 15th ~ 8 am—7 pm

Ages: 12+

Cost: \$65 ~

(Scholarships may be available)

Limit 5

Registration Deadline: June 1

Come with us as we make our way to Charlotte, NC for a day of outdoor adventure. You will have unlimited access to the following: Whitewater Rafting, Canyon Crossing, Climbing, MegaZip, Mega Jump, Mountain Biking, Adventure Course, Climb 2 Zip, Flatwater Kayaking, Whitewater Kayaking, Stand-Up Paddle Boarding and Eco Trekking. This will be the most thrilling trip of the summer so don't miss out!! Snacks will be provided.

You will need to bring money for lunch. We will meet at the County Office Building Parking Lot.

You must have a signed waiver if you plan to Whitewater Raft. Waiver can be found on the facebook page and blog.



Peter & the Starcatcher

June 23rd ~ 10:30 am—7 pm

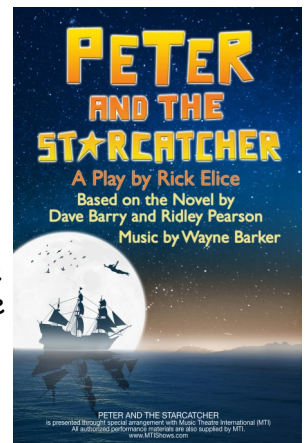
Ages: 8+

Cost: \$20 ~ Limit: 10

Bring \$10 for dinner

Deadline to register: June 1

Come join us on a magical journey to Barter Theatre in Abingdon, Virginia. Using the power of music and storytelling, this play chronicles the adventures of an orphan soon to be called Peter Pan, and Molly, a girl charged to protect a parcel of stardust from falling into the wrong hands. Join us for the most hilarious-filled evening of madcap fun! In this five-time Tony Award winning play, a dozen brilliant actors play more than 100 unforgettable characters using their enormous talent, ingenious stagecraft and the limitless possibilities of imagination. We will be leaving the County Office Building at 10:30. Snack and lunch will be provided. Bring \$10 for a quick dinner on the way home.



Outdoor Survival 101

June 24th ~ 9:30 am - 12 pm

Ages: 10+

Cost: \$10 ~ Limit: 12

Lions Club Pavilion

Registration Deadline: June 17th

Ever wonder what you would do if you were faced with being lost or stranded in the wilderness? Come learn the basics and how to "really" survive. We will have a guest instructor who is ex-military and can provide you with all you need to know. Basic first aid, how to read a compass, how to find shelter and more



INTRODUCTION TO WHEP "WILDLIFE HABITAT EDUCATION PROGRAM"

June 24

Ages: 8+ ~ 1 pm-4 pm

Cost: \$5 ~ Limit: 12

Lions Club Pavilion

Registration Deadline: June 17

Enjoy wildlife, being outdoors and learning new things? Come learn about the WHEP "Wildlife Habitat Education Program" from an expert. WHEP is a hands-on natural resource program that teaches wildlife and fisheries management to youth. Youth participate on a team and can travel to state and national competitions.



Take the Bait

June 27 ~ 9 am - 12 pm

Ages 8+

Cost \$5

Registration Deadline: June 22

We will travel to a local fishing pond and spend the morning fishing. Try your luck casting and see if you can catch the "big one"! We will meet at the County Office Building Parking Lot (90 South Main Street). Poles, bait and snack will be provided.



Teen Health Camp



June 28th & June 29th

9:00 a.m. - 3:00 p.m.

12-18 years-old

Cost: \$20 ~ Limit: 6

Registration Deadline: June 22

Join several surrounding counties (Surry, Wilkes, and Yadkin) for a health adventure! Participants will enjoy hiking at Pilot Mountain State Park on the first day with hands on activities learning about how to best take care of our bodies. The second day we will be in Yadkin County kayaking and paddle boating with a health focused workshop.

Bring a bag lunch and drink on the 28th!! Lunch will be provided on the 29th.



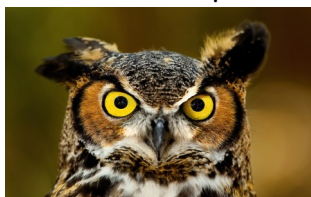
Lazy 5 Ranch / Raptor Center

July 5
8:00 a.m. - 5:00 p.m.
Ages 8+
Cost: \$25 ~ Limit: 12
Registration Deadline: June 29
Bring a bag lunch and drink

We will leave at 8 am and make our way to Lazy 5 Ranch where we will see hundreds of animals from 6 continents. You may even get to feed a giraffe!!!



Have you ever wondered what the smallest or largest raptor is or how owls can hear so well? After a picnic lunch we will load up and make our way to the Carolina Raptor Center where we will learn about the many birds of prey. Be prepared to explore the world of hawks, owls, falcons and eagles.



ZOO SNOOZE

Things with Wings

July 7-8
Ages: 8-12
Cost: \$35 ~ Limit: 4
Registration Deadline July 1st

We will travel to the NC Zoo for an overnight adventure where we will learn all about "Things with Wings". Soar into the night learning about why animals have wings! You will be surprised what you learn. From flight to camouflage to communication, learn the many ways these critters use their wings. Through games, activities and meeting some live winged creatures, you will get an idea what it is like to live in their world. After you leave, continue your experience by attracting native birds to your backyard with a bird feeder you build.

We will leave the County Office building at 4 pm on July 7 and return at 5 pm on July 8th. On July 8 we will have a day in the park. A packing list will be provided. Please bring \$10 for dinner on the 7th, as well as money for additional snacks and/or souvenirs you may want. **Preference will be given to youth who have not participated previously**



Animal Planet

July 6
10 am-2 pm
Ages: 5-8 ~ Limit: 10
Cost: \$5

Lions Club Pavilion

Bring a bag lunch and drink

Come explore the world of animals. Learn about animal care and safety and how to show an animal if you choose. We will also be learning about animals from all over the world from the sea to the Sahara through songs, crafts, stories and more.

Registration Deadline: June 29th



WIRED

July 11 ~ 10 am-3 pm
Ages: 8-15 Limit: 12
Cost: \$15

County Office Building
2nd floor conference room
(Bring a bag lunch & drink)

Do you like learning about electricity and what makes things work? Then don't miss out on this exciting class to design your own electric project. You will learn how to create a circuit, how electricity works and make a solar car to take home.

Registration Deadline:
June 30th



FUR, FISH & GAME



Beginning Camp - July 17-22, 2016

Advanced Camp - July 24-29, 2016

Ages 11-16 ~ Fee: \$420 (scholarships may be available)

Beginning Fur, Fish, & Game

This is the premier summer camp experience for youth interested in the out of doors, wildlife, hunting, and fishing. Campers will have the opportunity to work with outstanding instructors from NC State University, the North Carolina Wildlife Resources Commission, and the North Carolina Forest Service. Classes include canoeing, riflery, archery, reptile study, snake ID, taxidermy, fishing, orienteering, and much more. Campers will also participate in the North Carolina Hunter Safety course and earn their hunter safety certification.

Advanced Fur, Fish, & Game

This action-packed camp is for youth that have successfully completed the Beginning Fur, Fish, & Game Camp or have already obtained their Hunter Safety Certification. Campers will learn more in-depth and detailed information about prescribed burning, wildlife surveying, fish and wildlife population dynamics, dendrology, animal damage control, and endangered species management.

NC 4-H CONGRESS



July 15 - July 19

Ages: 13 -18 ~ Limit: 5

**Cost: \$300 ~ includes housing
and most meals
(scholarships may be available)**

North Carolina 4-H brings young people from across the state to the NCSU Campus for four days of activities, competition and friends. This year, the event will be held in Raleigh, NC.

Youth will attend state presentation competition, a variety of leadership workshops, dances, meet 4-Hers from across the state and participate in the election of incoming state officers.

Registration Deadline: June 20th

Linville Caverns & Linville Falls

July 29 ~ 8 am—5 pm

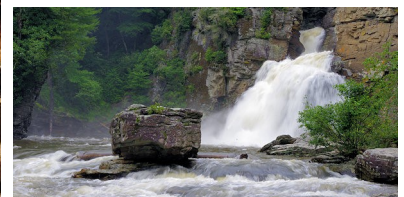
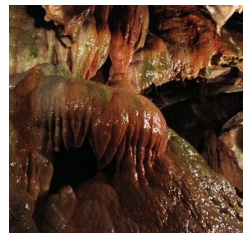
Ages: 8+

Cost: \$15 ~Limit 10

**Bring a bag lunch & drink
Snacks Provided**

Join us as we tour the inside of the mountain to view spectacular limestone formations and learn about the history of the Blue Ridge Mountains. You never know what we might see after a picnic lunch we will enjoy an afternoon of hiking and breathtaking views of Linville Falls. We will leave from the County Office Building Parking Lot. **Bring sunscreen & a water bottle.**

Registration Deadline: July 22nd



Environmental Stewardship Day

July 27th ~ 8 am—4 pm

Ages: 10+

Cost: \$5 ~ Limit: 12

Wilkes County

Registration Deadline: June 15th

Pack a bag lunch and drink!!



Do you want to make the earth a better place to live? It's all about the environment in this workshop (gain knowledge about plants, animals, habitats, environmental issues, saving

energy, renewable resources and recycling).

Learn how to make a difference with interactive, hands on lessons and make crafts out of recycled materials!



READING MAKES CENTS

August 15

Ages: 5-8 ~ Limit: 15

9am—3pm ~ Cost: \$5

County Office Building

Bring a bag lunch & drink

Learn about money through stories.

This hands-on class will involve money games and activities, crafts, and snacks.

Registration Deadline: August 8th



Chef & Child

August 9-11

9:30 am - 12 pm each day

Ages: 8-12

Cost: FREE ~ Limit: 12



Do you like to cook or want to learn how? Come out and join us & a professional chef for a 3 day series where you will learn about nutrition, safety and food preparation. Each day you will cook & eat a variety of recipes. We will meet at the AHS Family & Consumer Education Classroom. **Preference will be given to youth who have not participated previously**

Registration Deadline: August 2nd

Betsy-Jeff Penn 4-H Camp



July 31—August 5
Ages: 8-14
Leader In Training (LIT)
ages 15-17

Cost: \$420 (scholarships are available)
Deposit of \$50 will reserve your spot.

Join us for a week of traditional 4-H overnight camping. You will have an opportunity to participate in high ropes course, horseback riding, archery, arts and crafts, canoeing, swimming and much, much more. This is an opportunity you do not want to miss out on. Opportunities for Leaders in Training for ages 15 and up. The cost of camp is \$420 and a deposit of \$50 is required. For more information contact the office. A letter with details will be sent to all participants once registered.

Registration Deadline: July 15th

Sew Much Fun

August 10 & 11 ~ 1 pm - 4 pm

Ages: 10-18

Cost \$10

AHS Sewing Room

Limit 10

Want to learn how to sew on a button, fix a tear in your clothes or even make your own clothes? Come learn how to do that and much more.

You will learn how to use a sewing machine and you will complete a sewing project that you will get to take home each day. Don't miss out on this valuable skill that will last a lifetime.



Registration Deadline: August 3rd

KAYAK THE NEW

August 16

Ages: 13 -18 ~ Limit: 10

10 am—3 pm

Cost: \$25

Deadline to Register: August 1

Come paddle along with us down the 2nd oldest river in the world, the majestic New River, on a 4 mile journey. Bring a bag lunch & drink, water bottle, sunscreen & a towel.



Blue Ridge Parkway Exploration

August 18 ~ 8:30 am—4:30 pm

Ages 7—18

Cost \$5 ~ Bring a bag lunch & drink

Deadline to Register: August 12

Join us for an exciting day with Ranger Jackie as we explore an 1800's cabin and hike around one of the most beautiful places in Alleghany County. We'll find out what it was like to live during that time including what you ate, what school was like, what you did for fun, and what you did when you were sick.

Bring your hiking shoes and water bottles for a full day of nature and exploration. We'll hike out to wildcat rock and look down into Basin Cove. Who knows what we might see so don't miss out on the great adventure.



Please Remember....

- ☒ You must either come in person or use the online form to register for ANY and ALL events. All forms must be completed upon registration.
- ☒ It is strongly suggested that you sign up early, as each activity has a limited number of spaces.
- ☒ If there is a fee, payment is due at time of registration, which includes a one-time registration fee of \$10, which includes a t-shirt.
- ☒ For payment, we gladly accept Cash, Checks, Debit/Credit Cards and we now offer the option of using PayPal online.

We may add additional activities...
Be sure to check the blog
and facebook pages often!

alleghany4h.blogspot.com



www.facebook.com/Alleghany.4H



Twitter: @Alleghany_4H





Allegheny 4-H Summer Fun 2016



Registration Form

**REGISTRATION FORM, FEES, ENROLLMENT FORM AND NOTORIZED
MEDICAL RELEASE MUST BE SUBMITTED AT TIME OF REGISTRATION**

Participant's Name: _____

Age: _____ D.O.B. _____ Grade: _____

Address: _____

City/State/Zip: _____

Parent/Guardian: _____

Daytime Phone: _____

Home Phone: _____

Emergency Phone (name and number): _____

Parent/Guardian Cell Phone: _____

Parent/Guardian E-mail: _____



<input type="checkbox"/>	Teen Movie Night / Ages 13-18	\$5
<input type="checkbox"/>	Cloverbud Movie Night / Ages 5-12	\$5
<input type="checkbox"/>	Lamb Camp / Ages 5+	\$10
<input type="checkbox"/>	Dairy Camp / Ages 5+	\$10
<input type="checkbox"/>	Emerald Pointe / Ages 8+	\$35
<input type="checkbox"/>	Whitewater Center / Ages 12+	\$65
<input type="checkbox"/>	Peter & the Starcatcher / Ages 8+	\$20
<input type="checkbox"/>	Outdoor Survival 101 / Ages 10+	\$10
<input type="checkbox"/>	Introduction to WHEP / Ages 8+	\$5
<input type="checkbox"/>	Take the Bait / Age 8+	\$5
<input type="checkbox"/>	Health Camp / Ages 12+	\$20
<input type="checkbox"/>	Lazy 5 /Raptor Center / Ages 8+	\$25
<input type="checkbox"/>	Animal Planet / Ages 5-8	\$5
<input type="checkbox"/>	Wired / Ages 8-15	\$15
<input type="checkbox"/>	Environmental Stewardship / Ages 10+	\$5
<input type="checkbox"/>	Fur, Fish & Game / Ages 11-16	\$420
<input type="checkbox"/>	NC 4-H Congress / Ages 13-18	\$300
<input type="checkbox"/>	Linville Caverns/ Linville Falls / Ages 8+	\$15
<input type="checkbox"/>	Zoo Snooze / Ages 8-12	\$35
<input type="checkbox"/>	Reading Makes Cents / Ages 5-8	\$5
<input type="checkbox"/>	Chef & Child / Ages 8-12	FREE
<input type="checkbox"/>	Betsy-Jeff Penn 4-H Camp / Ages 8-17	\$420
<input type="checkbox"/>	Sew Much Fun / Ages 10+	\$10
<input type="checkbox"/>	Kayak the New / Ages 13+	\$25
<input type="checkbox"/>	Blue Ridge Parkway / Ages 8+	\$5

T-Shirt	
Please check size (no numbers please)	
Youth Small	
Youth Medium	
Youth Large	
Adult Small	
Adult Medium	
Adult Large	
Adult XL	



REGISTRATION TOTAL	
Registration Fee	\$ 10.00
Activity Total	\$
GRAND TOTAL	\$

Make checks payable to: Alleghany 4-H
Debit & Credit Cards accepted in person or over the phone.
PayPal accepted online.