



# STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS OUTBOUND PROGRAM – REFERENCE FORM

PRINT IN DARK INK OR TYPE

Applicant's Name: \_\_\_\_\_ State: \_\_\_\_\_

The individual above has applied to participate in a foreign exchange program. Selected participants will spend several weeks to a year living and working in an unfamiliar culture. Your thoughtful evaluation of the applicant's ability to assume this role will be appreciated.

***Thank you for providing this reference.  
All information is confidential.***

Interpersonal Relations: As you observe this applicant in relation to other people, is he/she usually:  
(specify "Yes" or "No" and/or comments, please)

Cooperative	[ ] Yes	[ ] No	Comments: _____
Looked to for guidance	[ ] Yes	[ ] No	_____
Resentful	[ ] Yes	[ ] No	_____
Outgoing	[ ] Yes	[ ] No	_____
Sensitive towards others	[ ] Yes	[ ] No	_____

How does this applicant react to:

Physical Discomfort: \_\_\_\_\_

Stress/Pressure: \_\_\_\_\_

Sudden changes in schedule: \_\_\_\_\_

Awkward and embarrassing situations: \_\_\_\_\_

In comparison with persons you have known, how would you rate the applicant in the following areas:

	<u>Below Average</u>	<u>Average</u>	<u>Above Average</u>	<u>Top 10%</u>
Emotional Maturity	[ ]	[ ]	[ ]	[ ]
Leadership	[ ]	[ ]	[ ]	[ ]
Enthusiasm/Energy	[ ]	[ ]	[ ]	[ ]
Self-Confidence	[ ]	[ ]	[ ]	[ ]
Sense of Humor	[ ]	[ ]	[ ]	[ ]
Handling Emergencies	[ ]	[ ]	[ ]	[ ]
Self-Starter	[ ]	[ ]	[ ]	[ ]
Flexible	[ ]	[ ]	[ ]	[ ]

Do you recommend this applicant for participation?

YES

NO

Additional Comments (Use back of this page if necessary) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Title: \_\_\_\_\_ Telephone: ( ) \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Please Return to:**

Carolyn Langley  
State 4-H International Exchange Coordinator  
County Extension Director, Randolph County  
2222-A South Fayetteville  
Asheboro, NC 27205

**Deadline to receive is January 30, 2008**

**FAX:** 336-318-6011

**PHONE:** 336-318-6000

**EMAIL:** Carolyn\_Langley@ncsu.edu