

Brunswick County 4-H & Brunswick County 4-H Teen Council Snaps, Tweets, and Happenings



BJP Summer Camp!

Campers and Micah Gore, 4-H Agent, had a blast at Betsy Jeff Penn this summer. In addition to the excitement of a slight tornado and losing power for a day the kids were involved in other exciting activities such as horseback riding, canoeing, archery, climbing, swimming, arts & crafts, cookouts, campfires, nature exploration, teambuilding, high ropes, rock climbing, river canoeing and much more. Brunswick County campers included: Zoe Clarke, Eilla Kirby, Mason and Kaleb Bowling, Robbie Hampton, Kaitlin Jones, Christopher Nickerson, MacKenzie Snyder, Bobbi Jane Lawrence and Zoe Rowland. Also attending as Counselors in training were CJ Schaffler and Jillian Bowling.

Everyone made it home safely after a wonderful trip despite a small fence almost being taken out once back at the Cooperative Extension Building.

It was the best BJP trip ever. Everyone will truly cherish these memories for years to come.

County, District, State



Southern Regional 4-H Horse Championship

Brunswick County 4-H teen, Rebekah Taylor, wins the honor to attend and compete at the Southern Regional 4-H Horse Championships. This year's Southern Regionals, held in Perry, GA on July 27-31, attracted more than 700 4-Hers from 13 different states. These youth competed in a variety of equine based educational contests as well as a multi-event horse show.



Rebekah Taylor, 17 daughter of Walter and Agnes Taylor of Southport, was selected to represent North Carolina at this event by qualifying at the State 4-H Educational Contest on July 16th in Raleigh, NC. Taylor is a Super Senior at Brunswick County Early College High School and a member and Teen Leader of Bits and Boots Horse and Livestock Club. She has been active in the 4-H program for 6 years.

Over 63 counties were represented during this event. The event is sponsored and supported by the North Carolina Association of County Commissioners.

To be eligible to attend the NCAAC sponsored conference, youth ages 13-18, were asked to either interview one of their county commissioners, or visit with their county manager and tour the county administrative building; and attend a Board of Commissioners meeting.



Alexis Apple represented Brunswick County at the seventh annual North Carolina Association of County Commissioners (NCACC) Youth Summit, which was held in Winston Salem, North Carolina August 12-13, 2016. North Carolina 4-H and the North Carolina Cooperative Extension Service partnered for the seventh year with the NCACC on a multi-year initiative to increase youth involvement in county government. This initiative aims to overcome the mindset that many youth are disengaged and lack trust in government.

TILT

Summer Youth Development Programs



Brunswick County 4-H Teens in Leadership Training (TiLT) youth volunteers have been working hours during their free time to plan, prepare, and execute learning experiences for Brunswick County youth for six years! This year youth volunteers focused on preparing two hour summer educational programs for Communities in Schools/Parks and Recreation field trips to the Cooperative Extension for youth ages 5- 12; in addition they worked with Morgan McKnight, Family and Consumer Science Agent to learn the Speedway to Healthy lessons, so they could teach a week during the summer.

& Regional Happenings



4-H TiLT youth volunteers, also referred to as TRY-it youth at the 4-H State Level, reached over 125 youth ages 5-12 and approximately 50 adults and youth older than 12. In June, nine 4-H TiLT youth volunteers taught an Enviro-tour, where youth learned about erosion, Blue-

Crabs, made seed-bombs, experienced the Enviroscope model, and participated in a nature-hunt in the Brunswick County Cooperative Extension Botanical Gardens.

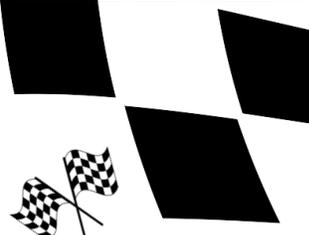


In July, field trip campers were taught Health Rocks, Less Stress, by eight TiLT youth volunteers. Health Rocks is a healthy lifestyle choices program, sponsored by National 4-H

Council. Youth are taught hands-on lessons in decision-making, self-efficacy, critical thinking, and stress management; to aid them in avoiding unhealthy choices such as using drugs, alcohol, or tobacco. Brunswick County Parks and Recreation/Communities in schools campers, learned what causes stress, how to determine if you are stressed, then learned ways to prevent, and manage stress; which included lessons in yoga and healthy eating.



Later in July, eleven 4-H TiLT youth volunteers, taught Speedway to Healthy; which is a 1200 square foot body-walk exhibit, designed to teach children how the food they eat effects their bodies. Children explore 11 pit stops providing interactive learning on nutrition and health.

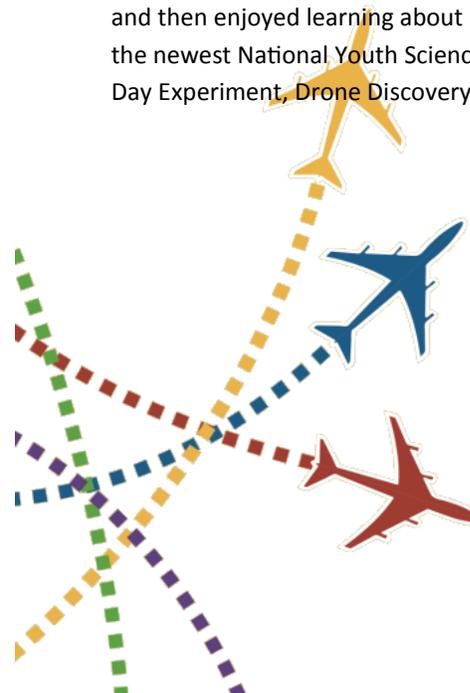
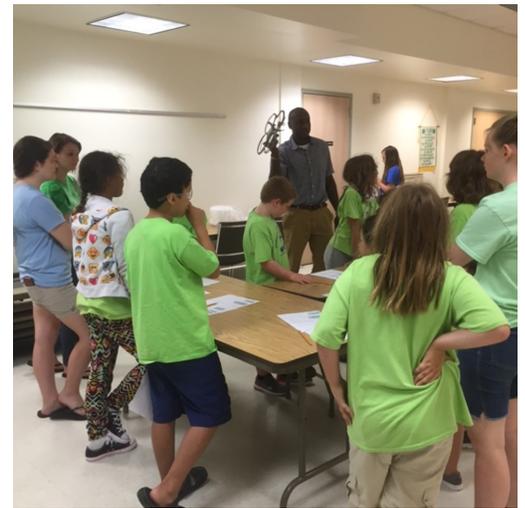


more.....TILT

Summer Youth Development Programs

Bolivia Elementary School opened their gym for this exhibit and 4-H TiLT youth volunteers, helped construct on Monday and then taught to the public July 26th-28th.

In August, TiLT youth volunteers taught STEM using past and current 4-H National Youth Science Day Experiments. Campers from the local Parks and Recreation/CIS group made and launched rockets, made and operated small robots, and then enjoyed learning about the newest National Youth Science Day Experiment, Drone Discovery.



NATIONAL 4-H WEEK

October 2-8, 2016

Celebrate the impact 4-H youth are making in their lives and their communities during National 4-H Week. 4-H is the nation's largest youth organization; we empower more than six million young people across the U.S. National 4-H Week is October 2 - 8, 2016 Part of National 4-H week includes National Youth Science Day engineering challenge, Drone Discovery, engages youth with fun and educational activities related to aerospace, flight, and unmanned vehicles. Several schools in Brunswick County will be participating in these experiments!

Watch the calendar for other events or celebrations in Brunswick County during National 4-H Week!

4-H CONGRESS 2016

4-H'ers received honors during the recent State 4-H Congress. This year's 4-H Congress, held in Raleigh July 16-19, attracted more than 540 young people and their adult leaders for activities including presentations on a variety of subjects, leadership and citizenship training, service opportunities, officer elections and more. Congress started on July 16th with competitions, six youth from Brunswick County 4-H competed in State Level presentations, contests designed to test 4-H'ers' knowledge of a variety of subjects. Jillian Bowling won bronze in the 14 to 18-year-old division of the citizenship and community service competition. Lena Devlin won Gold in the 14-18 year old division of the Poultry Production and Preparation, sponsored by NC Granite Corp. and NC State Mutual Hatchery Assoc. Rebekah Taylor won silver in the 14-18 year old division of the Horse Public Speaking contest, which also earned her the privilege of a position on the State 4-H Horse Communication Team that competed July 28th at the Southern Regional 4-H Horse Championships in Perry, [Georgia](#). Other youth that had the privilege to compete at the State level, included Kaitlin Jones, Bobbi Jane Lawrence, and Caitlin Sherman.

Youth representing Brunswick County 4-H at Congress for the week included; Alexis and Amelia Apple, Lena Devlin, and Caitlin Sherman.



The evening of July 16th, Alexis Apple, 18, daughter of Donald and Trisha Apple of Ash, was inducted into the 4-H Honor Club, one of the highest honors a 4-H'er can achieve. New Honor Club members were tapped during a candlelight ceremony that evening.

Membership in the Honor Club is based on service to the 4-H program, leadership, moral standards, 4-H activities and project achievement. Less than one-half of 1 percent of North Carolina 4-H'ers are selected for membership each year. Members must be at least 16 years old and have a minimum of three years 4-H experience. Apple is Graduating Senior from Moroni Academy and a member of 4-H Teen Council and Teens in Leadership Training youth volunteer program. She has been active in the 4-H program for 9 years.

On July 17th youth took part in Leadership workshops, learning how to manage stress, advocate for themselves, and how to take care of your health. During the Alexis Apple and the Brunswick County 4-H delegates ran a campaign booth to inform youth on the qualifications Apple had to run for State 4-H Reporter.



On July 18th 4-H delegates participated in the annual service project, this year NC 4-H partnered with Feeding Children Everywhere and helped package food to feed 800,040 hungry children in NC.

The 4-H program is the youth education program of North Carolina Cooperative Extension, based at North Carolina State and North Carolina A&T State universities. More than 239,000 young people between the ages of 5 and 19 participate in North Carolina 4-H activities each year with the help of 21,700 adult and youth volunteers.





4-H Family,

It is with bitter sweet news that I announce my resignation from my position as the Brunswick County 4-H Youth Development Agent. My last day of employment will be August 31, 2016.

I received an offer to serve as an Educational Liaison for a national educational company; Origo Education. After careful consideration, I realize that this opportunity is one in which I choose not to decline.

It has been a pleasure working with my 4-H team, the Brunswick County NC Cooperative Extension, and North Carolina State University. The office staff here is phenomenal and I've enjoyed each and every day of my employment.

While working as a 4-H Youth Development Agent I am proud to say that during my brief tenure I was able to work with my team successfully influencing many youth in Brunswick County through 4-H club activities and through school enrichments. I've truly enjoyed each and every day at work. There were many memorable moments which include events such as the "Chicken Show", District Activity Day, TiLT Retreat, Citizenship focus, and BJP.

The Cooperative Extension is poised for continued growth and I wish this service much success in the future.

Sincerely,

Micah Gore



Come Make Memories! State Council Conference 2016



WHO: Teen Council (*and a friend*) Teens in TiLT, 4-H Clubs

WHEN : November 19 and 20th

WHERE: North Raleigh Hilton, Raleigh

Leadership and skill building workshops will relate to the NEW State Council theme, Give, Lead, Inspire! There will be district council and state council board meetings, 4-H Spirit Stick competition and a dance!

Call or email angie_lawrence@ncsu.edu; 910-253-2610

Registration \$75; DUE by October 1st; Includes hotel, dinner, breakfast, and workshops

**Give!
Lead!
Inspire!**



Brunswick County 4-H Sewing Fall 2016

We are In Stitches, a 4-H Spin (Special Interest) club. Youth do not need to participate in all meetings but can sign up as space allows on a month by month basis. In Stitches meets on the second and fourth Mondays of the month from 4 – 6 PM in the 4-H training center.

September: Shake hands with a sewing machine



On September 12 and September 26, you will learn the names of the parts of a sewing machine and how a machine works. You will also learn how to thread the machine and fill a bobbin. You'll learn about sewing tools and how to use them safely. The project this month will be a simple drawstring bag. Experienced sewists are invited to review basic vocabulary and help beginners learn how to use a machine.



October: Patchwork Pillow

On October 10 and October 24, you will learn to use the rotary cutter to make squares that are



then sewn together at the machine. You will learn about coordinating and contrasting fabrics as you choose your fabrics for this patchwork project. This is a good beginner project.

November: Thanksgiving!

On November 14 and November 28, you will make an apron to wear as you help prepare your family's Thanksgiving feast. Or maybe you'll want to give an apron as a gift. This month, you'll learn about using a pattern and how to make casings and a pocket. This project requires some sewing experience. If you have been to the sewing workshops in September and October or have previous sewing experience, you'll be set.

December: Preparing for the holidays

On December 12, sewists will have the choice of making hand stitched felt ornaments or a flannel pillowcase. You'll like having special ornaments for your tree—or a snuggly soft pillowcase for sweet holiday dreams. (Beginning sewists are welcome to attend this workshop.)





Time	Event	Location
8:30 am	Check-in for all animals	Gravel lot
9:30 am	Opening Ceremony	Training Room
10:00 am 12:00 pm	Large and Small Animal Show	Gravel Lot
10:00 am 12:00 pm	Cooperative Extension Demonstration Booth	Gravel Lot Training Room
10:00 am 12:00 pm	Exhibits on Display	Training Room
12:00	Parade of Clubs & Special Awards	Training Room

NC AWWA-WEA PUBLIC EDUCATION COMMITTEE PRESENTS:

8TH ANNUAL RALEIGH

MODEL WATER TOWER COMPETITION

WHEN: SATURDAY, NOVEMBER 5TH, 2016

WHERE: EM JOHNSON WATER TREATMENT PLANT, RALEIGH

WHO: ELEMENTARY AND MIDDLE SCHOOL STUDENTS

FOR MORE INFO, CONTACT MAGGIE PIERCE

(MPIERCE@HAZENANDSAWYER.COM)

<https://goo.gl/forms/Or9ju2eE9mQn9uRo2>



TRADITIONAL SCHOOL TILT YOUTH VOLUNTEER TRAINING AND PLANNING DATES

1st Monday of each month starting
October 3, 2016, 4-5:30

LOOKING at starting a group @ SBHS!

NEW BECHS and Home School

TiLT training dates

October 14th NEWBIE

ORIENTATION 9 am—5 pm

Meet second Friday of the month, during the
school year for planning and training, starting
January 2017.



Also, MANDATORY TiLT youth volunteer Retreat
takes place at Fort Caswell at the North Carolina
Baptist Assembly each year. DATE TBA

A \$75.00 non-refundable fee secures your spot!
DUE by January 13th.



clover Kids 4-H Brunswick County



New 4-H Club forming with interests in Livestock, Agriculture, Cooking and Baking. Meeting the second and fourth Thursday of each month beginning August 11th, 2016 at the Brunswick County Cooperative Extension office in the County Complex (Building "N"),

Bolivia, NC

E-mail: Amanda Barnhill at
cloverkidsth@yahoo.com
for more information!

Wreath Sale

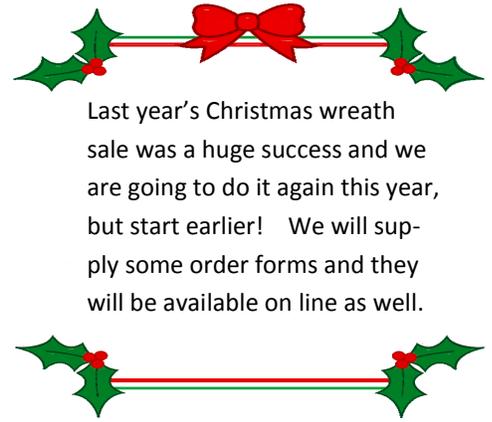
Support Brunswick County 4-H youth by buying a handmade Fraser Fir Wreath from the mountains of North Carolina.

- * Reserve a door-sized wreath for the holidays for \$20 (pre-paid orders only)
- * Hand crafted Bows are available for an additional \$5.
- * Pick up Dates: December 1 & 2 between 9:00AM and 4:00PM
- * Pick up Location: Brunswick County Extension, 25 Referendum Drive, Bolivia, NC 28422

Questions, please call 910.253.2610 and ask for the 4-H Office.

Pre-Orders due: Monday, November 23, 2016

Please use order form below: Deadline for ordering wreaths is 11/23/2016



Last year's Christmas wreath sale was a huge success and we are going to do it again this year, but start earlier! We will supply some order forms and they will be available on line as well.



Name: _____

Address _____

Phone: _____

E-Mail: _____

Wreath	Quantity	Price	Total
Fraser Fir		\$20.00	
Bow		\$5.00	
Total			

Thank You!

Sold by: _____ (4-H'er)

Make checks payable to: Brunswick County 4-H Enhancement Fund

puravida
bracelets.



ANXIETY DISORDER AWARENESS



DEPRESSION AWARENESS



4-H GREEN AND MYSTIC RIVER



HAKUNA MATATA

Teens in Leadership Training (TiLT), originally founded as a summer fun camp counselor training program for Brunswick County 4-H day camps. In 2011 we trained twelve active youth leaders. The teens were so receptive to teaching youth that TiLT has morphed into training for 4-H programming in general! These youth are trained to plan, implement, and teach 4-H in-school, after-school, and summer programming, and have taught thousands of youth in the last five years.

Each year we hold an annual planning weekend at Fort Caswell, where the participate in team-building, training, and start planning for the year. The cost for each youth to attend is approximately \$200 for the weekend. We are selling these bracelets to help fund the weekend training, so that these youth can continue receiving the training and encouragement they need to continue teaching as volunteers in the community.

We are partnering with Pure Vida Bracelets, to bring awareness to disorders that teens in our community suffer with, \$1 will go to help teens with these disorders, and \$2.50 will go to help youth in our community with training for the 4-H TiLT youth volunteer program.

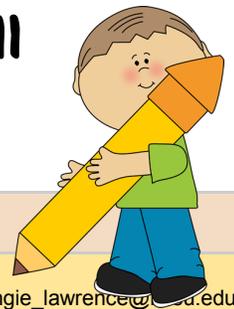
The bracelets \$7.00 each or \$10 for two will be available in the 4-H office in limited quantities in the middle of September.

 **Brunswick County 4-H**
Teens In Leadership Training
Youth Volunteer Program



"Pencil in these Dates"

Edits coming soon!



SEPTEMBER

9/6/2016	BC Fair Entries DUE in office	Angie Lawrence	910-253-2610	angie_lawrence@ncsu.edu
9/10/2016	4th Annual Brunswick County Fair			
9/10-11/28	Christmas Wreath Fundraiser			
9/19/2016	State 4-H Forestry Contest - Raleigh			
9/28/2016	State 4-H Shooting Sports State Tournament - Millstone 4-H			

OCTOBER

10/4/2016	4-H CLUB NEWS DUE	Angie Lawrence	910-253-2610	angie_lawrence@ncsu.edu
10/6-9/2-16	Volunteer Conference of Southern States - Georgia	Harriet Edwards	910-253-2610	angie_lawrence@ncsu.edu
10/13-23/16	NC State Fair 4-H			
10/1/2016	Ambassador Portfolio - Fall Deadline			
10/15/2016	State 4-H Shooting Sports National Tournament Tryouts Millstone			
10/21-23/16	State 4-H Shooting Sports Fall Instructor Training Workshop			
11/5-6/2016	Eastern National 4-H Horse Round Up - Louisville, KY			

NOVEMBER

11/3/2016	4-H CLUB NEWS DUE	Angie Lawrence	910-253-2610	angie_lawrence@ncsu.edu
11	State 4-H Council Conference - Raleigh			
11/25-29/16	National 4-H Congress - Atlanta, GA			
December	Wreath Delivery Bow Making Workshop			

DECEMBER

12/1/2016	4-H CLUB NEWS DUE	Angie Lawrence	910-253-2610	angie_lawrence@ncsu.edu
12/1/2016	Adult Volunteer Award Nominations Deadline			
12/1/2016	ACE Portfolio Deadline			
12/1/2016	Volunteer Leaders Conference Workshop Proposal Deadline			

Brunswick County 4-H

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25 Referendum Drive,
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Bolivia, NC 28422

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