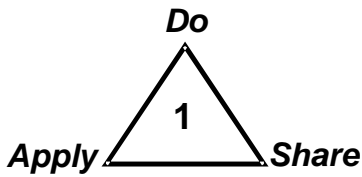


Section 1: My 4-H Project Plan

(11 thru 12 Year Olds)



Names of Projects
(you may add lines for more projects)

Name _____ Date of Birth _____ Age _____
(as of January 1, 2005)

Address _____

County _____ Extension District _____

Name of 4-H Club, After-School
Program, or Group _____

Years Enrolled in 4-H _____

Name of Parent(s) or Guardian(s) _____

Date Plan Started _____ Date Plan Completed _____

I have reviewed this plan and agree to support its completion:

(Parent or Helper)

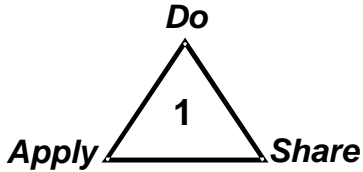
(4-H Leader)

Welcome to 4-H the world's largest informal youth program. As a 4-H member, you have an opportunity to design your individual projects. This planning form has been prepared especially for you, the 11 to 12 year old 4-H'er. You have selected the correct age form if you will be 11 or 12 on January 1 of the year you complete your project and send it for county competition. If you are unsure, please ask your 4-H Helper.

You can select 4-H subjects you'd like to learn about this year. List those subjects in the blank spaces above the "Names of Projects" at the top of this page. The first step in this process is to develop your personal 4-H plan. In this plan you'll record everything you'd like to do and learn in 4-H. You'll also begin to think about special activities and events that will help you have fun while you learn. Throughout the year, you'll do as many of the things you planned as possible. We hope you will share what you've learned and done with your friends and with adults. As you learn, you'll begin to apply what you learn in one project to another or to a school activity.

Please have a special helper review your plan once you've recorded it on the back of this page. This helper might be a parent or guardian, an older friend, your 4-H leader, or another 4-H'er. Most importantly, it should be someone with whom you'd like to work. 4-H is fun! Have a great year!

Planning My 4-H Year



What would you like to do in 4-H this year? The possibilities are endless.

This page is designed for you to record the goals you have for the 4-H year. To begin list the things you'd like to learn or do. List things like participating in specific projects, events and activities; making presentations and talks at club meetings or in your community; setting up educational exhibits; or running for club or county offices. You might also have personal goals, such as becoming a better speaker or becoming more physically fit. You will want to include goals for each project you are planning to do.

During the year, you might think of new goals. If you do, just add them to your plan along with the month you think you'll do them.

MY 4-H PLAN

What things do you want to learn or do?

Examples:

- I will complete a garment for the Fashion Revue
- My friends and I will organize a "Big Sweep" clean up.
- I will learn and practice 10 new safety rules.
- I will learn proper nutrition for my lamb.

Month to do them

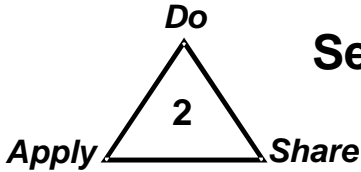
- April
- September
- All year
- February-April

Record your plans below:

Reminder: You may add additional pages and you may add to the plan during the year as you think of other things you want to do. Attach a copy of this 4-H Project Plan and your Story to each Project Record.

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Section 2: My 4-H _____ Project Record (11 thru 12 Year Olds)

My Name _____ My 4-H Club Name _____

A separate Project Record should be completed for each project you did this year. List the specific things you learned and did in this project during the past year. List new information you gained as well as the things you learned how to do. Use numbers to show how much you did and learned. If you have profit/loss information, please include it in this section.

Note: This page should be completed for each project you have done this year. If a project record is included in your project book, complete the record and attach it to this sheet.

1. Things I Learned and Did in This Project

Date(s) When I Learned/Did

Example:

I selected and showed two lambs at 4 shows
 Consider leg and loin size when selecting a lamb
 How to focus a camera
 Bicycle riding exercises the large muscles in the body.
 I built and launched 18 rockets

November on Selection Trip
 January – May
 December at Camera Class
 At club meeting in May
 March - September

2. As you think about the items you listed in number 1 above, what did you learn that you can use again?

Ex: I learned from looking at the pictures I took that I need to have more light if I don't use a flash.

I learned the importance of developing my muscles; I can do other exercise that will also make muscles.

(You may add additional pages. Please turn the page to record more 4-H successes in this project)

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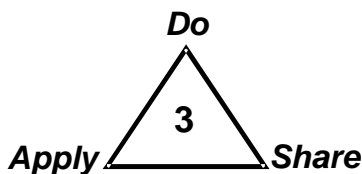
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3. As an 11 to 12 year old, you are beginning to assist other 4-H members and adults with projects and activities. Please use the space below to list the ways you shared with others in this project.

Name of Person I Helped

What I Did

Date



My Personal Touch: A 4-H Scrapbook (11 thru 12 Year Old)

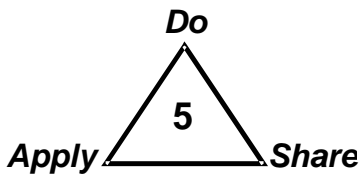


This section is designed to support your 4-H project work. You may want to include items that will tell your 4-H story through pictures, news clippings, drawings, crafts, collages, poems, or any other creative way to show what you have collected or done in 4-H this project. Attach up to six additional sheets that add your “Personal Touch.” Each side counts as one page.

Reminder: You may use additional pages. Be sure that you follow the page guidelines for the Personal Touch Section. Attach a copy of your Personal Touch items to the 4-H Project Plan, My 4-H Story, and Project Record.

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Section 5: My 4-H Activities

(11 thru 12 Year Olds)



In this section, please make a list of the things you have done involving citizenship, community service, leadership, and other projects and events. If you used your 4-H project work in school, church, or community activities, you may include them here. As part of your activities, you might act as a leader. Leadership includes holding offices and serving on committees. It also can include teaching workshops, volunteering at 4-H Day Camps, giving a club program, organizing events and meetings, and recruiting new members. Community service activities might include fundraising for a community organization or assisting with the Fire Department raffle. You might also begin to learn about citizenship by going to county commissioners or town council meetings or writing your legislative representative.

Name of Activity	Location	Date
Examples:		
4-H Fashion Revue—modeled garment	Walter School Gym	April 12
Basketville Club President—presided at 8 meetings	Homes in our community	All year
County Commissioner Meeting—told about 4-H	County Courthouse	July 7

Reminder: You may add additional pages. Attach a copy of this 4-H Activities Sheet, your 4-H Project Plan and 4-H Story to each Project Record.

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