

Building Strong Families Objective	MOP	Adopted Practice	Impact Indicators	What record keeping sheet to use to collect data
Parent knowledge will increase through parent training and education	Total number of parents attending training programs			Sum A (Record keeping Sheet 1)
	Total number of limited resource parents participating in parent training			Sum B (Record keeping Sheet 1)
	Total number if court-mandated and DSS referred parents participating in parenting training			Sum A for DSS referred (Record keeping Sheet 1)
	Total number of parents increasing knowledge in parenting practices			Sum D (Record keeping Sheet 1)
	Total number of participants who increased knowledge in parent preparation (Baby Think it Over, Pregnancy prevention)			Sum D for Baby Think it Over (Record keeping Sheet 1)
Areas in which knowledge was increased	Total # limited resource parents increasing knowledge in understanding child development			Sum B with D (Record keeping Sheet 1)
	Total # of court-mandated or DSS referred parents increasing knowledge in understanding child			Sum D with DSS referred (Record keeping Sheet 1)
	Total # parents increasing knowledge in motivating and guiding children			Sum E (Record keeping Sheet 1)
	Total # parents increasing knowledge in nurturing children			Sum G (Record keeping Sheet 1)
	Total # limited resource parents increasing knowledge in nurturing children			Sum B with G (Record keeping Sheet 1)
	Total # court mandated or DSS referred parents			Sum G for DSS referred (Record

	increasing knowledge in nurturing children			keeping Sheet 1)
	Total # parents increasing knowledge in advocating for children			Sum I (Record keeping Sheet 1)
Parents will adopt effective parenting practices	Number parents attending	Total # parents adopting practices in motivating and guiding children	Parents are more involved with their children Number of parents reporting increased time with their children Number of parents reporting increased time Parents involved in child's education or community functions Number of fathers (specifically aimed at fatherhood issues) Reporting increased time with their children Number of fathers (specifically aimed at fatherhood issues) reporting increased time fathers involved in child's education or community functions	Sum A (Record keeping Sheet 1) See Online Evaluation Guide for planning to collect Impact Indicators and Adopted practices
	Number of limited resource parents attending	Total # limited resource parents adopting nurturing practices	Number of limited resource parents improving interactions with their children	Sum B for Limited Resource (LRR) or DSS referred (Record keeping Sheet 1)
	Number of court-mandated or SS referred parents attending	Total # of court-mandated or DSS referred parents referred who adopted nurturing practices	Number of court-mandated or DSS referred parents improving interactions with their children	Sum B for DSS referred
	Number of children of the parents reached	Total # parents adopting practices in nurturing children		Sum C (Record keeping Sheet 1)
	Total number of parents who adopted effective parenting practices (use online evaluation manual to assess)	Total # parents adopting practices in advocating for children		Sum F, H, J (Record keeping Sheet 1)
Limited resource parents will adopt practices to reduce family conflicts and manage stress	Number of limited resource parents attending	Number of limited resource parents using available community resources to meet their needs		Sum B for LRR or DSS referred (Record keeping Sheet 1)
	Number of court mandated or	Number of court-	Costs saved through reduced conflicts and	See Jean Baldwin for

	DSS parents attending	mandated or DSS referred parents using available resources to meet their needs	improved family relationships	Impact Indicator
		Number of limited resource parents using appropriate discipline techniques to establish and maintain reasonable limits with their children		
		Number of court-mandated or DSS referred parents using appropriate discipline techniques to establish and maintain reasonable limits with their children		
Parenting educators will increase their knowledge through training and practice	Number of parent educators attending training programs	Number of parenting educators who applied for parenting credential as a result of attending a parenting educator program you held.		Sum aa (Record keeping Sheet 2) for MOP and Sum cc for Adopted practice
	Total number parent educators increasing knowledge			Sum bb (Record keeping Sheet 2)
Child care teachers will increase knowledge and skills to lead to safer, more nurturing, appropriate environments for pre-school children	Number of pre-school (family and center) child care providers/teachers attending training programs		Number of child care programs that make changes to their outdoor learning environments to raise the quality of care as a result of extension program or extension resources.	Sum aaa (Record keeping Sheet 3)
	Number of children in the care of these provider/teachers attending programs			Sum bbb for this area (Record keeping Sheet 3)
	Total number of provider/teachers increasing knowledge and skills in			Sum ccc for this area

	quality practices			
	Number of participants in child care giving training programs for temporary, short term, or non-institutionalized child care programs (babysitting, nursery workers, substitute care)			Sum ddd for this area (Record keeping Sheet 3)
	<i>Nine Functional areas in which knowledge was increased:</i> Total number of provider/teachers increasing knowledge in safe, healthy			Sum ccc for this area (Record keeping Sheet 3)
	Total number of provider/teachers increasing knowledge in physical and intellectual development			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in social and emotional development			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in productive relationships with families			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in effective program operation			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in commitment to professionalism			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in observing and recording children's behavior			Sum ccc for this area

	Total number of provider/teachers increasing knowledge in principles of growth and development			Sum ccc for this area
	Total number of provider/teachers increasing knowledge in learning activities that promote inclusion of children with special needs			Sum ccc for this area
Participants' knowledge related to individual and family wellness will increase as a result of the Workable Wellness program	Total number of individuals attending 8 or more modules of the Workable Wellness program		Total number of individuals adopting practices in time management Total number of individuals adopting practices in stress management Total number of individuals adopting practices in family/work balance Number of individuals reporting an increased quality of life as the result of practicing one or more principles of wellness	See Wellness Manual
Participants' knowledge and skills related to Stress Management will increase	Number of individuals attending training programs Total number of individuals reporting increase in knowledge and skills of stress management principles		Total number of individuals adopting 1 or more of the following specific practices in managing personal and family stress: <ul style="list-style-type: none"> ➤ Physical activity or Exercise Regularly ➤ Organize home or workspace ➤ Adequate relaxation and sleep ➤ The three techniques to control worry ➤ Practice positive self-talk ➤ Practice forgiveness ➤ Practice humor often number of individuals 	See Wellness Manual
Participants' knowledge and skills related to Strengthening Family Relationships, or Family Resiliency, will increase	Total number of individuals attending training programs		Total number of individuals adopting practices in Strengthening Family Relationships	To be Developed
	Total number of individuals reporting increase in knowledge and skills in Family Communications		Total number of individuals reporting setting aside specific times for family interaction	To be Developed
	Total number of individuals		Total number of individuals reporting improved	To be Developed

	reporting increase in knowledge and skills in <i>family strengths</i> education		family relationships resulting from practicing principles learned	
Participants' knowledge and skills in Marriage and Couple Relationships will increase	Number of individuals attending training programs		Total number of individuals adopting practices in couple enrichment	To be Developed
	Total number of individuals reporting increase in knowledge and skills in Marriage and Couple Education		Number of individuals reporting an improved relationship with their spouse or significant other	
Participants will increase knowledge and skills, and improve self- efficacy in being a caregiver of chronically ill or disabled older adult relatives.	<p>Number of individuals attending programs on family care giving for older adults or other special needs adults* <i>*includes packaged programs such as Taking Care of You: Powerful Tools for Caregiving; Caring for You, Caring for Me from Rosalynn Carter Institute; Communicating with Health Professionals (for caregivers); also sessions on Can-Do Caregiving; Caregiving with Gusto!; End of Life Care related to Issues psychological well-being or family relations. Note: Caring Well, Staying Well—should be recorded under the Workable Wellness program.</i></p> <p>Number of individuals who gained new strategies for self-care while caring for others (any program above) Number of individuals who gained new strategies for communicating with health</p>	See specific program eval form	Number of family caregivers who report they are a more confident caregiver than before taking the class	To be Developed

	providers (Communication course)			
			Number of family caregivers who adopted self-care practices	
			Number of family caregivers who adopted new practices for communicating with health care providers	
<p>Participants will increase knowledge of issues facing, and resources for, grandparents and other kinship care providers for minor children</p> <p>NOTE: The abbreviation "GRGs" will be used below for grandparents raising grandchildren and other kinship care providers, i.e., relatives raising minor children</p>	Number of individuals attending programs on issues/needs of grandparents raising grandchildren (could be professionals or any members of the general public as well as GRGs)		Number of professionals/practitioners/agencies/organizations initiating plans/partnerships, programs or activities for GRGs (specify if the count is individuals or organizations) based on follow-up Number of GRGs accessing available community programs and services Number of GRGs that joined support group after attending program(s) Number of GRGs adopting stress reduction and self-care strategies Number of limited resource GRGs adopting strategies to enhance self-care and coping and nurturing practices	Sum aaaa for GRG (Record keeping sheet- general)
	Number of GRGs who increased knowledge of available community resources for GRGs			Sum bbbb for GRG (Record keeping sheet- general)
	Number of GRGs who gained knowledge of legal issues and options for custody and adoption			Sum bbbb for GRG (Record keeping sheet- general)
	Number of GRGs who learned about positive aging, stress reduction and self-care strategies			Sum bbbb for GRG (Record keeping sheet- general)
	Number of limited resource GRGs who increase their knowledge about parenting, community resources, and self-care.			Sum bbbb for GRG coded as Limited Resource (Record keeping sheet-general)
<p>Participants will increase their general knowledge about aging and their</p>	Number of persons attending educational programs focused on positive aging*		Number of people reporting more positive attitude toward aging after attending the program Number of people who took action to prevent or	Sum bbbb for this audience (Record keeping sheet-

motivation to take actions to affect <u>positive aging</u>	*Multi-session Aging with Gusto! Programs, single session programs on positive aging. Please report single-topic programs on nutrition and aging, health issues, economics, legal issues or housing under other objectives		delay problems associated with aging after attending program Number of people reporting a change in their use of negative language about aging after any aging education program, especially The Language of Aging	general) See Aging with Gusto for strategies to collect Impact Indicators
	Number of persons attending program on Language of Aging			Sum bbbb for (Record keeping sheet-general)