

# Family and Youth Development Course Descriptions

All courses are three credit hours (3 CH).

## **FYD 501: Theories in Child and Youth Development**

Every Spring semester ([Kimberly.Allen@ncsu.edu](mailto:Kimberly.Allen@ncsu.edu))

This course will critically compare and evaluate the primary developmental theories and their usefulness in predicting behavior, cognition, and social-emotional growth. It will also examine how theories guide practice in child and youth development.

## **FYD 502: Theories in Family Systems**

Every Fall semester ([Kimberly.Allen@ncsu.edu](mailto:Kimberly.Allen@ncsu.edu))

This course will critically compare and evaluate the major human development theories and their application to family life and youth development. The course will examine the usefulness of theory in describing, explaining, predicting, or changing behavior and development. Students will learn how individual theories apply to different segments of the life span (e.g. infancy and childhood, adolescence, young and middle adulthood, later adulthood/aging).

## **FYD 523 Family Relationships Over the Life Course**

Even Fall semesters ([Andrew.Behnke@ncsu.edu](mailto:Andrew.Behnke@ncsu.edu))

This course applies theories and research about interpersonal relationships and family dynamics to issues facing families over the life course. Each of the following topics is explored over the life-course: parent and child relationships; marriage/coupling; intimacy; divorce; stepfamilies; work & family issues; intergenerational ties; caregiving; family policy; and illness & end of life issues.

## **FYD 524 Applications of Gerontology in Family Life Education**

Odd Fall semesters ([Luci.Bearon@ncsu.edu](mailto:Luci.Bearon@ncsu.edu))

This course examines the social context of aging, the lived experience of aging as reported by older persons, and the interaction of individuals and families with social institutions and community systems of care, including the “aging network.” Selected topics include social, psychological and physical aspects of aging, family issues in later life, social engagement, resource management, housing, nutrition and health, long-term care and end-of-life care, and spirituality, as well as the impact of demographic and technological changes on the future of aging.

## **FYD 531 Effective Management of Family Resources**

Even Spring semesters ([Carolyn.Bird@ncsu.edu](mailto:Carolyn.Bird@ncsu.edu))

The course provides a foundation in family resource management theory, personal financial management concepts, and financial counseling approaches. The course framework utilizes family system theories and emphasizes the interconnections between families, communities, resources and their respective roles in shaping individual and family life quality. Topics include: the effect of resource management on family stability and well-being; personal management (decision-making, organizational skills, time management, stress management); human capital (education, skill building, health, employability); physical capital (transportation, real estate, and housing issues); and social capital (interpersonal relationships as a resource) and financial

management (credit and debt, budgeting and retirement issues, bankruptcy, time value of money).

### **FYD 533: Complex Family Issues**

Odd Fall semesters ([Andrew\\_Behnke@ncsu.edu](mailto:Andrew_Behnke@ncsu.edu))

This course examines educational intervention strategies for family issues that pose particular difficulty for family life and parenting educators including critical issues such as addictions/substance abuse; child abuse and neglect; domestic abuse; illness, death and dying; divorce/mediation; step-families & single parenting; risky youth behaviors (gang memberships, suicidal ideation, sexuality/ teen pregnancy); and rape and other acts of violence.

### **FYD 535: Family Health and Well-being**

Odd Summer II sessions ([Benjamin\\_Chapman@ncsu.edu](mailto:Benjamin_Chapman@ncsu.edu))

This course will examine health and well-being issues of special concern to families including healthy lifestyle choices, nutrition, and physical activity. In addition, the family's role in creating supportive environments related to health and well-being as well as public policies and how they effect a family's health will be discussed.

### **FYD 540: Environmental Influences in the Family**

Odd Summer I sessions ([Sarah\\_Kirby@ncsu.edu](mailto:Sarah_Kirby@ncsu.edu))

The course examines the impact on various environments on family well-being using social, economic, and behavioral housing theory, historical and current housing policy and its relationship to the housing, neighborhoods and community development. The course will investigate diverse populations and their housing/neighborhood concerns as well.

### **FYD 543 Applied Concepts in Parenting and Family Life Education**

Every Spring semester ([Andrew\\_Behnke@ncsu.edu](mailto:Andrew_Behnke@ncsu.edu))

This course explores the implications of the literature and its affect on practice in family life and parenting education; including the internal dynamics of the family, advocacy, public policy, and other lifespan issues.

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### **FYD 545: Family Communication and Coaching**

Even Summer II sessions ([Kimberly\\_Allen@ncsu.edu](mailto:Kimberly_Allen@ncsu.edu))

The course will examine the practices and strategies for professionals coaching families in assuming individual responsibility with personal and family relationships and include aspects of goal setting, life planning, personal empowerment, communication techniques, anger management, and mentoring.

### **FYD 550: Family and Youth Professionals as Leaders**

Every Fall semester ([Cheryl\\_Lloyd@ncsu.edu](mailto:Cheryl_Lloyd@ncsu.edu))

This course explores fundamental concepts and theories of individual, organizational, and community leadership as applied to family life and youth development contexts. Focus is given to continual professional development, ethics, vita/resume development and grant writing.

### **FYD 552 Program Development and Evaluation in Family and Youth Settings**

Every Spring semester ([Dale\\_Safrit@ncsu.edu](mailto:Dale_Safrit@ncsu.edu))

This course examines program development concepts and practice in community-based youth and family development contexts. Topics include program planning; design and implementation impact evaluation; and accountability.

### **FYD 554 Collaborations and Partnerships in Youth and Family Settings**

Even Fall semesters ([Mitzi\\_Downing@ncsu.edu](mailto:Mitzi_Downing@ncsu.edu))

This course will explore youth, family, and community collaborations and partnerships as they relate to programming for youth and families. Topics include: building strategic partnerships, community based programming, holistic resource assessment and utilization, marketing and innovation in community programs, and community development to support families.

### **FYD 555: Applied Research Methods in Youth and Family Settings**

Every Fall semester ([Dale\\_Safrit@ncsu.edu](mailto:Dale_Safrit@ncsu.edu))

This course is designed to prepare current and future family life and youth development professionals to plan, conduct, interpret, and critique basic and applied research. Specific foci include basic types and purposes of research; fundamental concepts of social science research (including validity and reliability); qualitative research methods (including ethnography, interviews and focus groups); quantitative research methods (including survey methods); and, fundamentals of data analysis

### **FYD 556: Organizational Systems in Youth and Family Settings**

Odd Fall semesters ([Harriet\\_Edwards@ncsu.edu](mailto:Harriet_Edwards@ncsu.edu))

This course is designed to prepare current and future family life and youth development professionals to design and implement organizational systems supporting programmatic and managerial functions. Specific foci include: working with volunteer advisory groups; marketing systems; information management systems; and, human, financial, and facilities risk management systems.

### **FYD 557: Volunteerism in Youth and Family Settings**

Even Spring semesters ([Harriet\\_Edwards@ncsu.edu](mailto:Harriet_Edwards@ncsu.edu))

This course is designed to prepare current and future family life and youth development professionals to effectively engage diverse youth and adult volunteers. Specific foci include: volunteerism as a social phenomenon; volunteer program management; and new forms of volunteerism.

### **FYD 558: Contemporary Issues in Volunteer Resource Management**

Even Fall semesters ([Harriet\\_Edwards@ncsu.edu](mailto:Harriet_Edwards@ncsu.edu))

This course is designed to familiarize current and future family life and youth development professionals with critical contemporary problems and issues in volunteer resource management (VRM). Specific foci include: balancing the volunteer resource manager's roles as both program expert and volunteer administrator; developing a strategic vision for the role of organizational volunteers; documenting impact of volunteer efforts; risk management in volunteer programs; and virtual volunteerism and the role of emerging technologies.

**FYD 559: Administration and Supervision in Family and Youth Settings**

Every Spring semester ([Kimberly.Allen@ncsu.edu](mailto:Kimberly.Allen@ncsu.edu))

This course explores fundamental concepts and theories of administration and management as applied to family life and youth development organizational contexts. Focus is given to the six fundamental managerial functions: (strategic) planning, decision-making, organizing, staffing, communicating, motivating, leading, and controlling.

**FYD 585: Contemporary Issues in Community Youth Development**

Odd Spring semesters ([Dale.Safrit@ncsu.edu](mailto:Dale.Safrit@ncsu.edu))

This course is designed to familiarize current and future community youth development (CYD) professionals with critical contemporary problems and issues facing family and youth development organizations and programs. Specific foci include: evolving organizational missions; diversifying funding sources; preserving organizational identity while strengthening collaborations; managing organizational risks and crises; and, future trends in CYD.

Students may also submit a written request with justification to the Graduate Certificate Program Coordinator to take one alternative elective at the 400, 500-, and 700- level for credit towards the proposed graduate certificates where electives are allowed. The Graduate Certificate Program Coordinator will consider all written requests and notify students of approval to take an alternative elective course.

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