

4-H News



Summer 2005
May- July

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Note from the 4-H Agent

Summer is almost here and Chatham County 4-H is in high gear and getting ready for a fun filled and exciting summer! Since summer is such a busy time for the 4-H program, we will only be doing one newsletter for the months of May, June and July. Be expecting a fun and exciting newsletter coming your way in August as we recap all of the summer fun! Speaking of summer fun, I hope each of you will find a way to join Chatham County 4-H this summer to share in our fun! This newsletter is full of opportunities for you to be involved. From presentations, to Day Camp, to Forestry Wildlife Camp, to Nutrition Camp, to Betsy Jeff Penn Camp along with many other fun events with our clubs, Chatham County 4-H is the place to be this summer!

I hope you find this newsletter helpful and informative. If you have ideas or suggestions for future issues, please call or stop by my office. My door is always open and I always welcome your feedback!

Sarah Hardison

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As always, if you have any questions about the 4-H program or have an idea for us to do, please feel free to contact me, Sarah Hardison, Extension Agent 4-H Youth Development via email at sarah_hardison@ncsu.edu or via phone at 542.8202.

I hope each of you has a safe, fun and enjoyable summer!

Jordan Lake Day Camp

There is still space available for you ages 6-12 who want to participate in Chatham County 4-H Day Camp this summer. The dates for the camp are June 6-10, 13-17 and 20-24, 2005. The cost for each week is \$85 if paid on or before **May 16th** and \$95 if paid after the 16th. The camp hours are 8:30-4:30 and the camp will be located at Vista Point at Jordan Lake. Bus transportation will be available at certain areas.

Activities will include crafts, forestry, wildlife, environmental education and recreational games. Also youth will participate in swimming, fishing and other fun activities! For more information, or to register, please contact Sarah Hardison, Extension Agent, 4-H at 542.8202



Chatham County 4-H is supported by the United Way of Chatham County.



Chatham County



Important Dates

May 10-11: Rocky River Festival

May 17th: 6:30 pm, Chatham County's County Activity Day to be held in the Auditorium of the Chatham County Center of the Cooperative Extension Service.

May 31-June 2: Forestry Wildlife Day Camp

June 6-10: 4-H Jordan Lake Day Camp at Vista Point

June 13-17: 4-H Jordan Lake Day Camp at Vista Point

June 20-24: 4-H Jordan Lake Day Camp at Vista Point

June 28 & 30: 4-H Lifestyle Nutrition Day Camp

July 14: Betsy Jeff Penn 4-H Camp Orientation Meeting

July 18-22: NC 4-H Congress

July 24-29: Chatham County 4-H Camping at Betsy-Jeff Penn



Forestry Wildlife Camp

Space is still available for this year's Forestry Wildlife Camp to be held at the Jordan Lake Educational State Forest. This camp will be May 31-June 2 from 8:00 am to 4:30 pm.

The cost is \$25 per person and is due by Monday, May 2nd. After May 2nd, the cost rises to \$35 per person. This camp is limited to 75 campers. Programs include, archery, wildlife, forestry, saw milling demonstration, leaf collecting and much more!

For more information, please contact Glenn Woolard, County Extension Director at 542.8202.



23rd Annual Fur, Fish, 'n Game Rendezvous

Are you a youth ages 12-15 that likes being outdoors? Do you like to hunt, fish, and learn about the natural resources around you? Do you want to be a wildlife biologist, a fisheries specialist, or a forest ranger?

If so - then the Fur, Fish, 'n Game Rendezvous is for you! The Rendezvous is a unique camp experience for girls and boys, ages 12-15. The 23rd Annual Rendezvous will be June 12-17, 2005, at Millstone 4-H Center in Richmond county. All sessions are taught by natural resource professionals from the Division of Forest Resources, NC State University, North Carolina Wildlife Resources Commission, Soil and Water Conservation, the USDA, and others.

In addition, volunteers from the Wake County Wildlife Club, NC Falconers Guild, Great Outdoor Provision Company, and the Eastern Carolina Hunting Retriever Club also lead camp sessions. And if *all of that* doesn't sound like enough to keep a camper busy, there is also canoeing, swimming, archery, camp chores, camp store trips, and time to meet and hang-out with new friends!

If this sounds like fun for you or for more information or a registration form please visit our web site www.ces.ncsu.edu/forestry/dop_fur_fish_game.htm. The web site also includes a list of sponsors and pictures.



101 Ways to Praise Kids

*Wow *Way to Go *Super *You're Special *Outstanding *Excellent
 *Great *Good *Neat *Well Done *Remarkable * I knew you could Do it
 *I'm Proud of You *Fantastic *Super Star *Nice Work *Looking Good
 *You're on top of it *Beautiful *Now You're Flying *You're Catching On
 *Now You've Got it * You're Incredible *Bravo *You're Fantastic* Hurray
 For You *You're on Target *Your on Your way *How nice *How Smart
 Good Job *That's incredible *Hot Dog *Dynamite* *You're Beautiful
 You're Unique Nothing can Stop You Now *Good for You *I like
 you *You're a Winner *Remarkable Job *Beautiful work *Spectacular
 *You're Spectacular *You're Darling *You're Precious *Great Discovery
 *You've Discovered the Secret *You Figured it out *Fantastic Job
 *Hip, Hip, Hurray *Bingo* Magnificent* Marvelous *Terrific* You're im-
 portant *Phenomenal* You're sensational *Super Work *Creative Job*
 Super Job *Fantastic Job *Exceptional performance* You're a Real
 Trooper *You are Responsible *You Are Exciting* You Learned it Right
 * What an Imagination* What a Good Listener *You are Fun* You're
 Growing up * You Tried Hard *You Care* Beautiful Sharing
 *Outstanding Performance *You're a Good Friend *I Trust You *You're
 important *You Mean A Lot to Me *You make me Happy *You Belong
 *You've Got a friend *You make me Laugh* You Brighten My Day* I
 respect you *You Mean the World to me *That's Correct* You're a Joy
 *You're a Treasure *You're Wonderful* You're Perfect *Awesome A+
 Job *You're A-OK *My Buddy *You Made My Day*That's The Best *A
 Big Hug *A Big Kiss* I Love You* Source: www.just4kidsmagazine.com

4-H Lifestyle Nutrition Day Camp

Space is still available for Chatham County's first ever 4-H Lifestyle Day Camp! This camp is for youth ages 6-12! Youth ages 6-9 are invited to join us on June 28 while youth ages 10-12 are invited to join us on June 30. The location of the camp is Jordan Lake Educational State Forest.

The cost for each camp is \$15 if paid by May 31st and \$20 if paid after May 31st. This fee includes snacks, refreshments, lunch, insurance and all activities. This camp is limited to the first 40 participants. The camp begins at 8:00am and ends at 4:30pm.

Participants will learn skills for identifying new foods, participate in "food twister", learn how to fight "BAC", learn about portion sizes, participate in a walk-a-thon, learn how their garden grows as well as participate in napkin origami and become more supermarket savvy.

For more information, please contact Phyllis Smith, phyllis_smith@ncsu.edu, 542.8202.



Silk Hope 4-H Horse Adventures Club Elects Officers

Congratulations goes out to the following members of the Silk Hope 4-H Adventures Club who have been elected to serve their club as officers.

Presidents- Kelsie Ray and Elyse Sunberg
Vice Presidents- Jesse Call and Colleen Mitchel
Secretaries- Rachel Earles and Kirsten Cole
Treasurer- Justin Brown
Reporters- Alexis Ray, Adam Sikota and Kayla Gunter
Photographer- Gabe Duff

This club is off and running participating in many fun activities. For more information on how to be a part of this group, please contact, Sarah Hardison, Extension Agent, 4-H at 542.8202.

Local Chatham County 4-H'ers Participate in Central Piedmont Livestock Show and Sale

A big congratulations goes out to all the members of The Chatham County Charging Champions 4-H Livestock Club for their participation in the 60th Annual Central Piedmont Livestock Show and Sale! The event which was held April 20-21st was a lot of fun for the 4-H'ers who showed animals as well as for those who went along to cheer on their fellow club members!

A total of 20 youth and adults from Chatham County were present at the show. Those attending were Jean, Logan and Sarah Thomas, Earl, Sandi, Micajah and Sean Stewart, Dr. Barbara Walton and Dani Culberson, Dianne and Jimmy Lavandowski, Julie and Kaylyn Groce, Caleb Morris, Mitchell Vickers, Corey Sturdivant and Jesse Seagroves. Also attending were Jerry Hackney, Agriculture Education Teacher at Northwood High School, Sam Groce, Extension Agent, Livestock and Sarah Hardison, Extension Agent, 4-H.

In addition to participating several Chatham County Youth brought home awards! Those youth bringing home awards were:

- Beef Heifer Show
 - Sean Stewart, Micajah Stewart and Kaylyn Groce
- Beef Showmanship
 - Micajah Stewart and Kaylyn Groce
- Meat Goat Doe Show
 - Caleb Morris, Mitchell Vickers and Corey Sturdivant
- Goat Showmanship
 - Corey Sturdivant, Jesse Seagroves, Mitchell Vickers and Caleb Morris
- Project Record Books
 - Micajah Stewart

Again, Congratulations to all the members of this 4-H club! Chatham County 4-H is extremely proud of all of you!



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Hat's Off to Students at Moncure School



Students at Moncure School have been working hard to make positive academic goals and meet them! A total of 18 students, grades 6-8 achieved their goals and were awarded with a pizza party as part of the Chatham County 4-H School Incentives Program! Those youth who participated set goals such as improving a letter grade in a particular subject, having a certain number of Accelerated Reading Points and even being on the Honor Roll or Principals List! Thanks to all the students who participated! You all worked hard and are all winners in 4-H!

