

COLD WATER CREEK FARMS 2010 CSA INFO

Cold Water Creek Farms will be offering two 15-week CSA (Community Supported Agriculture) programs for the 2010 season. The first (spring/summer) will start in early-mid April and run through July. The summer/fall CSA will begin August and run through November. Due to uncertainty in weather conditions and other factors beyond our control, we cannot set an exact start date, but will contact members with the date as soon as possible.

Pick up location will be at the Elma C. Lomax Incubator Farm Park on Tuesdays from 3:00-7:00 pm. The address is 4335 Atando Road, Concord, NC 28025.

CSA Members will be responsible for filling their bags on Tuesday. In order to reduce the amount of plastic bags used, CWCF will require members (shareholders) to supply cloth reusable bags. CWCF will have bags for sale if you need to purchase one. The cost can be added to your CSA membership fee.

Shareholders should contact us via email or phone if they will not be picking up their share. All shares not picked up will be donated to Cooperative Christian Ministries or Cabarrus County Meals on Wheels. Shareholders will receive their vegetables within 24 hours of harvest. A fresher product provides more nutrition.

Demand for CWCF CSA 2010 spring/summer is high; therefore we recommend that you secure your share as soon as possible. CWCF will begin accepting contracts for the spring/summer CSA on February 15, 2010 and will remain open until all shares are full. The summer/fall CSA open data will be announced at a later date.

Community Supported Agriculture is the most direct way to connect farmers who grow the food with the consumers who eat the food. CWCF will offer a total of 50 shares (25 full shares and 50 half shares). A full share will be enough food for a family for four, and a half share will feed a family of two.

Sample of Produce CWCF will offer for the 2010 season:

Beans	Fennel	Muscadine Grapes	Spinach
Beets	Garlic	Mustard Greens	Squash (Summer)
Broccoli	Garlic Scapes	Okra	Squash (Winter)
Cabbage	Green onions	Onions	Sweet Corn
Carrots	Herbs (oregano, parsley, rosemary, etc.)	Pac Choy	Sweet Potatoes
Cauliflower	Kale	Peas	Tomatoes
Collard Greens	Kohlrabi	Peppers	Turnip Greens
Cucumbers	Lettuce	Potatoes (Irish)	Zucchini
Eggplant	Melons (cantaloupes)	Radishes	

You also have the option to add-on to your shares. These options include cut flowers at \$90.00, fresh eggs from Cackleberry Farms (one dozen per week) for \$60.00. Full payment for the flower/egg shares is due on February 15th.

CWCF will require members to perform a work share of four hours per 15 week CSA. Members will sign up for work at the farm on the first pick-up day. There will be a calendar available to all members in order to sign up on a first-come first-serve basis. Each workday will be limited to 5 members per day. Workdays will be Thursdays from 4:00-8:00pm and Sundays from 2:00-6:00pm.

As a member of CWCF CSA you are sharing in the risk of farming. The inherent risks include, but are not limited to: environmental conditions such as weather, crop failure, pests (deer, insects, etc.) Also shareholders may benefit from bumper crops. For example, last year's CSA program, there was an abundance of summer squash, and shareholders received more than usual. On the other side, we planted over 500 eggplants that were unfortunately destroyed by flea beetles.

About CWCF: We have over 13 years of farming experience. We believe that growing organically without chemicals is the most sustainable thing for our earth, our bodies, and for the future. Brad has 11 years of organic experience. He started by growing flowers, and then progressed to vegetables. Brad is also a founding member of New River Organic Growers. Brad operated Lily Patch Farm near Boone, NC for nine years before moving to Cabarrus County three years ago with his family. His wife Erin is a native of Kannapolis, and a third generation Cabarrus County resident. They have four year old son named Corbin.

Eric has a degree in Food Science from N. C. State and has been growing any and everything for as long as he can remember. Eric is part of the inaugural class of the Elma C. Lomax Incubator farm park. He lives in Concord with his patient and loving wife Amanda and their four cats and two dogs.

We will send out a weekly update via email to let you know what you will be receiving along with recipes for selected items. You can always contact us by email at coldwatercreekfarms@gmail.com or by phone at 704.796.7796 (Eric) and 828.406.0849 (Brad)

