



North Carolina Extension Association of Family & Consumer Sciences

The Professional Association for North Carolina Cooperative Extension Family & Consumer Sciences Educators

2009 Southeastern District Annual Report

The Southeastern District Extension Association of Family and Consumer Sciences met on Friday May 1, 2009, at Doshier Hospital, Southport, in Brunswick County. The following were present:

Susan Morgan	Sandra Head	Kelly Canupp
Dianne Gatewood	Robin Seitz	Trudy Pickett
Pearlie Stanley	Peggie Garner	Ivy Reid
Melissa Hight	Regenia Bell	

Regenia Bell, District President, called the meeting to order. Dianne Gatewood welcomed the group to Brunswick County. Kelly Canupp gave the Thought for the Day.

Susan Morgan share the minutes from the October 17th meeting minutes and Robin Seitz gave the Treasurer's Report.

Susan Morgan gave an update on EFNEP including several new projects for EFNEP. A UNC Research Project, *Kids Eating Smart and Moving More*, comparing interventions for families with obese or overweight children seen at local pediatric clinics will be done. EFNEP is one of the interventions being tested in Pamlico, Wayne and Duplin counties. *Faithful Families*, a project linking EFNEP with Faith Communities is to be expanded into additional counties in the future. EFNEP is working on a cartoon project for the *Families Eating Smart and Moving More* and the *4-H EFNEP* programs currently in Lenoir and Wayne Counties. Focus groups are currently being held to test the cartoon characters. She also announced the department is considering a new responsibility for the EFNEP Associates in each district to begin this summer as liaison between the FCS Department and the District. When implemented, this responsibility will follow the same guidelines 4-H uses for the District 4-H liaison responsibility.

The discussion of the proposed August FCS training/Association Meeting led to the following suggestions for training:

- Food Safety
- Using the Take Charge Fact Sheets
- Latino Resources
- Practical information for families modeled after University of Kentucky materials.

The group voted to support the official Voting Delegate to attend National meeting to be held in Birmingham, Alabama, since no state funds are expected to help with the cost. It was agreed to support Kelly Canupp in the amount of \$345, the early registration fee.

Committee Reports:
Bylaws – No Report

Member Resources – Cards have been sent for sympathy and concern. Retirements will be acknowledged. Rick Sloan, 4-H/FCS Agent in Pender County will be invited to join the association.

Professional Development – Robin Seitz completed her Masters in Agricultural Education in December, and Kelly Canupp is beginning her Masters on May 8th.

Awards & Recognition – Susan Morgan, State Awards B Chairman, complemented those who had completed award applications. Several Southeastern District members will be recognized at the State Awards program in August. There were very few submissions this year statewide.

Public Affairs – No report

Nominating – No report.

Announcements –

Ivy Reid reminded everyone that dues are rising to \$127 for 2010. Counties that pay dues will need to know this before budgets are submitted to County.

Dianne Gatewood thanked everyone for working with her and expressed her appreciation for working with the others present. She will be retiring from the FCS position New Hanover and Brunswick Counties the end of May.

Melissa Hight expressed the same sentiments and announced her retirement in August.

Regenia Bell shared information from the Breastfeeding Trends Conference which she recently attended. It included information about preparation for disasters and promotion of breastfeeding with businesses for their employees.

The Fall meeting will be held in Carteret County on October 16, 2009.

Following the business meeting adjournment, the group was treated to lunch by the Doshier Hospital cafeteria staff. It was followed with a program presented by Dan Jacobs, Director of Marketing and Public Relations at Arthur Doshier Memorial Hospital and several of his staff. Members concluded the meeting with a tour of the newly renovated Hospital.

Respectfully Submitted,
Regenia S. Bell, RD, LDN,
President
SE District Association of Extension Family and Consumer Sciences