



# North Carolina Extension Association of Family & Consumer Sciences

The Professional Association for North Carolina Cooperative Extension  
Family & Consumer Sciences Educators

## **NCEAFCS 2009 AWARD WINNERS**

### **Continued Excellence Award Elizabeth Furlough, Tyrrell County**

Professional development is of up most importance to Elizabeth. Her philosophy for success is to take full advantage of the opportunities available to increase knowledge or improve programs. Whether through professional associations, formal study or informal professional development, Elizabeth strives to be the ultimate profession in Family and Consumer Sciences.

### **Distinguished Service Award Sharon Farless, Chowan County**

Sharon believes in customer service and meeting the needs of the residents of Chowan County. Through providing programs that improve the quality of their lives, she is making a difference.

### **Distinguished Service Award Shelia Dalcoe, Guilford County**

Sheila Dalcoe is recognized as an authority in the area of financial management in Guilford County. Her programs are innovative and fun, while helping individuals to improve their lives.

### **Distinguished Service Award Margaret Dickens, Halifax County**

Margaret Dickens' Family and Consumer Sciences program in Halifax County focuses on nutrition, wellness, and food safety. Her programming relies on her active Advisory Committee and strong, collaborative partnerships with numerous county agencies.

### **Food Safety Award (team) Ann Darkow, Beaufort County Susan Chase, Beaufort County Sharon Farless, Chowan County**

Keeping citizens safe through education of food service workers ensures food is properly handled from delivery to service, reducing the risk of food borne outbreaks. Fifty-one establishments completed ServSafe.

**Marketing Package Award**  
**Carmen Long – Surry County**

Choosing a Medicare prescription drug plan can be confusing. By educating participants on their options, Medicare recipients are able to make informed drug plan decisions reducing prescription costs and stress.

**Community Partnership Award (team)**

**Sandra Head, Wayne County**

**Jill Howell, Wayne County NCCE Non Member**

**Kim Reid, Wayne County NCC Non-Member**

**Michelle Estrada, Wayne County NCCE-Non-Member**

**Kellie Davis, Wayne County NCCE-Non-Member**

Cooperative Extension in Wayne County has provided the evidence based Parents as Teachers program to over 100 families annually for 9 years, receiving in excess of \$900,000 Smart Start dollars.

**Dean Don Felker Financial Management**

**Susan Chase, Beaufort County**

Providing financial literacy education and money management strategies has helped 50 Beaufort County residents make smarter decisions about budgeting, spending, and saving, which is essential to our current economic situation.

**Mary W. Wells Memorial Diversity Award (team)**

**Sandra Head, Wayne County**

**Jill Howell, Wayne County NCCE Non-Member**

**Kim Reid, Wayne County NCCE Non-Member**

**Michelle Estrada, Wayne County NCCE Non-Member**

**Kellie Davis, Wayne County NCCE Non-Member**

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## **State Awards**

### **Early Career Award**

**Kelly R. Canupp, Craven County**

During Kelly's first three years as an Extension Agent, she has established herself as the go to person for numerous agencies and citizens in Craven County.

### **Early Career Award**

**Stephanie Parker-Helmkamp, Gates and Hertford Counties**

Stephanie has always wanted to give back to her community—being the Family and Consumer Sciences Agent for Hertford and Gates Counties she feels has given her the opportunity to do just that. Stephanie is very passionate about helping others improve their quality of life and providing individuals with the knowledge and skills to help improve the lives of others.

### **Youth Award**

**Georgia Kight, Currituck County**

Young people need basic life skills to be successful. Georgia has taught babysitting series, nutrition/fitness camps and helped coordinate a State of the Child Care Conference to advocate for young people.

## **Previously Recognized 2008 FCS Awards**

### **Dr. Sandra Zaslow Professional Development Award**

**Sherri Peeler, Macon County**

This award is for a young agent of less than 5 years of experience to attend the annual session of the National Extension Association of Family and Consumer Sciences.

### **NC Association of Family and Consumer Sciences—Professional of the Year Award**

**Jeannie Leonard, Davidson County**

This award recognizes outstanding performance and service in the field of Family and Consumer Sciences.

### **Epsilon Sigma Phi Mid Career Service Award**

**Margaret Dickens, Halifax County**

This award recognizes an Extension Agent for outstanding and creative programming with 10 - 20 years of experience. This award was presented October 30, 2008.

### **Submitted by:**

**Eleanor Summers**

**2009 VP Awards & Recognition**