



North Carolina Extension Association of Family & Consumer Sciences

The Professional Association of North Carolina Cooperative Extension Family and Consumer Educators

2008 Southwest District Annual Report

The fall meeting for the Southwest District -- Alexander, Burke, Cabarrus, Caldwell, Catawba, Cleveland, Gaston, Iredell, Lincoln, McDowell, Polk, Rutherford, and Union counties was held at Burke County Cooperative Extension office in Morganton on October 19, 2007. President Eleanor Summers hosted the meeting. John Dorner, IT Specialist, presented the program on “del.icio.us” and other internet tools that can be used in FCS programming and marketing.

Several members had accomplishments of note. Debbie Cox completed her Master’s Degree in Extension Education from NCSU. Sally McNeill received her Weight Management Certificate from ADA. Ann Simmons was recognized in the Iredell Citizen news for her Curious Cooks program. Leigh Guth and Melinda Houser attended the national NEAFCS conference in September.

Robin Landsman moved from Union to Wake County FCS. Nancy Abasiekong agreed to serve as the Awards & Recognition Group A chair in Robin’s place. District officers were installed:

Leigh Guth	President
Debbie Cox	President Elect
Marcie Schaffer	VP Awards/Recognition
Glennie Daniels	VP Professional Development
Margo Mosley	VP Member Resources
Sandra Compton	VP Public Affairs
Tracy Davis	Secretary
Pam Outen	Treasurer
Eleanor Summers	Advisor, Parliamentarian, Past President
Debbie Cox	State Historian
Nancy Abasiekong	State VP Awards/Recognition Group A
Sally McNeil	State VP Professional Development

The spring meeting for the Southwest District was held in Lincolnton on April 25, 2008 at the Lincoln County Extension office with District President Leigh Guth hosting. Redistricting and increase in state and national dues were discussed as was agents’ experience and participation in the Essential Life Skills for Military Families program. Retiree Elaine Roux attended the meeting.

Lunch was provided by Grateful Growers farms in Denver, NC. Farmer/chef Cassie Parsons talked about their pastured raised meats and the philosophy of being a locavore. After lunch, agents toured the Children’s Advocacy Center and learned how this “one-stop shop” provides support to children who have suffered abuse and allows evidence to be gathered in a safe atmosphere.

Respectfully Submitted,
Leigh Guth, President
Southwest District