



North Carolina Extension Association of Family & Consumer Sciences

**The Professional Association for North Carolina Cooperative Extension
Family & Consumer Sciences Educators**

2004 Awards Program Summary

Distinguished Service Award

*Shenile R. Ford
Greene County*

Shenile focused her programming efforts primarily on the elderly and child care providers. Her ability to collaborate and cooperate with diverse audiences and agencies is reflected in her efforts to educate senior citizens and child care providers to improve their lives and others through research based information training.

*Elizabeth (Dee) Furlough
Tyrell County*

Dee was born into an Extension family and began her professional career with NC Cooperative Extension in 1991. Throughout her years as a Family and Consumer Sciences Agent, she has provided research-based information to many audiences. Special emphasis has been placed on educating Spanish immigrants.

*Carmen Joy Long
Surry County*

Carmen spent much time working to reduce the incidence of childhood obesity. Educating preschoolers, their parents and teachers of the importance of good nutrition and physical activity through hands on programs, workshops and newsletters, she is helping families to develop good habits and healthy life-styles.

Continued Excellence Award

*Jo Ann Cope
Macon County*

A twenty-two year veteran of Extension work in both NC and Florida; Jo Ann serves her clientele and NEAFCS in a variety of positions. Currently serving her 2nd term as a District President and Secretary of the NC Association, she served 3 terms on the National Public Affairs Committee.

Para-Professional Award

Marisa Sitterson
Martin County
Tanya Wynne, Sponsoring Agent

Marisa has been the Partners in Wellness assistant for 3 years. She is a self-motivated individual who enjoys working with older adults in Martin County. She developed “Chair-Aerobics” to encourage exercise and to help increase flexibility. This activity is now part of a weekly exercise program with 12-15 participants.

Dean Don Felker Financial Management Award

Connie Sherrill
Edgecombe County

Connie developed a series of financial management and homeownership classes for the Individual Development Account (IDA) and Habitat programs. Since 1999, 129 limited-resource families have been reached through the classes. Forty-three of the participants have achieved their goal of homeownership.

Environmental Education Award

Amy Chilcote, Lincoln County
Nancy Abasiekong, Cleveland County
Dr. Sandy Wiggins, Ext. Associate., NCSU
Susan Chase, Beaufort County

In recent years, NC families have experienced a dramatic rise in the prevalence of asthma. FCS Agents in three counties piloted an asthma intervention program, Tools for Schools Program: An Asthma Intervention Outreach. Four hundred-thirty-eight school administrators, faculty, and maintenance/custodial staff were trained through eight seminars conducted in 2003. Over 45,000 students were impacted with this pilot program.

Early Childhood Child Care Training Award

Marna M. Holland
Haywood County

Nutrition is a training interest for child care providers. Extension in Haywood County developed a three-session series that covered meal planning, feeding children with special needs and using story books with food themes to teach young children. Thirty-six providers participated and approximately 180 children were impacted.

Food Safety Award

Ann P. Darkow, Beaufort County

Susan Chase, Beaufort County

The ServSafe Certification Course and the Employee Training program were conducted for 102 foodservice employees. Participants received practical food safety information. The programming results included increased knowledge and changes in practices within food establishments, ultimately reducing the possibility of food illnesses.

Communications Award: Television

Geissler Baker

Guilford County

Geissler taped a segment, called Fun with Milk, for the June production of The Answer People, Extension's bi-monthly television program. The program airs on the local cable public access station and is seen by 136,000 viewers. Geissler tapes 3-4 segments for the program each year.

Communications Award: Overhead Transparencies

Agnes R. Evans

Moore County

Cooking for One or Two was designed for the changing households that are accustomed to preparing recipes that serve four or more. The program is intended to change familiar recipes by scaling them down or the selection of new single service recipes. The program included kitchen math, pre-test, correct measurements, nutrition, food safety and storage.

Communications Award: Educational Publications

Melinda M. Houser

Lincoln County

The North Carolina Cooperative Extension participated in foods presentations at the Southern Living Christmas Show in Charlotte, NC. Melinda Houser, FCS agent, presented a program entitled, Apples: the Versatile Holiday Fruit. This program featured winning recipes from a local contest. Participants included students from the WV Culinary School. Approximately 15,000 attended daily.

Community Partnership Award

Susan Noble, Robeson County
Betsy Redman, Robeson County Health Department
Monica McVicker, Robeson County Health Department

Project DIVINE consists of seven county and state agencies and local citizens working together to address diabetes prevention and control among African and Native Americans in Robeson county throughout the faith community. Since 2001, a series of four classes has been conducted in 17 churches reaching 280 citizens.

Early Career Award

Jeannie M. Leonard
Davidson County
NW District

Jeannie began a new career as an Extension Agent in 2003 providing successful programming to diverse audiences in the areas of Foods and Nutrition, Human Development and Leadership Development. Recent programs have included: “Give Your Heart a Healthy Beat”, “Dining with Diabetes”, “Color Me Healthy”, and “Read Me a Story”.

Pamela C. Riemer
Scotland County
SC District

Pam has worked as FCS agent since 2002 in Scotland County. Her major programming has focused on teen pregnancy prevention, financial resource management, nutrition education, parent education and Extension and Community Association. Pam has seen successes in most of her programming areas. Baby Think It Over has increased from 250 to 750 participants; one low-income family saved \$2210.00 in 4 months; 40 participants improved their self-image by eating healthy and exercising; 60 parents benefited from Parents As Teachers and the ECA membership grew from 3 to 6 clubs.

Trudy W. Smith
Duplin County
SE District

As a Family and Consumer Educator since 2002, Trudy has utilized several county and state resources to build successful programs in Duplin County. By using many educational methods, she motivates people to make the changes in their lives that will result in improved nutrition and financial fitness.

Youth Award

Susan Noble
Robeson County
SC District

Susan reached over 500 youth and adults caring for youth. Programming focused on healthful eating, physical activity and food safety. Highlights were youth cooking classes, storytelling for Smart Start Day and coordinating with the 4-H Embryology Program to share fun ideas with teachers for teaching hand washing to their students.

Tanya Wynne
Martin County
NE District

The number one cause for the spread of infectious disease is improper or infrequent hand washing. Family and Consumer Sciences in collaboration with 4-H provided basic hand washing classes to 500 children ages –10 in the schools and childcare centers in Martin County.

Robin L. Taylor
Onslow County
SE District

Impacting the youth of Onslow county has been a life long goal for Robin. During 2003 using a variety of methods Robin was able to reach over 700 children between the ages of 4 and 12, with educational opportunities focusing on basic nutrition, food safety and food preparation.