

Exploring the True Color of the NCAEPAAT

**Holiday Inn & Conference Center
Fayetteville, North Carolina
Monday, August 27, 2007**

11:00 a.m. – 1:00 p.m.	Registration
“Lunch on your own”	
1:00 p.m. – 2:00 p.m.	District Meeting
2:15 p.m. – 3:00 p.m.	Opening Session
Presiding	Hazel McPhatter President- Elect
Welcome	
Business Meeting	Sandra Conner President

Federation Report	Kay Bridges
Introduction of Candidates	Kay Bridges Past President
3:00 p.m. – 4:00 p.m.	Kick-off Workshop Tovi Martin

§Celebration of Excellence§ NCAEPAAT Awards Banquet Monday, August 27, 2007 6:30p.m.

Welcome	Sandra Conner
Thought of the Evening	Darlene McQuillan

§Dinner§

Introduction of Special Guests	Sandra Conner
Greetings	Dr. Danny Shaw South Central District Director
Keynote Speaker	“Look at the View” Dr. Cathy Graham CED, Scotland County

§Awards§

Awards Presentation Kay Bridges
Past President

Early Career (less than 5 years of service)

Outstanding Service (more than 5 years of service)

Dr. Bernadette G. Watts Award of Excellence
Presented by Dr. Bernadette G. Watts
Honorary Member

Outstanding 4-H Awards Cathy Brown
Presented by NCAE 4-H 4-H Agent
Hoke County

Closing Remarks Sandra Conner

§Exploring the True Color§ Tuesday, August 28, 2007

Breakfast (on your own)

8:30 a.m. – 10:00 a.m.

Concurrent Workshops

“Jazzy Jeopardy”

Stephanie M. Patterson

Extension Associate, EFNEP

“Technology to the Rescue”

Precious Worth Byrd
4-H Military Programming
Cumberland County

“Learn how to make woodworking fun”

Bobby Roger
4-H Volunteer
\$ 5.00 charge

“Show ME the Money”

Nakoma Simmons
4-H Youth Development
Carolyn McCain
Family and Consumer Science

“Do I Have What It Takes”

Harriett C. Edwards, Ed.D.
Association Liaison
Assistant Professor
Extension 4-H Specialist
1030 Hospitality Room

“Don’t Let Stress Keep You
From Using Your True Color”

M. Jean Baldwin, Ph. D.
Family Life & Human
Development Specialist
2030 Hospitality Room

§Exploring the True Color§ Wednesday, August 29, 2007

10:15 - 11:45 a.m.

Concurrent Workshops

8:00 a.m.

Breakfast

§NCAEPAAT Luncheon§ 12:00p.m. - 1:30 p.m.

Presiding

Sandra Conner

Presiding

Sandra Conner
President

Thought for the Day

Thought for the Day

Keynote Speaker

Dr. Ray Harris
Carteret County, CED

Administrative Update

Kay Bridges

Business Meeting

Sandra Conner

Voting

Installations of Officers

Dr. Harriett Edwards
Honorary Members
Association Liaison

Evaluations / Adjourn

Hazel McPhatter
President

§Educational Tours§ 2:00 p.m. – 5:00 p.m.

Meet in Lobby

Dinner (on your own)

Conference Workshops 2007

JAZZY JEOPARDY!!!

This will be a fun session to help conference participants learn how to incorporate their knowledge about North Carolina Cooperative Extension into their program areas. Jeopardy, a popular televised game show format will be used to test conference participant's knowledge about the history of North Carolina Cooperative Extension, nutrition and physical activity facts, etc. During the game, contestants (conference participants) will select clues from a game board, to which they must supply correct responses. Each clue will be in the form of an answer and each response will be in the form of a question. The team with the most correct responses will win lots of fabulous prizes.

Technology to the Rescue! (Integrating Technology in Programming and Community)

This workshop is designed for those who have been successful and those who have a fear of technology. We will share successes and develop methods to overcome challenges utilizing technology. All attendees will receive a recap of group discussion at the end of the conference along with a few surprises. Integrating Technology in Programming and Community (ITPC) is an initiative to broaden the use of technology in our programming and planning. This session will discuss how we are presently utilizing our resources and explore new ideas. Group participation will make this a fast paced engaging workshop where everyone from the technically challenged to the tech savvy will benefit!

Woodworking Can Be Fun! - \$ 5.00

Come learn how to make woodworking fun. Learn the different types of woods, stains and paint. You will have the opportunity to also learn different projects you can share with your 4-H club members.

Show ME the Money!!

Introduction to basic financial literacy - financial planning, credit cards, savings, shopping, and banking. Participants will come away with the tools to help them create a more solid financial foundation.

Objectives: Learn useful tips regarding money

Learn about the cost/benefit of credit

Learn how to select a bank to fit your needs

Learn to evaluate advertising and how to use it to make better purchases

Learn how to make decisions and evaluate information in the marketplace

Do I Have What it Takes?

Are you interested in taking on a leadership role as an officer in NCAEPAAT, but not sure you know just what is expected? This session will provide basic information on various offices and duties, and will be an opportunity to take a closer look at the policies and procedures for leading this professional association. Designed for those currently holding office, being installed as an officer, or just interested in learning more about being an officer for future involvement.

Identify what causes you stress. Know what symptoms of stress you experience during those stressful situations or events. Learn what you can do to make yourself feel better. Learn what it takes to help you cope with stress so you don't burn out and lose control. Practice creative stress management techniques. Determine what you can do about stress, what you should do about stress, and follow through with a plan to get the job done

