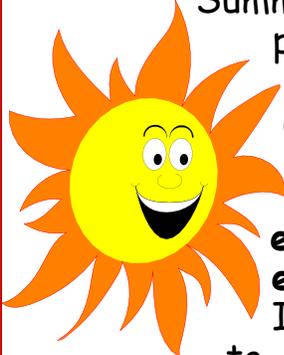


# Alleghany 4-H Summer Fun 2015



Summertime is here and we are excited about the fun activities planned for you. We hope you will join us in all of our events. For each activity listed in this newsletter, you will see the ages that apply.

You **MUST** come to the Extension Office to register for each activity & it is strongly suggested that you sign up early, as there are a limited number of spaces available.

If there is a fee, payment is due at the time of registration to secure your child's space. There is also a one-time registration fee of \$10, which includes a t-shirt.

Parents must complete needed paperwork at registration, including a medical release, code of conduct, and media release.

Hope you will join the fun!



A handwritten signature in black ink that reads 'Amy Lucas'.

Amy Lucas  
Extension Agent  
4-H Youth Development

# Nuts about Nature



June 9th ~ 10 am - 2 pm  
Ages: 5-8  
Cost: \$10 ~ Limit: 10  
Bring a bag lunch & drink

Come explore nature with us through games, stories, crafts, trail walks & more. Who knows what we'll discover as we explore different ecosystems. We'll flip over logs, look into dirt, and turn over rocks in search of animals and the signs they leave behind. 4-Hers will be nature investigators that learn how all things in nature are connected.

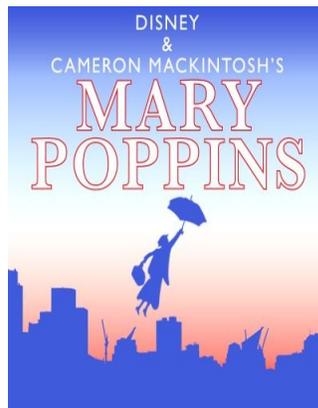


## Mary Poppins

June 11th ~ 10:30 am—7 pm  
Ages: 8+  
Cost: \$20 ~ Limit: 10  
Bring \$10 for lunch

You don't want to miss out as we travel to Barter Theatre to experience a "*supercalifragilisticexpialidocious*" good time.

Known by children of all ages, "**Mary Poppins**" is the story of a mysterious nanny who magically appears at the Banks household to care for young Jane and Michael Banks. Adventure abounds as she whisks them away to meet dancing chimney sweeps, shopkeepers and an array of colorful characters. Featuring eye-popping sets and costumes, breathtaking dance numbers and beloved songs such as the Academy Award-winning "Chim Chim Cher-ee," "A Spoonful of Sugar," "Feed the Birds," "Step in Time" and "Supercalifragilisticexpialidocious". Come discover with Mary a world where "Anything Can Happen" if you let it!



## Take the Bait

June 15th ~ 9 am - 12 pm  
Ages: 5+  
Cost: \$5 ~ Limit: 12

We will travel to a local fishing pond and spend the morning fishing. Try your luck casting and see if you can catch the "big one"! We will meet at the County Office Building Parking Lot (90 South Main Street). Poles, bait and a snack will be provided.



# Grandfather Mountain

June 17th ~ 9 am - 5pm

Ages: 8+

Cost: \$15 ~ Limit: 10

Bring a bag lunch

**Wonders Never Cease:** Join us for a fun-filled day as we explore one of North Carolina's natural attractions. There are nature walks, hiking trails, wildlife habitats and the Mile-High Swinging Bridge. Be sure to dress accordingly & wear comfortable shoes (**NO flip-flops or sandals**). We would suggest bringing a light jacket, as you can't ever be sure what the weather will be like when you are a mile in the sky. Bring a bag lunch and drink. Snacks will be provided. We will meet at the County Office Building Parking Lot (90 South Main Street).



## Teen Camp Outer Banks

June 22nd - 25th

Ages: 13-18 (Must be 13 as of Jan. 1, 2015)

Cost: \$200 (scholarships may be available)

Limit: 4 -

This is an exciting new camp for our teen 4-H members that will take us to the coast. Join us as we learn about dune ecology, marine biology, North Carolina coastal history, team building and leadership skills. Activities will include a dolphin research boat excursion, tour the Bodie Lighthouse, Wright Brothers Memorial, Corolla Lighthouse and Jockey's Ridge.

We will be traveling with several other counties of 4-Hers. Don't miss out on this exciting new adventure.

Registration Deadline -June 15



# MUSEUM OF THE MIDDLE APPALACHIANS/ HUNGRY MOTHER STATE PARK

June 30

Ages: 8+ ~ 8 am—5 pm  
Cost: \$15 ~ Limit: 12  
(Bring a bag lunch & drink)

We will start the day at the Museum of the Middle Appalachians where we will explore geology, see fossils from the ice age, examine artifacts from two civil war battles and learn about the Woodland Indians. From there we will make our way back to Hungry Mother Park and will enjoy a picnic lunch and spend the afternoon swimming. Be sure to bring sunscreen, a change of clothes, swimsuit and towel.



Acclaim Images.com



## LINE DANCING BASICS

June 29 ~ 10 am - 12 pm  
Ages 10-18  
Cost \$5

Come learn the basics of line dancing with some award winning ladies. You will learn the basic steps and practice several routines. Please wear comfortable shoes (no flip-flops).

## Magic of Electricity

July 2 ~ 10 am-3 pm  
Ages: 8-14 Limit: 12  
Cost: \$15  
County Office Building  
2nd floor conference room  
(Bring a bag lunch & drink)



Do you like learning about electricity and what makes things work? Then don't miss out on this exciting class to design your own electric project. You will learn how to create a circuit, how electricity works and how to use a soldering iron. You will also create a project and be able to take it home that day.

# Betsy-Jeff Penn

## 4-H Camp

## NC 4-H Congress



July 5-10  
Ages: 8-14

Cost: \$420 (scholarships may be available)  
Deposit of \$50 will reserve your spot.

Join us for a week of traditional 4-H overnight camping. You will have an opportunity to participate in high ropes course, horseback riding, archery, arts and crafts canoeing, swimming and much, much more. This is an opportunity you do not want to miss out on. Opportunities for Leaders in Training for ages 15 and up. The cost of camp is \$420 and a deposit of \$50 is required. Scholarships may be available. For more information contact the office. A letter with details will be sent to all participants once registered.



Registration  
Deadline June 19

July 17- July 21  
Ages: 13 -18 ~ Limit: 5  
Cost: \$220 (scholarships may be available)

North Carolina 4-H brings young people from across the state to the NCSU Campus for four days of activities, competition and friends. This year, the event will be held in Raleigh, NC.

Youth will attend state presentation competition, a variety of workshops and participate in the election of incoming state officers.

Deadline to Register:  
Friday, June 12

## FUR, FISH & GAME

Beginning Camp - July 19-24, 2015

Advanced Camp - July 26-31, 2015

Ages 11-16 ~ Fee: \$420 (scholarships may be available)



### Beginning Fur, Fish, & Game

This is the premier summer camp experience for youth interested in the out of doors, wildlife, hunting, and fishing. Campers will have the opportunity to work with outstanding instructors from NC State University, the North Carolina Wildlife Resources Commission, and the North Carolina Forest Service. Classes include canoeing, riflery, archery, reptile study, snake ID, taxidermy, fishing, orienteering, and much more. Campers will also participate in the North Carolina Hunter Safety course and earn their hunter safety certification.

### Advanced Fur, Fish, & Game

This action-packed camp is for youth that have successfully completed the Beginning Fur, Fish, & Game Camp or have already obtained their Hunter Safety Certification. Campers will learn more in-depth and detailed information about prescribed burning, wildlife surveying, fish and wildlife population dynamics, dendrology, animal damage control, and endangered species management.

# Whitewater Adventures

July 23 ~ 8 am ~ 7 pm  
Ages: 13+ ~ Limit: 6  
Cost: \$65



Come with us as we make our way to the US National Whitewater Center in Charlotte. This is an adventure of a lifetime where you will have an opportunity to rock climb, stand-up paddleboard, kayak, zip line and of course, go whitewater rafting. You will need to bring extra money for lunch and drinks approx. \$10 - \$15. Water and snacks will be available on the trip down and back but food and drink cannot be taken in the park. Closed toe shoes are required to participate in most activities. Flip flops are not allowed. Transportation and dinner will be provided. We will meet at the County Office Building Parking Lot.

## Sew Much Fun

July 28-29 ~ 1 pm - 4 pm  
Ages: 10-18  
Cost \$10  
AHS Sewing Room

Want to learn how to sew on a button or fix a tear in your clothes? Come learn how to do that and much more. You will be completing a sewing project you will get to take home. Don't miss out on this valuable skill that will last a lifetime. You will also learn how to use a sewing machine.



## Chef & Child

July 28-31 ~ 9:30 am - 12 pm ea. day  
Ages: 8-12  
Cost: FREE ~ Limit: 12

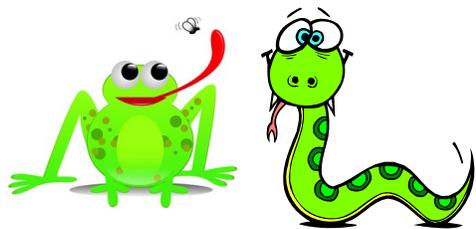
Do you like to cook or want to learn how? Come out and join us & a professional chef for a 4 day series where you will learn about nutrition, safety and food preparation. Each day you will cook & eat a variety of recipes. We will meet at the AHS Family & Consumer Education Classroom. Space is limited and preference will be given to youth who have not participated previously.



## Zoo Snooze

Scutes, Scales & Slippery Skins

August 5-6  
4:00 pm August 5th, return 5 pm August 6th  
Ages: 7-12  
Cost: \$35 ~ Limit: 4



Slither and slide your way into the secretive world of reptiles and amphibians at the NC Zoo. Discover the differences between these animals and what they can tell us about our environment. Spend the evening exploring the world of these elusive backyard creatures with games, activities and presentations. Invite a toad to live in your yard by building a toad abode.

# Please Remember....

- You must come in person to register for ANY and ALL events. All forms must be completed upon registration.
- It is strongly suggested that you sign up early, as each activity has a limited number of spaces.
- If there is a fee, payment is due at time of registration. This year we will also require a one-time registration fee of \$10, which includes a t-shirt.



We may add additional activities...  
Be sure to check the blog  
and facebook pages often!

[alleghany4h.blogspot.com](http://alleghany4h.blogspot.com)



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Twitter: @Alleghany\_4H

