

# North Carolina 4-H Achievement Plan



NAME	DATE OF BIRTH
Address	
	ZIP
Name of Club	Years in Club
Parent/Guardian Name	

Do you set goals for yourself or do others set them for you? How do you feel when you accomplish something? Does what you accomplish make a difference to you? How can you plan and work to do a better job of meeting your goals? When you reach a goal, and feel some satisfaction in reaching that goal, does this help you set new goals? What if you are not quite satisfied with your accomplishments? How can you get the most out of 4-H and receive satisfaction for your goals?

The 4-H Achievement Plan will help you with these things. It will help in:

- 1. Setting your goals and making plans to reach them.
- 2. Enriching your 4-H program as you grow.
- 3. Evaluating your own efforts and accomplishments and by taking a look with your leader as to how well you have met your goals.
- 4. Reaching more of your goals.
- Setting new goals that will help you grow and develop your skills and personality.

To be successful your plan will require loyalty to your 4-H club, your county, state, nation, and world. Service to others is very important. Creativity, responsibility, and leadership will be required. The satisfaction you feel for your job well done will make it all worthwhile.

Planning – To achieve your highest goals, plan your 4-H participation and set your goals at the start of your year or immediately after achieving a lower level. Use this achievement form to talk with your family and 4-H Leaders. Ask their advice in helping to set your goals and to help you accomplish them.

#### Directions:

- 1. Check the suggestions in the "Planned" column that you plan to accomplish.
- 2. Fill out the "Date Accomplished" column when you complete a requirement.
- 3. Check the highest award listed below for which you are applying.
- 4. Turn this in to your 4-H leader when you meet the minimum requirements for a Level.
- 5. Only one level may be reached each year in 4-H
- 6. You may begin the Achievement Plan at any time in your 4-H career. You must be 9 years old to begin the Green Clover Award. It may take more than 1 year to finish a level.

4-H'ers who strive and excel in improving themselves, their clubs, and their communities shall be given appropriate awards as follows:

	Cloverbud 5-6 Achievement Award
	Cloverbud 7-8 Achievement Award
	Green Clover Achievement Award
<del></del>	Bronze Achievement Award
	Silver Achievement Award
<del></del>	Gold Achievement Award
<del></del>	Achievement Medal

The Certificates may be obtained from the State 4-H office for the Green, Bronze, Silver and Gold Achievement Awards. The Achievement Medal can be ordered from National 4-H Supply by the county.

# 5-6 Year Old Cloverbud Achievement Award To be eligible you must do Requirements 1- 3 and 2 optional activities.

Planned	Date Completed		
		1.	Attend at least 3/4th of the scheduled 4-H meetings.
		2.	Have a planning meeting with your 4-H Leader.
		3.	Learn and lead the 4-H Pledge.
Planned	Date Completed		Optional Activities
		4.	With your family's help, complete a Curriculum Book for ages 5-6. Book
		5.	Learn and lead the 4-H motto.
		6.	Make a collage or draw a picture to show what you' ve learned in 4-H and bring to club meeting.
		7.	"Show and Tell" about something you've learned in 4-H with your family.
			r this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signature	e		Date
Parent or Gua	rdian Signat	ure	
I have evaluat	ed and appr	oved th	is application for the Cloverbud Ruby Achievement Award.
4-H Leader's S	Signature		Date

7-8 Year Old Cloverbud Achievement Award

## To be eligible you must do Requirements 1- 4 and 3 optional activities.

Planned	Date Completed	I	
		1.	Attend at least 3/4th of the scheduled 4-H meetings.
		2.	Participate in at least 1 county 4-H event. Event
		3.	Learn and lead the 4-H Pledge.
		4.	Have a planning meeting with your 4-H Leader.
Planned	Date Completed	I	Optional Activities
		5.	With your family's help, complete a Curriculum Book for ages 7-8. Book
		6.	Lead the American Pledge at a 4-H meeting.
		7.	Create a craft item that shows what you like about 4-H and bring to a club meeting.
		8.	"Show and Tell" about something you've learned in 4-H with your family.
		9.	Participate in one community service project. List
	•		or this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signature	e		Date
Parent or Gua	rdian Signat	ure	
	ed and appr	oved th	nis application for the Cloverbud Sapphire Achievement
Award. 4-H Leader's S	Signature		Date

Green Clover Achievement Award (For ages 9-18)
To be eligible you must do Requirements 1- 4 and 4 optional activities.

Planned	Date Completed	I	
		1.	Attend at least 3/4th of the scheduled 4-H meetings
		2.	Complete and turn in at least one project record book to your 4-H leader. Project
		3.	Participate in at least 1 county 4-H event. Event
		4.	Have a planning meeting with your 4-H Leader.
Planned	Completed	l	Optional Activities
		5.	Have a parent or other adult to attend at least two club or group meetings.
		6.	Learn what county and 4-H district you are in:
		7.	Exhibit at least one 4-H project. What exhibited? Where?
		8.	Give a talk about your 4-H project before a group. Topic: Where?
		9.	Participate in one community service project. List
		10.	Attend 4-H District Activity Day.
			or this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signatur	e		Date
Parent or Gua	rdian Signat	ure	
I have evaluat	ed and appr	oved th	nis application for the Green Clover Achievement Award.
4-H Leader's	Signature	Λ - l-	Date

Bronze Achievement Award (For ages 9-18)
You must have already received the Green Clover Achievement Award.

## To be eligible you must do Requirements 1-5 and 5 optional activities.

Planned	Date Complete	ed			
		1.	Attend at least 3/4th of the scheduled 4-H meetings		
_		2.	Complete and turn in at least two project record books to 4-H Club leader. Books		
		3.	Give Presentation or talk at 4-H meeting. Topic:		
			Participate in at least one community service project.  Project:		
		5.	Have a planning meeting with your 4-H Leader.		
Planned	Completed		Optional Activities		
		6.	Work on a committee in your club or county. List:		
		7.	Attend County Achievement Program.		
		8.	Participate in a county, district, or state contest (speaking, talent, judging, shows). Type:		
		9.	Participate in another countywide activity. List		
		10.	Be on a program at a local club meeting (ex: Lions, Ruritans). Date		
		11. Expl	Self Determined goal; approved by 4-H Club Leader.		
		12.	Participate in North Carolina 4-H Congress.		
		13.	Exhibit at least one 4-H project. What exhibited?		

V	Vhere?
Upon completing requirements for this Level, sign parent/guardian sign, and give the total achievem	•
Your Signature	Date
Parent or Guardian Signature	
I have evaluated and approved this application for	or the Bronze Achievement Award.
4-H Leader's Signature	Date

**Silver Achievement Award** (For ages 9-18) You must have already received the Green Clover and Bronze Achievement Awards.

## To be eligible you must do Requirements 1-7 and 8 optional activities.

Planned	Date Complet	ed	
		1.	Attend at least 3/4th of the scheduled 4-H meetings
		2.	Complete and turn in at least three project record books to 4-H Club leader. Books
		3	Give Presentation or talk at 4-H meeting. Topic:
			Participate in at least two community service projects. Projects:
		5.	Work on a committee in your club or county. List:
		6.	Attend at least one County Council Meeting. Date
		7.	Have a planning meeting with your 4-H Leader.
Planned	Complet	ed	Optional Activities
		8.	Attend County Achievement Program.
		9.	Assist with County 4-H Camps if possible. List:
		10.	Participate in a county 4-H Entertains. Act:
		11.	Give a Presentation at County 4-H Activity Day. List
		12.	Participate in a District Retreat. Date:
		13.	Give a 4-H talk or presentation at a local club meeting (ex: Lions, Ruritans). Date
		14.	Give a speech at 4-H Meeting/Activity Contest. Title:

		15.	Serve as a Club Officer. Office:
		16. Expla	Self Determined goal; approved by 4-H Club Leader.
		17.	Participate in North Carolina 4-H Congress.
		18.	Exhibit at least one 4-H project. What exhibited? Where?
		19.	Participate in district or state 4-H Activity. What:
		20.	Recruit one young person for your club. Name
	•		or this Level, sign your name below, have your e total achievement plan to your club or group leader.
Your Signature	e		Date
Parent or Gua	rdian Signat	ture	
I have evaluat	ed and appr	oved th	nis application for the Silver Achievement Award.
4-H Leader's S	Signature		Date

## **Gold Achievement Award** (For ages 9-18)

You must have already received the Green Clover, Bronze and Silver Achievement Awards.

To be eligible you must do Requirements 1-7 and 10 optional activities.

Planned	Date Complet	ed	
		1.	Serve as Junior/Teen Leader in County Event or Activity or at your club. List:
		2.	Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books:
		4. T	Give Presentation or talk at 4-H meeting or other group.
			4. Participate in at least two community service projects. Projects:
		5.	Serve as a chairman of a committee in your club or county.  List:
		6.	Attend at least one County Council Meeting. Date
		7.	Have a planning meeting with your 4-H Leader.
Planned	Complet	ed	Optional Activities
		8.	Serve as a Leader in Training (LIT) at a State 4-H Camp.
		9.	Volunteer at a community agency. # Hours:
		10.	Participate in a county 4-H Entertains. Act:
		11.	Publish a news article related to 4-H.
		12.	Participate in District Retreat. Date:

		13.	Give a 4-H talk or presentation at a local club meeting (ex: Lions, Ruritans). Date
		14.	Give a speech at 4-H Meeting/Activity Contest. Title:
		15.	Serve as a County Council Officer and attend 2/3 of the meetings. Office:
		16. Expla	Self Determined goal; approved by 4-H Club Leader. in
		17. Expla	Plan and carry out an individual community service project in:
		18.	Exhibit at least one 4-H project. What exhibited? Where?
		19.	Attend NC Citizenship Focus.
		20.	Assist other 4-H'ers with a project. List:
		21.	Participate in the Application, Resume & Interview process
		22.	Attended National 4-H Congress. Date:
		23.	Attended National 4-H Conference. Date:
another county			Participate as a delegate in a 4-H Exchange Trip with as a host to a 4-H state.
			Assist in organizing a new 4-H club. Explain your part in organization of
			or this Level, sign your name below, have your le total achievement plan to your club or group leader.
Your Signature	e		Date
Parent or Gua	rdian Signat	ture	

I have evaluated and approved this application for the Gold Achievement Award.

 Date

## **Achievement Medal** (For ages 13-18)

You must have already received the Green Clover, Bronze, Silver, and Gold Achievement Awards. The Achievement Medal is a special award for outstanding older 4-H'ers.

	To	be	eligi	ble	you	must:
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Planned	Date Completed	d	
		1.	Meet Guidelines 1-7 for the Gold Achievement Award (must be repeated).
		2.	Complete 20 optional activities. These can be selected From activities in the silver or gold achievement Awards. Items # 22 & 23 may not be repeated. The same type of events may not be repeated twice. (Example: Silver #10 and Gold #10)
Required act	ivities:		
Planned	Date Completed	d	
		1.	Serve as Junior/Teen Leader in County Event or Activity or at your club. List:
		2.	Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books:
		5. To	Give Presentation or talk at 4-H meeting or other group.
			4. Participate in at least two community service projects. Projects:
		5.	Serve as a chairman of a committee in your club or county.  List:
		6.	Attend at least one County Council Meeting. Date

7. Have a planning meeting with your 4-H Leader.

#### **Silver Optional Activities**

#### **Gold Optional Activities**

Planned	Date Completed	Activity	Planned	Date Completed	Activity
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	9	·		9	
	1	O		10.	
	1	1		11.	
	1	2		12.	
	1	3.		13.	
	1	4		14.	
	1	5		15.	
	1	ô		16.	
	1	7		17.	
	1	8		18.	
	1	9		19.	
	2	O		20.	
				21.	
				22.	
				23.	

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Upon completing requirements for this Level, sign you	ur name below, have your
parent/guardian sign, and give the total achievement	plan to your club or group leader.

Your Signature	Date	
Parent or Guardian Signature		
I have evaluated and approved this application for	or the Achievement Medal.	
4-H Leader's Signature	Date	
Agent's Signature	Date	